



Abdullah Qatu, MD

Clinical Instructor, Anesthesiology, Perioperative and Pain Medicine

CLINICAL OFFICE (PRIMARY)

- **Pain Management**

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Bio

BIO

Dr. Qatu is a board-certified, fellowship-trained pain management specialist at the Stanford Health Care Pain Management Center. He is also a clinical instructor in the Department of Anesthesiology, Perioperative and Pain Medicine, Division of Pain Medicine, at Stanford University School of Medicine.

He specializes in the diagnosis and management of many different types of pain, including nerve pain, joint pain, cancer pain, low back and neck pain. Dr. Qatu obtained his medical degree from the New York University (NYU) Grossman School of Medicine. He continued on at NYU to complete his residency in anesthesiology after completing an internship in general surgery. He subsequently completed his pain medicine fellowship at Stanford University School of Medicine.

Dr. Qatu believes in utilizing a multimodal approach for pain management. This includes interventional, pharmacological, rehabilitative and psychological strategies. He is well-trained in a wide variety of interventional modalities that include injections, epidurals, nerve blocks, radiofrequency ablations, peripheral nerve stimulation, spinal cord/dorsal root ganglion stimulation and minimally invasive decompression. His research focuses on the clinical use of neuromodulation for various types of pain. In addition, he has investigated whether certain demographic and socioeconomic variables, as well as psychiatric illness, affect the outcomes of various orthopaedic traumas and surgeries. Dr. Qatu has presented his research at conferences throughout the U.S. and in Canada.

CLINICAL FOCUS

- Pain Medicine

ACADEMIC APPOINTMENTS

- Clinical Instructor, Anesthesiology, Perioperative and Pain Medicine

HONORS AND AWARDS

- Meritorious Award, New York University (NYU) Quality and Safety Day Annual Meeting (2017)

PROFESSIONAL EDUCATION

- Board Certification: Anesthesia, American Board of Anesthesiology (2023)

- Fellowship: Stanford University Pain Management Fellowship (2023) CA
- Residency: NYU Langone Medical Center GME Programs (2022) NY
- Internship: Montefiore Medical Center General Surgery Residency Program (2019) NY
- Medical Education: NYU Grossman School of Medicine (2018) NY
- BSE, University of Michigan College of Engineering , Biomedical Engineering (2013)

Publications

PUBLICATIONS

- **Knee Stiffness After Tibial Plateau Fractures: Predictors and Outcomes (OTA-41).** *Journal of orthopaedic trauma*
Kugelman, D. N., Qatu, A. M., Strauss, E. J., Konda, S. R., Egol, K. A.
2018; 32 (11): e421-e427
- **Impact of Psychiatric Illness on Outcomes After Operatively Managed Tibial Plateau Fractures (OTA-41).** *Journal of orthopaedic trauma*
Kugelman, D., Qatu, A., Haglin, J., Konda, S., Egol, K.
2018; 32 (6): e221-e225
- **Participation in Recreational Athletics After Operative Fixation of Tibial Plateau Fractures: Predictors and Functional Outcomes of Those Getting Back in the Game.** *Orthopaedic journal of sports medicine*
Kugelman, D. N., Qatu, A. M., Haglin, J. M., Konda, S. R., Egol, K. A.
2017; 5 (12): 2325967117743916
- **Complications and unplanned outcomes following operative treatment of tibial plateau fractures.** *Injury*
Kugelman, D., Qatu, A., Haglin, J., Leucht, P., Konda, S., Egol, K.
2017; 48 (10): 2221-2229
- **The Specialty of Orthopaedic Surgery** *The Orthopaedic Manual: From the Office to the OR.*
Qatu, A., Egol, K.
Wolters Kluwer Publishing.2017