

# Stanford

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## nidhi johri

Adjunct Clinical Assistant Professor, Medicine - Primary Care and Population Health

### CLINICAL OFFICE (PRIMARY)

- **Stanford Medicine Partners Express Care**

20642 John Dr

Castro Valley, CA 94546

Tel (510) 785-5000      Fax (510) 785-5295

### Professional Overview

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#### BIO

Dr. Nidhi Johri spent her childhood experiencing various cultures, languages, foods and living styles because of her father's job postings in different parts of India. After passing her medical exam in India, she gained admission into the prestigious Lady Hardinge Medical College (in New Delhi), which was one of the top ranked medical colleges in India.

In medical school and clinical rotations, Dr. Johri liked helping patients cope with chronic diseases and provided comprehensive adult care, while forming long-term relationships with patients. She participated in various volunteer experiences that enhanced her knowledge of public health issues. In addition, she was responsible for the health and social welfare of a family living in a slum settlement. She took care of health issues such as anemia and dealt with other social problems facing the family. Moreover, she learned about community health issues by working in local epidemics.

After getting married, she moved to the U.S. and pursued residency in University of Southern California in the field of Internal Medicine. She also worked as a researcher in the Stanford-Veteran Affairs Gastroenterology department.

Before joining Bay Valley Medical group, Dr. Johri worked in Kaiser Permanente (Petaluma) as a primary care physician. Over the period of five years at Kaiser, she had build strong relationship with her patients while providing excellent care to her patients. She was greatly admired and appreciated by her patients. Due to her husband's job in South Bay (Area), she decided to leave Kaiser Petaluma and join the esteem group of doctors at Bay Valley Medical Group. In addition, Dr Johri has a special interest in obesity medicine and helps her patients with weight management. For her patients, she believes in being not only their doctor but also a friend.

On the personal side, Dr Johri enjoys playing with her three year old son. She also writes fiction and hopes to get it published someday. Moreover, she enjoys cooking, traveling and watching Bollywood movies.

#### CLINICAL FOCUS

- Internal Medicine

#### PROFESSIONAL EDUCATION

- Board Certification: Internal Medicine, American Board of Internal Medicine (2024)
- Residency: USC Internal Medicine Residency (2008) CA
- Medical Education: Lady Hardinge Medical College (2000) India