Stanford

Sai Folmsbee, MD, PhD

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

- **Psychiatry**

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Bio

BIO

Sai Folmsbee is a clinical assistant professor in the neuropsychiatry section and leads the Neuroimmunology Disorders Neuropsychiatry Clinic. He is also a member of the Stanford Autoimmune Encephalitis Clinic (AEC), focusing on the treatment of the psychiatric symptoms of immune-mediated epilepsy/encephalitis. His clinical and research interests include the psychiatric manifestations and treatment of immune-mediated illness. He graduated from the Medical Scientist Training Program at Northwestern Feinberg School of Medicine, where he received his Ph.D. investigating the role of cell adhesion in immunologic and neurologic processes. He completed his general psychiatry residency training in the Psychiatry Research Pathway at the University of Pittsburgh. Afterwards, he completed the Neuropsychiatry and Behavioral Neurology Fellowship at Stanford University and joined the faculty in 2023. Currently, he is also the Neuropsychiatry Fellowship Course Director and Neuropsychiatry Rotation Director, as well as a faculty mentor for the Stanford Comprehensive Neurology Instructorship.

CLINICAL FOCUS

- Psychiatry
- Neuropsychiatry
- Neuroimmunology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences
- Member, Wu Tsai Neurosciences Institute

HONORS AND AWARDS

- Innovator Grant, Stanford University Department of Psychiatry and Behavioral Sciences (2023)
- Trailblazing Trainee Award, Stanford University Department of Psychiatry and Behavioral Sciences (2023)
- Gold Foundation Humanism and Excellence in Teaching Award, University of Pittsburgh Medical School (2019)
- Professionalism Accolade, University of Pittsburgh Medical School (2018, 2019)
- Stephen M. Stahl Award for Excellence in Psychiatry, Northwestern University Feinberg School of Medicine (2018)

- F30 National Research Service Award Individual Fellowship, Northwestern Feinberg School of Medicine (2015-2017)

PROFESSIONAL EDUCATION

- Fellowship: Stanford University Psychiatry and Behavioral Sciences (2023) CA
- Board Certification: Psychiatry, American Board of Psychiatry (2022)
- Residency: University of Pittsburgh Medical Center Psychiatry Program (2022) PA
- Medical Education: Northwestern University Feinberg School of Medicine (2018) IL

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My current research interest is the intersection of psychiatry and neuroimmunology. I am currently collaborating with Stanford Neuroimmunology in a retrospective analysis of patient data to determine the relationship between psychaitric medications and clinical outcomes in hospitalized patients with mutliple sclerosis, autoimmune encephalitis, and neuromyelitis optica.

Publications

PUBLICATIONS

- **Antipsychotic medications associated with increased length of hospital stay in autoimmune encephalitis and multiple sclerosis: A retrospective study.** *Journal of clinical neuroscience : official journal of the Neurosurgical Society of Australasia*
  Sai Folmsbee, S., Hui, G., Yuan, Y., Gombar, S., Han, M., Le, S.
  2024; 124: 87-93

- **Investigating the Use of Virtual Reality Technology for Psychiatric Neuroimaging Education.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
  Folmsbee, S. S., Medina, M., Tran, H., Nguyen, P., Bajestan, S.
  2024

- **Cardiomyocytes of the Heart and Pulmonary Veins: Novel Contributors to Asthma?** *American journal of respiratory cell and molecular biology*
  Folmsbee, S. S., Gottardi, C. J.
  2017; 57 (5): 512-518

- **The cardiomyocyte protein #T-catenin contributes to asthma through regulating pulmonary vein inflammation.** *The Journal of allergy and clinical immunology*
  Folmsbee, S. S., Budinger, G. R., Bryce, P. J., Gottardi, C. J.
  2016; 138 (1): 123-129.e2

- **#T-catenin in restricted brain cell types and its potential connection to autism.** *Journal of molecular psychiatry*
  Folmsbee, S. S., Wilcox, D. R., Tyberghein, K., De Bleser, P., Tourtellotte, W. G., van Hengel, J., van Roy, F., Gottardi, C. J.
  2016; 4: 2

- **The Type I Interferon Response Determines Differences in Choroid Plexus Susceptibility between Newborns and Adults in Herpes Simplex Virus Encephalitis.** *mBio*
  Wilcox, D. R., Folmsbee, S. S., Muller, W. J., Longnecker, R.
  2016; 7 (2): e00437-16

- **#-Catenin phosphorylation promotes intercellular adhesion through a dual-kinase mechanism.** *Journal of cell science*
  Escobar, D. J., Desai, R., Ishiyama, N., Folmsbee, S. S., Novak, M. N., Flozak, A. S., Daugherty, R. L., Mo, R., Nanavati, D., Sarpal, R., Leckband, D., Ikura, M., Tepass, et al
  2015; 128 (6): 1150-65

- **The cardiac protein #T-catenin contributes to chemical-induced asthma.** *American journal of physiology. Lung cellular and molecular physiology*
  Folmsbee, S. S., Morales-Nebreda, L., Van Hengel, J., Tyberghein, K., Van Roy, F., Budinger, G. R., Bryce, P. J., Gottardi, C. J.
  2015; 308 (3): L253-8

- **Ewing sarcoma EWS protein regulates midzone formation by recruiting Aurora B kinase to the midzone.** *Cell cycle (Georgetown, Tex.)*
  Park, H., Turkalo, T. K., Nelson, K., Folmsbee, S. S., Robb, C., Roper, B., Azuma, M.
  2014; 13 (15): 2391-9