

# Stanford

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## Ryan Pate, MD, MS

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

- **Psychiatry and Behavioral Sciences**

401 Quarry Rd

MC 5719

Stanford, CA 94305

**Tel** (650) 498-9111      **Fax** (650) 724-9900

### Bio

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#### BIO

Dr. Ryan Pate is a board-certified adult psychiatrist with eligibility for board certification in geriatric psychiatry. He completed his general adult psychiatry training at Dartmouth-Hitchcock and pursued his geriatric psychiatry fellowship at Stanford Health Care. In addition to his psychiatry training, he is actively participating in the psychoanalytical psychotherapy fellowship offered by the Palo Alto division of the San Francisco Center for Psychoanalysis. Dr. Pate's research interests primarily focus on providing support for caregivers and developing group interventions tailored to older adults with mental health disorders. At Stanford, his professional practice primarily takes place in an outpatient setting, where he conducts appointments that involve a combination of medication management and psychotherapy interventions. Beyond his clinical work, Dr. Pate is dedicated to medical education.

#### CLINICAL FOCUS

- Geriatric Psychiatry

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

#### PROFESSIONAL EDUCATION

- Fellowship: Stanford University Psychiatry and Behavioral Sciences (2023) CA
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2022)
- Residency: Dartmouth Hitchcock Medical Center Dept of Psychiatry (2022) NH
- Medical Education: Louisiana State University Health Sciences Center Registrar (2018) LA

### Publications

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#### PUBLICATIONS

- **WHAT MATTERS MOST: A NEEDS ASSESSMENT OF OLDER ADULTS**

Pate, R., Cassidy-Eagle, E., Gould, C., Makowski, M., Herbst, S., Saxena, P., Kim, D., Wroolie, T., Therrien, S., Lin, F., Sommer, B., Thompson, D.  
ELSEVIER SCIENCE INC.2023: S93

- **PSYCHOLOGICAL WELLNESS GROUP FOR OLDER ADULTS**

Eagle, E., Gould, C., Makowski, M., Herbst, S., Pate, R., Saxena, P., Kim, D., Wroolie, T., Therrien, S., Lin, F. V., Sommer, B., Gallagher-Thompson, D.  
ELSEVIER SCIENCE INC.2023: S106-S107