Stanford



Tainayah Whitney Thomas

Assistant Professor of Epidemiology and Population Health (Epidemiology)

Bio

BIO

Tainayah Thomas, PhD, MPH is an Assistant Professor in the Department of Epidemiology and Population Health. Her research focuses on primary care improvement and diabetes prevention and management among racially and ethnically diverse populations. Dr. Thomas's research seeks to leverage delivery science research methodology to promote the integration of evidence-based research into clinical practice. Dr. Thomas is dedicated to transforming research into action by engaging community, health system, and policy stakeholders in adapting, implementing, and sustaining interventions that address health disparities and promote health equity.

ACADEMIC APPOINTMENTS

• Assistant Professor, Epidemiology and Population Health

PROFESSIONAL EDUCATION

- PhD, University of North Carolina at Chapel Hill, Health Behavior (2019)
- MPH, University of California, Los Angeles , Community Health Sciences (2010)
- BA, University of Miami, Sociology and International Studies (2008)

Publications

PUBLICATIONS

 ADDRESSING SOCIAL DETERMINANTS OF HEALTH IN BEHAVIORAL INTERVENTIONS TO IMPROVE HEALTH EQUITY Rosas, L., Espinosa, P., Thomas, T. W., Yaroch, A.
OXFORD UNIV PRESS INC.2022: S77