



Rachel Hilton

Casual - Non-Exempt, Psych/Major Laboratories and Clinical & Translational
Neurosciences Incubator

Bio

BIO

Rachel Hilton is a board-certified Psychiatric Mental Health Nurse Practitioner currently working as a research nurse practitioner at the Williams Precision Psychiatry lab (PanLab) at Stanford University. She is also pursuing her Ph.D. at Vanderbilt University. Her current research focuses on implementation and translation of sleep treatments and precision psychiatry into clinical practice.

CURRENT ROLE AT STANFORD

Research Nurse Practitioner- Precision Psychiatry for Williams PanLab, Department of Psychiatry and Behavioral Sciences- Stanford University

EDUCATION AND CERTIFICATIONS

- PhD-s, Vanderbilt University , Implementation Science (2025)
- MSN, Vanderbilt University , Master's in Nursing- Psychiatric Mental Health Nurse Practitioner (2020)

Publications

PUBLICATIONS

- **Neurocognitive Dysfunction in Children and Adolescents with Mental Illness** *MedRxiv*
Nessamoney, S. N., Hilton, R., Tozzi, L., Williams, L. M.
2023
- **Critical Care Nurses' Experiences of Caring for Patients With COVID-19 : Results of a Thematic Analysis** *American Journal of Critical Care*
Gast, S., Barroso, J., Blanchard, F., Campbell, A., Carter, S., Clark, E., Hilton, R., Branson, R., Greenberg, S., Kleinpell, R.
2022
- **FACILITATING POSTTRAUMATIC GROWTH AFTER CRITICAL ILLNESS** *AMERICAN JOURNAL OF CRITICAL CARE*
Jones, A. C., Hilton, R., Ely, B., Gororo, L., Danesh, V., Sevin, C. M., Jackson, J. C., Boehm, L. M.
2020; 29 (6): E108-E115