



Meredith Craven, PhD, MPH

Clinical Assistant Professor, Medicine - Gastroenterology & Hepatology

 Curriculum Vitae available Online

CLINICAL OFFICE (PRIMARY)

- **Gastroenterology**

430 Broadway St

MC 6341

Redwood City, CA 94063

Tel (650) 736-5555

Fax (650) 498-6323

Bio

BIO

Meredith Craven is a licensed clinical health psychologist. She received her PhD from Northwestern Feinberg School of Medicine, where her focus was health psychology and psychogastroenterology (GI Psychology). She is the Director of GI Health Psychology in the Division of Gastroenterology and Hepatology. Dr. Craven has training in brain-gut behavior therapies and gut-directed hypnotherapy, which can help improve GI symptoms, quality of life, and resilience. Her background in public health and clinical psychology, and interest in positive psychology inform her clinical and research interests. She is passionate about integrating mindfulness, culturally valued practices, and patients' strengths into her work.

CLINICAL FOCUS

- Gastroenterology
- Clinical Psychology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Gastroenterology & Hepatology

ADMINISTRATIVE APPOINTMENTS

- Director, GI Health Psychology, Division of Gastroenterology, (2021- present)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Co-Chair, ROME Early Career Committee (2020 - present)

PROFESSIONAL EDUCATION

- MPH, Emory Rollins School of Public Health , Behavioral Sciences and Health Education (2014)
- Residency: San Francisco VA Medical Center Post Doctoral Psychology Fellowship (2021) CA
- Internship: VA Palo Alto Health Care Psychology Training (2020) CA
- PhD Training: Northwestern University Feinberg School of Medicine (2020) IL

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Craven's research reflects her background and interests in psychogastroenterology (GI psychology), public health, and positive psychology. She has collaborated on projects across the spectrum of GI disorders, using quantitative and qualitative methods. She is interested in the role of biopsychosocial factors on symptom perception, experience, and related health outcomes and behaviors. In particular, she is passionate about investigating the role of patient strengths that can be fostered clinically, and mind-body practices.

Publications

PUBLICATIONS

- **Engagement in GI Behavioral Health Is Associated with Reduced Portal Messages, Phone Calls, and ED Visits.** *Digestive diseases and sciences*
Arizmendi, B. J., Craven, M. R., Martinez-Cambor, P., Tormey, L. K., Salwen-Deremer, J. K.
2024
- **A Cross-Institution Protocol for Virtual, Transdiagnostic, Group Gut-Directed Hypnotherapy.** *Gastroenterology*
Salwen-Deremer, J. K., Gerson, J., Tomasino, K. N., Craven, M. R., Pandit, A., Palsson, O. S.
2024
- **Validation in French of the Brief Esophageal Dysphagia Questionnaire in Patients Referred For Esophageal Manometry.** *Dysphagia*
Roman, S., Guadagnoli, L. A., Hastier, A., Becam, E., Craven, M. R., Pandolfino, J. E., Napoléon, M., Carlson, D. A., Mion, F., Taft, T.
2022; 37 (2): 392-398
- **Stigma experiences of patients living with gastroparesis.** *Neurogastroenterology and motility : the official journal of the European Gastrointestinal Motility Society*
Taft, T. H., Craven, M. R., Adler, E. P., Simons, M., Nguyen, L.
2021: e14223
- **Initial Assessment of Post-traumatic Stress in a US Cohort of Inflammatory Bowel Disease Patients.** *Inflammatory bowel diseases*
Taft, T. H., Bedell, A., Craven, M. R., Guadagnoli, L., Quinton, S., Hanauer, S. B.
2019; 25 (9): 1577-1585
- **Inflammatory Bowel Disease Patient Experiences with Psychotherapy in the Community.** *Journal of clinical psychology in medical settings*
Craven, M. R., Quinton, S., Taft, T. H.
2019; 26 (2): 183-193
- **The dysphagia stress test for rapid assessment of swallowing difficulties in esophageal conditions.** *Neurogastroenterology and motility*
Taft, T. H., Kern, E., Starkey, K., Craft, J., Craven, M., Doerfler, B., Keefer, L., Kahrilas, P., Pandolfino, J.
2019; 31 (3): e13512
- **Social Support for Exercise as a Predictor of Weight and Physical Activity Status Among Puerto Rican and Mexican Men: Results From the Latino Men's Health Initiative.** *American journal of men's health*
Craven, M. R., Keefer, L., Rademaker, A., Dykema-Engblade, A., Sanchez-Johnsen, L.
2018; 12 (4): 766-778
- **Impact on Health-Related Quality of Life in Adults with Eosinophilic Gastritis and Gastroenteritis: A Qualitative Assessment.** *Digestive diseases and sciences*
Bedell, A., Taft, T., Craven, M. R., Guadagnoli, L., Hirano, I., Gonsalves, N.
2018; 63 (5): 1148-1157
- **Systematic review: methodological flaws in racial/ethnic reporting for gastroesophageal reflux disease.** *Diseases of the esophagus : official journal of the International Society for Diseases of the Esophagus*
Craven, M. R., Kia, L., O'Dwyer, L. C., Stern, E., Taft, T. H., Keefer, L.
2018; 31 (3)
- **The Reflux Improvement and Monitoring (TRIM) Program Is Associated With Symptom Improvement and Weight Reduction for Patients With Obesity and Gastroesophageal Reflux Disease.** *The American journal of gastroenterology*

Yadlapati, R., Pandolfino, J. E., Alexeeva, O., Gregory, D. L., Craven, M. R., Liebovitz, D., Lichten, A., Seger, E., Workman, M., St Peter, N., Craft, J., Doerfler, B., Keswani, et al
2018; 113 (1): 23-30

- **Cultural Variables Underlying Obesity in Latino Men: Design, Rationale and Participant Characteristics from the Latino Men's Health Initiative.** *Journal of community health*

Sanchez-Johnsen, L., Craven, M., Nava, M., Alonso, A., Dykema-Engblade, A., Rademaker, A., Xie, H.

2017; 42 (4): 826-838