



Meredith Craven, PhD, MPH

Clinical Assistant Professor, Medicine - Gastroenterology & Hepatology

 Curriculum Vitae available Online

CLINICAL OFFICES

- **Gastroenterology**

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Bio

BIO

Meredith Craven is a licensed clinical health psychologist. She received her PhD from Northwestern Feinberg School of Medicine, where her focus was health psychology and psychogastroenterology (GI Psychology). She is the Director of GI Health Psychology in the Division of Gastroenterology and Hepatology. Dr. Craven has training in brain-gut behavior therapies and gut-directed hypnotherapy, which can help improve GI symptoms, quality of life, and resilience. Her background in public health and clinical psychology, and interest in positive psychology inform her clinical and research interests. She is passionate about integrating mindfulness, culturally valued practices, and patients' strengths into her work.

CLINICAL FOCUS

- Psychology
- Gastroenterology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Gastroenterology & Hepatology

ADMINISTRATIVE APPOINTMENTS

- Director, GI Health Psychology, Division of Gastroenterology, (2021- present)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Co-Chair, ROME Early Career Committee (2020 - present)

PROFESSIONAL EDUCATION

- MPH, Emory Rollins School of Public Health , Behavioral Sciences and Health Education (2014)
- Residency: San Francisco VA Medical Center Post Doctoral Psychology Fellowship (2021) CA
- Internship: VA Palo Alto Health Care Psychology Training (2020) CA
- PhD Training: Northwestern University Feinberg School of Medicine (2020) IL

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Craven's research reflects her background and interests in psychogastroenterology (GI psychology), public health, and positive psychology. She has collaborated on projects across the spectrum of GI disorders, using quantitative and qualitative methods. She is interested in the role of biopsychosocial factors on symptom perception, experience, and related health outcomes and behaviors. In particular, she is passionate about investigating the role of patient strengths that can be fostered clinically, and mind-body practices.

Publications

PUBLICATIONS

- **Stigma experiences of patients living with gastroparesis.** *Neurogastroenterology and motility : the official journal of the European Gastrointestinal Motility Society*
Taft, T. H., Craven, M. R., Adler, E. P., Simons, M., Nguyen, L.
2021: e14223