


Stanford



Karlyn Edwards

Postdoctoral Scholar, Anesthesiology, Perioperative and Pain Medicine

 Curriculum Vitae available Online

Bio

BIO

My name is Karlyn (Karly) Edwards, and I am dual research and clinical T32 fellow working with Drs. Beth Darnall and Heather Pouppore-King. In my research, I am interested in developing and studying brief digital interventions for chronic pain and opioid misuse/opioid use disorder. I am also interested in characterizing patient factors that facilitate treatment response to OUD medications (buprenorphine, methadone) and psychological interventions. Clinically, I have expertise in delivering acceptance-based interventions (mindfulness, ACT, self-compassion) for chronic pain.

I completed my B.A. in Psychology at the University of Puget Sound in Tacoma, WA in 2014. I then worked as a case manager at a local non-profit mental health agency serving low income communities, and later as a research assistant in Dr. Mark Jensen's lab at the University of Washington. I completed my Ph.D. in Clinical Psychology at the University of New Mexico under the mentorship of Drs. Kevin Vowles and Katie Witkiewitz, and completed my clinical internship at the Seattle VA. During my PhD, my work focused on characterizing substance use among those with chronic pain, and testing acceptance-based interventions for chronic pain and opioid misuse.

PROFESSIONAL EDUCATION

- Doctor of Philosophy, University of New Mexico (2021)
- Master of Science, University of New Mexico (2018)
- Bachelor of Arts, University of Puget Sound (2014)

STANFORD ADVISORS

- Heather Pouppore-King, Postdoctoral Faculty Sponsor

Research & Scholarship

RESEARCH INTERESTS

- Psychology

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Adapting and testing psychological interventions for chronic pain and opioid misuse, identifying patients factors related to psychological and medication treatment responsiveness, latent variable modeling, brief digital psychological interventions, Acceptance and Commitment Therapy, Mindfulness

LAB AFFILIATIONS

- Beth Darnall, Systems Neuroscience and Pain Lab (9/7/2021)

Publications

PUBLICATIONS

- **Changes in Pain During Buprenorphine Maintenance Treatment Among Patients With Opioid Use Disorder and Chronic Pain** *JOURNAL OF CONSULTING AND CLINICAL PSYCHOLOGY*
Edwards, K. A., Vowles, K. E., McHugh, R., Venner, K. L., Witkiewitz, K.
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