

Stanford

Adam Jacob Krause

Postdoctoral Scholar, Psychiatry

Bio

STANFORD ADVISORS

- Andrea Goldstein-Piekarski, Postdoctoral Faculty Sponsor

Teaching

COURSES

2023-24

- An Excuse to Sleep: The Science of Sleep and Health: BIOS 243 (Win)

Publications

PUBLICATIONS

- Daytime affect and sleep EEG activity: A data-driven exploration. *Journal of sleep research*

Zhang, J. X., Ten Brink, M., Yan, Y., Goldstein-Piekarski, A., Krause, A. J., Manber, R., Kreibig, S., Gross, J. J.
2023: e13916

- Improvements in Immediate and Delayed Memory With Insomnia Therapy and Their Associations With SWA in Older Adults

Ahmadi, M., Krause, A. J., O'Hora, K. P., Hernandez, B., Lazzeroni, L., Zeitzer, J. M., Friedman, L. F., Posner, D., Kushida, C. A., Yesavage, J. A., Saletin, J., Goldstein-Piekarski, A.
ELSEVIER SCIENCE INC.2023: S301

- Pre-sleep affect predicts subsequent REM frontal theta in nonlinear fashion. *Cognitive, affective & behavioral neuroscience*

Ten Brink, M., Yan, Y., Zhang, J., Goldstein-Piekarski, A., Krause, A., Kreibig, S., Manber, R., Gross, J.
2023

- EXAMINING THE ASSOCIATION OF TRAIT SLEEP REACTIVITY WITH CHANGES IN SLEEP, DEPRESSION, AND ANXIETY IN THE COVID-19 PANDEMIC

Cirelli, A., Krause, A., O'Hora, K., Osorno, R., Sadeghi-Bahmani, D., Lopez, M., Morehouse, A., Goldstein-Piekarski, A.
OXFORD UNIV PRESS INC.2022: A21

- NON-PHARMACOLOGICAL INSOMNIA THERAPY IS ROBUST TO CO-OCCURRING PAIN IN OLDER ADULTS

Krause, A., Ahmadi, M., O'Hora, K., Hernandez, B., Lazzeroni, L., Zeitzer, J., Friedman, L., Posner, D., Kushida, C., Yesavage, J., Saletin, J., Goldstein-Piekarski, A.
OXFORD UNIV PRESS INC.2022: A197-A198

- THE EFFECT OF DISTINCT COMPONENTS OF CBT-I ON SLOW WAVE POWER AND ENERGY

Ahmadi, M., Krause, A., O'Hora, K., Hernandez, B., Lazzeroni, L., Zeitzer, J., Friedman, L., Posner, D., Kushida, C., Yesavage, J., Saletin, J., Goldstein-Piekarski, A.
OXFORD UNIV PRESS INC.2022: A197

- THE IMPACT OF NON-PHARMACOLOGICAL INSOMNIA THERAPY ON MOOD AND SLEEP IN MORNING AND EVENING CHRONOTYPES IN OLDER ADULTS

Lopez, M., Krause, A., O'Hora, K., Hernandez, B., Lazzeroni, L., Zeitzer, J., Friedman, L., Posner, D., Kushida, C., Yesavage, J., Goldstein-Piekarski, A.
OXFORD UNIV PRESS INC.2022: A211-A212

● **PHYSICAL ACTIVITY AND SLEEP PATTERNS BEFORE AND DURING THE COVID-19-PANDEMIC - RESULTS FROM A CROSS-SECTIONAL AND RETROSPECTIVE STUDY**

Sadeghi-Bahmani, D., O'Hora, K., Osorno, R., Lopez, M., Morehouse, A., Krause, A., Goldstein-Piekarski, A.

OXFORD UNIV PRESS INC.2022: A303

● **Non-Pharmacological Insomnia Therapy is Robust to Co-Occurring Pain in Older Adults**

Krause, A., Ahmadi, M., O'Hora, K., Hernandez, B., Lazzeroni, L., Zeitzer, J., Friedman, L., Posner, D., Kushida, C., Yesavage, J., Saletin, J., Goldstein-Piekarski, A.

ELSEVIER SCIENCE INC.2022: S370

● **The Effect of Distinct Components of CBT-I on Slow Wave Power and Energy**

Ahmadi, M., Krause, A. J., O'Hora, K., Hernandez, B., Lazzeroni, L., Zeitzer, J., Friedman, L., Posner, D., Kushida, C., Yesavage, J. A., Saletin, J., Goldstein-Piekarski, A.

ELSEVIER SCIENCE INC.2022: S369-S370