

Stanford



Melanie Ambler

MD Student with Scholarly Concentration in Biomedical Ethics & Medical Humanities, expected graduation Spring 2026

Bio

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Melanie Ambler is an aspiring physician-artist-scientist, interested in the integration of the arts into the medical field. She is a classically-trained cellist and founded two live virtual concert series for patients and care providers in both the United States and France. In 2019, she received a Fulbright Fellowship for study and research in the city of Caen, France. She pursued a master's in Neuroscience at the Université de Caen-Normandie, and performed a research study with the Neuroimaging Lab of Human Memory regarding the ability of patients with clinical amnesia to recognize new melodies or paintings. She is currently a musician on call for the nonprofit Project: Music Heals Us and plays weekly one-on-one virtual concerts for critically ill patients.

Melanie hopes to continue bridging the arts and medicine during her time at Stanford Medicine by researching promising interventions and then putting them into practice as a care provider.

Publications

PUBLICATIONS

- **Voices of Musicians: Virtual Live Bedside Music Concerts in Inpatient Care.** *Healthcare (Basel, Switzerland)*
Ambler, M., Janss, A., Stafford, R. S., Lin, B., Florom-Smith, A., Kang, A. W.
2023; 11 (22)
- **Validation of Remote Video Scoring of the Pediatric Anesthesia Emergence Delirium Scale: A Proof of Concept**
Ambler, M., Bhamidipati, J., Anderson, Z., Sanofsky, B., Ramamurthi, R. J.
LIPPINCOTT WILLIAMS & WILKINS.2023: 754-756
- **One Year Later: Family Members of Patients with COVID-19 Experience Persistent Symptoms of PTSD.** *Annals of the American Thoracic Society*
Ambler, M., Rhoads, S., Peterson, R., Jin, Y., Armstrong, P., Collier, P., Cruse, M. H., Csikesz, N., Hua, M., Engelberg, R. A., Halvorson, K., Heywood, J., Lee, et al
2022
- **Code Silver.** *Academic medicine : journal of the Association of American Medical Colleges*
Ambler, M. E.
2022
- **Heterogeneity of outcomes for intraoperative music interventions: a scoping review and evidence map** *BMJ EVIDENCE-BASED MEDICINE*
Ambler, M., Springs, S., Garcia, D., Born, C.
2021; 26 (3): 116-+
- **Virtual Concerts at the Bedside of COVID-19 Patients: A Trio of Perspectives** *CANADIAN MEDICAL ASSOCIATION JOURNAL*
Ambler, M., Wodecki, L., Amass, T.
2021; 193 (3): E115-E116

- **Virtual bedside concerts for patients with COVID-19: a trio of perspectives** *CANADIAN MEDICAL ASSOCIATION JOURNAL*
Ambler, M., Wodecki, L., Amass, T.
2020; 192 (44): E1370-E1371