

Stanford



Kate Petrova

Ph.D. Student in Psychology, admitted Autumn 2021

Bio

BIO

Kate Petrova is a first-year PhD student at the Stanford Psychophysiology Laboratory. Her research encompasses two broad domains: basic questions about the nature of emotion as well as applied research at the intersection of affective science and social psychology. Her current interests include how different ways of paying attention to and labeling affective experiences shape emotion regulation. She is also curious about how people regulate their own and others' emotions in naturalistic social interactions. Kate's other interests include empathic processes in virtual communication, lay theories of emotion, and the development of emotion regulation across the lifespan. Kate earned her A.B. in Psychology from Bryn Mawr College and spent several years working on the Harvard Study of Adult Development before joining SPL.

EDUCATION AND CERTIFICATIONS

- A.B., Bryn Mawr College, Psychology and Neuroscience (2020)

LINKS

- Personal website: <https://www.kpetrova.com>
- Stanford Psychophysiology Lab: <https://spl.stanford.edu>

Professional

WORK EXPERIENCE

- Research Assistant - Harvard Study of Adult Development

Publications

PUBLICATIONS

- **Self-Distancing and Avoidance Mediate the Links Between Trait Mindfulness and Responses to Emotional Challenges** *MINDFULNESS*
Petrova, K., Nevarez, M. D., Waldinger, R. J., Preacher, K. J., Schulz, M. S.
2021; 12 (4): 947-958
- **Coherence Between Feelings and Heart Rate: Links to Early Adversity and Responses to Stress** *Affective Science*
Petrova, K., Nevarez, M. D., Rice, J., Waldinger, R. J., Preacher, K. J., Schulz, M. S.
2021; 2 (1): 1-13