

Stanford



Alexandra Cours, MD

Clinical Assistant Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICES

- **Stanford Senior Care**

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Bio

BIO

Dr. Cours is a clinician educator in geriatrics and the clinical director for Aging Adult Services. She cares for patients as a primary care physician for older adults and as a geriatric medicine consultant in Stanford Hospital. She conducts research on bone and muscle health and leads a wellness program for medical trainees.

CLINICAL FOCUS

- Geriatric Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

PROFESSIONAL EDUCATION

- Fellowship: Stanford University and VA Palo Alto Geriatric Medicine Fellowship (2022) CA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2021)
- Residency: UCSD Internal Medicine Residency (2021) CA
- Medical Education: Icahn School of Medicine at Mount Sinai (2018) NY
- Undergraduate Education, Stanford University , Human Biology (2013)

Publications

PUBLICATIONS

- **Hyperkyphosis and mortality risk in older men: The osteoporotic fractures in men study.** *Journal of the American Geriatrics Society*
Cours, A., Huang, M., Fink, H., Ensrud, K. E., Schousboe, J. T., Katzman, W., Schneider, D., Lane, N. E., Cawthon, P., Kado, D. M.
2022