



## Alexandra Cours, MD

Clinical Assistant Professor, Medicine - Primary Care and Population Health

### CLINICAL OFFICE (PRIMARY)

- **Stanford Senior Care**

211 Quarry Rd Ste 402

MC 5995

Palo Alto, CA 94304

**Tel** (650) 725-5222      **Fax** (650) 721-2227

### Bio

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#### BIO

Dr. Cours is a clinician educator in geriatrics and the clinical director for Aging Adult Services. She cares for patients as a primary care physician for older adults and as a geriatric medicine consultant in Stanford Hospital. She conducts research on bone and muscle health and leads a wellness program for medical trainees.

#### CLINICAL FOCUS

- Geriatric Medicine

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

#### PROFESSIONAL EDUCATION

- Board Certification: Geriatric Medicine, American Board of Internal Medicine (2022)
- Fellowship: Stanford University and VA Palo Alto Geriatric Medicine Fellowship (2022) CA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2021)
- Residency: UCSD Internal Medicine Residency (2021) CA
- Medical Education: Icahn School of Medicine at Mount Sinai (2018) NY
- Undergraduate Education, Stanford University , Human Biology (2013)

### Publications

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#### PUBLICATIONS

- **Hyperkyphosis and mortality risk in older men: The osteoporotic fractures in men study.** *Journal of the American Geriatrics Society*  
Cours, A., Huang, M., Fink, H., Ensrud, K. E., Schousboe, J. T., Katzman, W., Schneider, D., Lane, N. E., Cawthon, P., Kado, D. M.  
2022