

Stanford



Jennifer Robinson

Associate Director, Medicine - Med/Stanford Prevention Research Center

SUPERVISORS

- Christopher Gardner

Bio

CURRENT ROLE AT STANFORD

Associate Director, Nutrition Studies Group

LINKS

- Nutrition Studies Group: <http://nutrition.stanford.edu>
- Stanford Prevention Research Center: <http://prevention.stanford.edu>

Publications

PUBLICATIONS

- **Cardiometabolic Effects of Omnivorous vs Vegan Diets in Identical Twins: A Randomized Clinical Trial.** *JAMA network open*
Landry, M. J., Ward, C. P., Cunanan, K. M., Durand, L. R., Perelman, D., Robinson, J. L., Hennings, T., Koh, L., Dant, C., Zeitlin, A., Ebel, E. R., Sonnenburg, E. D., Sonnenburg, et al
2023; 6 (11): e2344457
- **Randomized controlled trial demonstrates response to a probiotic intervention for metabolic syndrome that may correspond to diet.** *Gut microbes*
Wastyk, H. C., Perelman, D., Topf, M., Fragiadakis, G. K., Robinson, J. L., Sonnenburg, J. L., Gardner, C. D., Sonnenburg, E. D.
2023; 15 (1): 2178794
- **SWAP-MEAT Athlete (study with appetizing plant-food, meat eating alternatives trial) - investigating the impact of three different diets on recreational athletic performance: a randomized crossover trial.** *Nutrition journal*
Roberts, A. K., Busque, V., Robinson, J. L., Landry, M. J., Gardner, C. D.
2022; 21 (1): 69
- **Effect of a Ketogenic Diet versus Mediterranean Diet on HbA1c in Individuals with Prediabetes and Type 2 Diabetes Mellitus: the Interventional Keto-Med Randomized Crossover Trial.** *The American journal of clinical nutrition*
Gardner, C. D., Landry, M. J., Perelman, D., Petlura, C., Durand, L. R., Aronica, L., Crimarco, A., Cunanan, K. M., Chang, A., Dant, C. C., Robinson, J. L., Kim, S. H.
2022
- **Adherence to Ketogenic and Mediterranean Study Diets in a Crossover Trial: The Keto-Med Randomized Trial.** *Nutrients*
Landry, M. J., Crimarco, A. n., Perelman, D. n., Durand, L. R., Petlura, C. n., Aronica, L. n., Robinson, J. L., Kim, S. H., Gardner, C. D.
2021; 13 (3)
- **Gut-microbiota-targeted diets modulate human immune status.** *Cell*
Wastyk, H. C., Fragiadakis, G. K., Perelman, D., Dahan, D., Merrill, B. D., Yu, F. B., Topf, M., Gonzalez, C. G., Van Treuren, W., Han, S., Robinson, J. L., Elias, J. E., Sonnenburg, et al

2021

- **Long-term dietary intervention reveals resilience of the gut microbiota despite changes in diet and weight.** *The American journal of clinical nutrition*
Fragiadakis, G. K., Wastyk, H. C., Robinson, J. L., Sonnenburg, E. D., Sonnenburg, J. L., Gardner, C. D.

2020

- **Objective versus Self-Reported Energy Intake Changes During Low-Carbohydrate and Low-Fat Diets** *OBESITY*

Guo, J., Robinson, J. L., Gardner, C. D., Hall, K. D.

2019; 27 (3): 420–26

- **Objective versus Self-Reported Energy Intake Changes During Low-Carbohydrate and Low-Fat Diets.** *Obesity (Silver Spring, Md.)*

Guo, J., Robinson, J. L., Gardner, C. D., Hall, K. D.

2019

- **DIETFITS study (diet intervention examining the factors interacting with treatment success) - Study design and methods.** *Contemporary clinical trials*

Stanton, M. V., Robinson, J. L., Kirkpatrick, S. M., Farzinkhou, S., Avery, E. C., Rigdon, J., Offringa, L. C., Trepanowski, J. F., Hauser, M. E., Hartle, J. C., Cherin, R. J., King, A. C., Ioannidis, et al

2017; 53: 151-161