

Stanford



Molly Bowdring

- Clinical Scholar, Psychiatry and Behavioral Sciences
- Postdoctoral Scholar, SCRDP/ Heart Disease Prevention

CLINICAL OFFICE (PRIMARY)

- **Department of Psychiatry**

401 Quarry Rd

Stanford, CA 94305

Tel (650) 498-9111

Fax (650) 724-9900

Bio

CLINICAL FOCUS

- Clinical Psychology

ACADEMIC APPOINTMENTS

- Clinical Scholar, Psychiatry and Behavioral Sciences

PROFESSIONAL EDUCATION

- Fellowship: Stanford University Adult Psychology Postdoctoral Fellowship (2022) CA
- Predoctoral Clinical Internship, VA Palo Alto Health Care System (2021)
- PhD, University of Pittsburgh , Clinical Psychology (2021)
- BS, Virginia Tech , Psychology (2013)

STANFORD ADVISORS

- Christopher Gardner, Postdoctoral Faculty Sponsor
- Judith Prochaska, Postdoctoral Research Mentor

LINKS

- NPR's All Things Considered - "Non-alcoholic adult beverages should have an age limit too, some researchers say": <https://www.npr.org/2024/07/08/nx-s1-5028227/non-alcoholic-adult-beverages-should-have-an-age-limit-too-some-researchers-say>
- NPR: Shots - Health News "ID please. Should kids be able to buy nonalcoholic beer, wine and mocktails?": <https://www.npr.org/sections/shots-health-news/2024/07/09/nx-s1-5033083/non-alcoholic-beer-wine-mocktails-age-limits>
- Addiction Journal podcast about recent article on non-alcoholic beverages: [https://embed.acast.com/\\$/5eae1c98ad11b317bf47794/alcohol-free-drinks-in-the-us-with-molly-bowdring?feed=true](https://embed.acast.com/$/5eae1c98ad11b317bf47794/alcohol-free-drinks-in-the-us-with-molly-bowdring?feed=true)
- Podcast with Dr. Aaron Weiner about recent article on non-alcoholic beverages: <https://www.weinerphd.com/podcast/non-alcoholic-beverages>
- CBS News Bay Area. Health Watch: Non-alcoholic drinks – Benefits and potential pitfalls.: <https://www.cbsnews.com/sanfrancisco/video/non-alcoholic-drinks-benefits-and-potential-pitfalls/>

Research & Scholarship

RESEARCH INTERESTS

- Psychology

CURRENT RESEARCH AND SCHOLARLY INTERESTS

I am interested in elucidating factors that contribute to initiation, maintenance, and exacerbation of substance use, and identifying approaches to mitigate risky use.

I additionally seek to use scholarly advocacy to enhance diversity, equity, and inclusion within clinical and academic spaces.

Publications

PUBLICATIONS

- **The Need for Age Restrictions on Sales of Nonalcoholic Beverages.** *JAMA pediatrics*
Bowdring, M. A., Prochaska, J. J.
2024
- **Non-alcoholic beverage consumption among US adults who consume alcohol.** *Addiction (Abingdon, England)*
Bowdring, M. A., McCarthy, D. M., Fairbairn, C. E., Prochaska, J. J.
2024
- **Kratom availability in California vape shops.** *Preventive medicine reports*
Bowdring, M. A., Leas, E. C., Vishwakarma, M., Schleicher, N. C., Prochaska, J. J., Henriksen, L.
2023; 35: 102380
- **Beer Googles or Liquid Courage? Alcohol, Attractiveness Perceptions, and Partner Selection Among Males.** *Journal of studies on alcohol and drugs*
Bowdring, M. A., Sayette, M. A.
2023
- **Criminogenic Needs and Legal Problem Severity Among Legal System Involved Veterans.** *Military medicine*
Bowdring, M. A., Macia, K. S., Shaffer, P. M., Smelson, D., Blonigen, D. M.
2023
- **COMBATING THE CONSPIRACY OF SILENCE: CLINICIAN RECOMMENDATIONS FOR TALKING ABOUT RACISM-RELATED EVENTS WITH YOUTH OF COLOR**
Galan, C. A., Tung, I., Tabachnick, A. R., Sequeira, S. L., Novacek, D. M., Kahhale, I., Jamal-Orozco, N. P., Gonzalez, J., Bowdring, M. A., Boness, C. L.
ELSEVIER SCIENCE INC.2023: S90-S91
- **Acceptability and Utility of a Smartphone App to Support Adolescent Mental Health (BeMe): Program Evaluation Study.** *JMIR mHealth and uHealth*
Prochaska, J. J., Wang, Y., Bowdring, M. A., Chieng, A., Chaudhary, N. P., Ramo, D. E.
2023; 11: e47183
- **Real Change or Performative Anti-Racism? Clinical Psychology Programs' Efforts to Recruit and Retain BIPOC Scholars.** *Journal of clinical child and adolescent psychology : the official journal for the Society of Clinical Child and Adolescent Psychology, American Psychological Association, Division 53*
Galán, C. A., Bowdring, M. A., Tung, I., Sequeira, S. L., Call, C. C., Savell, S., Boness, C. L., Northrup, J.
2023: 1-16
- **Psychology's Contributions to Anti-Blackness in the United States Within Psychological Research, Criminal Justice, and Mental Health.** *Perspectives on psychological science : a journal of the Association for Psychological Science*
Auguste, E., Bowdring, M., Kasperek, S. W., McPhee, J., Tabachnick, A. R., Tung, I., Galán, C. A.
2023: 17456916221141374
- **Interactive associations between abstinence plans and romantic partner conflict and support with cigarette smoking** *Drug and Alcohol Dependence*
Bowdring, M. A., Loftus, P., Wang, S. D., Pang, R. D., Kirkpatrick, M. G.
2023

- **The effect of alcohol on mood among males drinking with a platonic friend** *ALCOHOLISM-CLINICAL AND EXPERIMENTAL RESEARCH*
Bowdring, M. A., Sayette, M. A.
2021
- **In the Eye of the Beholder: A Comprehensive Analysis of Stimulus Type, Perceiver, and Target in Physical Attractiveness Perceptions** *JOURNAL OF NONVERBAL BEHAVIOR*
Bowdring, M. A., Sayette, M. A., Girard, J. M., Woods, W. C.
2021; 45 (2): 241-259
- **Editorial: A Call to Action for an Antiracist Clinical Science** *JOURNAL OF CLINICAL CHILD AND ADOLESCENT PSYCHOLOGY*
Galan, C. A., Bekele, B., Boness, C., Bowdring, M., Call, C., Hails, K., McPhee, J., Mendes, S., Moses, J., Northrup, J., Rupert, P., Savell, S., Sequeira, et al
2021; 50 (1): 12-57
- **Pleasant olfactory cues can reduce cigarette craving.** *Journal of Abnormal Psychology*
Sayette, M. A., Marchetti, M. A., Herz, R. S., Martin, L. M., Bowdring, M. A.
2019; 128 (4)
- **Using Placebo Beverages in Group Alcohol Studies** *ALCOHOLISM-CLINICAL AND EXPERIMENTAL RESEARCH*
Bowdring, M. A., Sayette, M. A.
2018; 42 (12): 2442-2452
- **Perception of physical attractiveness when consuming and not consuming alcohol: a meta-analysis** *ADDICTION*
Bowdring, M. A., Sayette, M. A.
2018; 113 (9): 1585-1597
- **Predictors of At-Risk Intoxication in a University Field Setting: Social Anxiety, Demographics, and Intentions** *JOURNAL OF AMERICAN COLLEGE HEALTH*
Smith, R. C., Bowdring, M. A., Geller, E.
2015; 63 (2): 134-142