

# Stanford

---



## Molly Bowdring

- Clinical Scholar, Psychiatry and Behavioral Sciences
- Postdoctoral Scholar, SCRDP/ Heart Disease Prevention

### **CLINICAL OFFICE (PRIMARY)**

- **Department of Psychiatry**

401 Quarry Road  
Stanford, CA 94305  
**Tel** (650) 498-9111      **Fax** (650) 724-9900

### **Bio**

---

#### **CLINICAL FOCUS**

- Psychology

#### **ACADEMIC APPOINTMENTS**

- Clinical Scholar, Psychiatry and Behavioral Sciences

#### **PROFESSIONAL EDUCATION**

- Bachelor of Science, University of Pittsburgh (2013)
- Doctor of Philosophy, University of Pittsburgh (2021)
- Master of Science, University of Pittsburgh (2016)
- Bachelor of Science, Virginia Polytechnic Institute & State University (2013)
- Fellowship: Stanford University Adult Psychology Postdoctoral Fellowship (2022) CA
- Predoctoral Clinical Internship, VA Palo Alto Health Care System (2021)
- PhD, University of Pittsburgh , Clinical Psychology (2021)
- BS, Virginia Tech , Psychology (2013)

#### **STANFORD ADVISORS**

- Judith Prochaska, Postdoctoral Research Mentor
- Christopher Gardner, Postdoctoral Faculty Sponsor

#### **LINKS**

- Podcast about recent article on non-alcoholic beverages: [https://embed.acast.com/\\$/5eaeb1c98ad11b317bf47794/alcohol-free-drinks-in-the-us-with-molly-bowdring?feed=true](https://embed.acast.com/$/5eaeb1c98ad11b317bf47794/alcohol-free-drinks-in-the-us-with-molly-bowdring?feed=true)

### **Research & Scholarship**

---

#### **RESEARCH INTERESTS**

- Psychology

## CURRENT RESEARCH AND SCHOLARLY INTERESTS

I am interested in elucidating factors that contribute to initiation, maintenance, and exacerbation of substance use, and identifying approaches to mitigate risky use.

I additionally seek to use scholarly advocacy to enhance diversity, equity, and inclusion within clinical and academic spaces.

## Publications

---

### PUBLICATIONS

- **Non-alcoholic beverage consumption among US adults who consume alcohol.** *Addiction (Abingdon, England)*  
Bowdring, M. A., McCarthy, D. M., Fairbairn, C. E., Prochaska, J. J.  
2024
- **Kratom availability in California vape shops.** *Preventive medicine reports*  
Bowdring, M. A., Leas, E. C., Vishwakarma, M., Schleicher, N. C., Prochaska, J. J., Henriksen, L.  
2023; 35: 102380
- **Beer Googles or Liquid Courage? Alcohol, Attractiveness Perceptions, and Partner Selection Among Males.** *Journal of studies on alcohol and drugs*  
Bowdring, M. A., Sayette, M. A.  
2023
- **Criminogenic Needs and Legal Problem Severity Among Legal System Involved Veterans.** *Military medicine*  
Bowdring, M. A., Macia, K. S., Shaffer, P. M., Smelson, D., Blonigen, D. M.  
2023
- **Acceptability and Utility of a Smartphone App to Support Adolescent Mental Health (BeMe): Program Evaluation Study.** *JMIR mHealth and uHealth*  
Prochaska, J. J., Wang, Y., Bowdring, M. A., Chieng, A., Chaudhary, N. P., Ramo, D. E.  
2023; 11: e47183
- **Real Change or Performative Anti-Racism? Clinical Psychology Programs' Efforts to Recruit and Retain BIPOC Scholars.** *Journal of clinical child and adolescent psychology : the official journal for the Society of Clinical Child and Adolescent Psychology, American Psychological Association, Division 53*  
Galán, C. A., Bowdring, M. A., Tung, I., Sequeira, S. L., Call, C. C., Savell, S., Boness, C. L., Northrup, J.  
2023: 1-16
- **Psychology's Contributions to Anti-Blackness in the United States Within Psychological Research, Criminal Justice, and Mental Health.** *Perspectives on psychological science : a journal of the Association for Psychological Science*  
Auguste, E., Bowdring, M., Kasparek, S. W., McPhee, J., Tabachnick, A. R., Tung, I., Galán, C. A.  
2023: 17456916221141374
- **Interactive associations between abstinence plans and romantic partner conflict and support with cigarette smoking** *Drug and Alcohol Dependence*  
Bowdring, M. A., Loftus, P., Wang, S. D., Pang, R. D., Kirkpatrick, M. G.  
2023
- **Combating the Conspiracy of Silence: Clinician Recommendations for Talking About Racism-Related Events With Youth of Color.** *Journal of the American Academy of Child and Adolescent Psychiatry*  
Galán, C. A., Tung, I., Tabachnick, A. R., Sequeira, S. L., Novacek, D. M., Kahhale, I., Jamal-Orozco, N., Gonzalez, J. C., Bowdring, M. A., Boness, C. L., Bekele, B. M.  
2022; 61 (5): 586-590
- **The effect of alcohol on mood among males drinking with a platonic friend** *ALCOHOLISM-CLINICAL AND EXPERIMENTAL RESEARCH*  
Bowdring, M. A., Sayette, M. A.  
2021
- **In the Eye of the Beholder: A Comprehensive Analysis of Stimulus Type, Perceiver, and Target in Physical Attractiveness Perceptions** *JOURNAL OF NONVERBAL BEHAVIOR*  
Bowdring, M. A., Sayette, M. A., Girard, J. M., Woods, W. C.  
2021; 45 (2): 241-259

- **Editorial: A Call to Action for an Antiracist Clinical Science** *JOURNAL OF CLINICAL CHILD AND ADOLESCENT PSYCHOLOGY*  
Galan, C. A., Bekele, B., Boness, C., Bowdring, M., Call, C., Hails, K., McPhee, J., Mendes, S., Moses, J., Northrup, J., Rupert, P., Savell, S., Sequeira, et al  
2021; 50 (1): 12-57
- **Pleasant olfactory cues can reduce cigarette craving.** *Journal of Abnormal Psychology*  
Sayette, M. A., Marchetti, M. A., Herz, R. S., Martin, L. M., Bowdring, M. A.  
2019; 128 (4)
- **Using Placebo Beverages in Group Alcohol Studies** *ALCOHOLISM-CLINICAL AND EXPERIMENTAL RESEARCH*  
Bowdring, M. A., Sayette, M. A.  
2018; 42 (12): 2442-2452
- **Perception of physical attractiveness when consuming and not consuming alcohol: a meta-analysis** *ADDICTION*  
Bowdring, M. A., Sayette, M. A.  
2018; 113 (9): 1585-1597
- **Predictors of At-Risk Intoxication in a University Field Setting: Social Anxiety, Demographics, and Intentions** *JOURNAL OF AMERICAN COLLEGE HEALTH*  
Smith, R. C., Bowdring, M. A., Geller, E.  
2015; 63 (2): 134-142