



Yuri Tsutsumi

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

- **Department of Psychiatry**

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Bio

BIO

Dr. Tsutsumi is a licensed clinical psychologist specializing in treating Eating Disorders, OCD, and Anxiety related disorders utilizing Cognitive Behavioral Therapy (CBT), Exposure and Response Prevention (ERP), and Existential-Humanistic interventions. She also works with Sports Medicine treating high-performance athletes at Stanford. She has experience providing treatment in various level of care settings ranging from outpatient, intensive outpatient, partial hospitalization, residential, and inpatient.

Dr. Tsutsumi grew up in Tokyo, Japan where she recognized the scarcity of mental health resources in the country. She plans to bring accessible empirically-supported therapeutic treatments to Japan.

CLINICAL FOCUS

- Eating Disorders
- Obsessive Compulsive Disorder
- Anxiety Disorders
- Clinical Psychology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

PROFESSIONAL EDUCATION

- Fellowship, Department of Psychiatry, School of Medicine, Stanford University Hospital , CA (2022)
- Internship: Amita Alexian Brothers Behavioral Health Hospital (2021) IL
- PhD Training, The Chicago School of Professional Psychology (2021)

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Clinical Psychology

Publications

PUBLICATIONS

- **Augmenting group hoarding disorder treatment with virtual reality discarding: A pilot study in older adults** *Augmenting group hoarding disorder treatment with virtual reality discarding: A pilot study in older adults*
Raila, H.
2023