Stanford

Stephanie Hsiao, MD

Clinical Assistant Professor, Medicine - Cardiovascular Medicine

CLINICAL OFFICE (PRIMARY)

- **Cardiovascular Medicine**

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Bio

BIO

Dr. Stephanie Hsiao is a clinical assistant professor at Stanford Medicine and a full-time advanced heart failure/transplant cardiologist at the Palo Alto VA. She is the associate program director of the Stanford Cardiology Fellowship and the site director of Palo Alto VA. She grew up in Taipei, Taiwan. She attended undergraduate at UC Berkeley and obtained her Master's degree in Pharmacology at Cambridge University in the UK. She obtained her M.D. from UC San Francisco. She completed her Internal Medicine residency and General Cardiology fellowship at the California Pacific Medical Center in San Francisco, where she served as the chief resident and chief cardiology fellow. She completed her advanced heart failure/transplant cardiology fellowship at Stanford in June 2022 and joined the Stanford Faculty soon after. She has a strong interest in medical education and quality improvement. Her clinical interests include HF outreach in the VA health care systems, cardiology fellowship curriculum design/development and humanism in medicine. Her research interests include multi-organ transplantations, advanced HF therapies for the underserved and CardioPalliative integration. She plans to lead a career in medical education and quality improvement to deliver exceptional and equitable care for patients needing advanced HF therapies.

CLINICAL FOCUS

- Advanced Heart Failure and Transplant Cardiology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Cardiovascular Medicine

PROFESSIONAL EDUCATION

- Board Certification: Advanced Heart Failure and Transplant Cardiology, American Board of Internal Medicine (2022)
- Board Certification: Cardiovascular Disease, American Board of Internal Medicine (2021)
- Fellowship: Stanford University Advanced Heart Failure and Transplant Fellowship (2022) CA
- Fellowship: California Pacific Medical Center Dept of Medicine (2021) CA
- Residency: California Pacific Medical Center Dept of Medicine (2018) CA

- Board Certification: Internal Medicine, American Board of Internal Medicine (2017)
- Medical Education: UCSF School of Medicine SF General Hospital (2014) CA

Publications

PUBLICATIONS

- **Cardiac Allograft Vasculopathy in the Era of Precision Medicine: The Role of Biomarkers and Advanced Imaging.** *The Journal of heart and lung transplantation : the official publication of the International Society for Heart Transplantation*
  Kim, J. S., Brashear, T. K., Collins, B., Valantine, H., Khush, K. K., Tapaskar, N., Hsiao, S., Njoroge, J. N.
  2025
- **Fifty-Year Pediatric Heart Transplant Outcomes: A Pediatric-Adult Center Linked Analysis.** *The Journal of heart and lung transplantation : the official publication of the International Society for Heart Transplantation*
  Hollander, S. A., Hsiao, S., Varshney, A. S., Luikart, H., Raissadati, A., Bernstein, D., Ma, M., Wujcik, K., Barkoff, L., Dykes, J., Lee, D., Rosenthal, D. N.
  2025
- **Trends and Innovations in Heart Transplantation: Donor Procurement, Organ Preservation, and Evolving Therapies** *CURRENT TREATMENT OPTIONS IN CARDIOVASCULAR MEDICINE*
  Hsiao, S., Alfaris, I., Varshney, A., Khush, K.
  2025; 27 (1)
- **Recognition of the Large Ambulatory C2D Stage of Advanced Heart Failure-A Call to Action.** *JAMA cardiology*
  Dunlay, S. M., Pinney, S. P., Lala, A., Stewart, G. C., McIlvennan, C., Wong, R. P., Morris, A. A., Pagani, F. D., Allen, L. A., Breathett, K., Cogswell, R., Colvin, M. M., Cowger, et al
  2025
- **Validating the Association Between Composite Metrics of Guideline-Directed Medical Therapy (GDMT) and Clinical Outcomes for Patients with Heart Failure with Reduced Ejection Fraction (HFrEF).** *Journal of cardiac failure*
  Steverson, A., Calma, J., Hsiao, S., Sallam, K., Varshney, A. S., Golbus, J. R., Heidenreich, P. A., Sandhu, A. T.
  2024
- **Uptake of sodium-glucose cotransporter-2 inhibitors in hospitalized patients with heart failure: insights from the veterans affairs healthcare system.** *Journal of cardiac failure*
  Varshney, A. S., Calma, J., Kalwani, N. M., Hsiao, S., Sallam, K., Cao, F., Din, N., Schirmer, J., Bhatt, A. S., Ambrosy, A. P., Heidenreich, P., Sandhu, A. T.
  2024
- **Donor selection for multiorgan transplantation.** *Current opinion in organ transplantation*
  Hsiao, S., Khush, K. K.
  1800; 27 (1): 52-56