Stanford

Shruti Patel, MD

Clinical Assistant Professor, Medicine - Oncology

CLINICAL OFFICE (PRIMARY)

- **Oncology**

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Bio

BIO

Dr. Shruti R. Patel is a board-certified, fellowship-trained medical oncologist at Stanford Health Care. She is also a clinical assistant professor in the Department of Medicine, Division of Oncology at Stanford University School of Medicine.

Dr. Patel specializes in treating gastrointestinal (GI) cancers, including colorectal, pancreatic, stomach, esophageal, and biliary tract cancers. She is dedicated to helping patients make complex treatment decisions and improving access to clinical trials. Her care philosophy centers on clear communication, individualized treatment, and helping patients understand both the science and real-life implications of cancer care.

Dr. Patel's research interests include early-onset GI cancers, fertility preservation approaches, and improving access to novel therapies. She also studies sex- and gender-based differences in cancer outcomes and equity in clinical trials. Dr. Patel has received funding for her research through the Stanford Cancer Institute's Innovation Award.

Dr. Patel's research has been published in many peer-reviewed journals, including Journal of Clinical Oncology, Frontiers in Oncology, Translational Lung Cancer Research, and JAMA Oncology.

Dr. Patel is a member of the American Society of Clinical Oncology (ASCO) and the American Association for Cancer Research (AACR). She is also a board member of the Association of Northern California Oncologists (ANCO).

CLINICAL FOCUS

- Oncology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Oncology

HONORS AND AWARDS

- Student Commencement Speaker, USC Keck School of Medicine
- Senior Medical Resident Educator Award, Mayo Clinic School of Graduate Medical Education
- Member, Gold Humanism Honor Society, USC Keck School of Medicine
- Dr. George Herron Memorial Award, University of Southern California (USC) Keck School of Medicine
- Chief Fellow, Hematology and Oncology, Stanford University School of Medicine
- ACE Award, Mayo Clinic School of Graduate Medical Education

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, AMA (2014 - 2018)
- Member, ASCO (2018 - present)
- Member, AACR (2020 - present)
- Member, ANCO (2021 - present)

PROFESSIONAL EDUCATION

- Board Certification: Oncology, American Board of Internal Medicine (2024)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2021)
- Fellowship: Stanford University Hematology and Oncology Fellowship (2024) CA
- Residency, Mayo Clinic , Internal Medicine Residency (2021)
- Medical Education: Keck USC Medical Center Medical Staff Office CA

Research & Scholarship

CLINICAL TRIALS

- FOG-001 in Locally Advanced or Metastatic Solid Tumors, Recruiting

Publications

PUBLICATIONS

- **Sex Differences in Liver Metastases at Diagnosis Across Early- and Average-Onset Gastrointestinal Adenocarcinomas.** *The oncologist*
  Kirmani, N., Abdusamad, R., Parikh, R. V., Balakrishnan, A., Eng, C., Fisher, G., Patel, S.
  2026
- **Racial disparities in molecular testing among patients with early-onset metastatic pancreatic ductal adenocarcinoma.**
  Kirmani, N., Abdusumad, R., Balakrishnan, A., Trinh, Q., Saptono, C., Patel, S.
  LIPPINCOTT WILLIAMS & WILKINS.2026: e13752
- **Sex-based differences in metastasis among patients with early-onset pancreatic ductal adenocarcinoma.**
  Kirmani, N., Abdusumad, R., Balakrishnan, A., Trinh, Q., Saptono, C., Patel, S.
  LIPPINCOTT WILLIAMS & WILKINS.2026: e16423
- **KRAS Variant Frequency and Colorectal Cancer-Specific Survival by Race and Ethnicity.** *JAMA network open*
  Rodriguez, G. M., Aljehani, M., DePuy, D., Patel, S. R., Fisher, G. A., Lin, A. Y.
  2026; 9 (3): e261585
- **Immunotherapy Efficacy in Mismatch Repair-Proficient Colorectal Cancer Patients With and Without Liver Metastases.** *Journal of clinical oncology : official journal of the American Society of Clinical Oncology*
  Beiter, E. R., Patel, S. R., Chen, C. T.
  2025: JCO2501044

- **Invisible in the Metrics of Academic Oncology.** *JCO oncology practice*
  Patel, S. R., Graff, S. L.
  2025: OP2500283
- **Redefining Available Therapy in Oncology Accelerated Approval Decisions.** *Journal of clinical oncology : official journal of the American Society of Clinical Oncology*
  Patel, S. R., Ramachandran, M., Ai, A., Chen, C. T.
  2024: JCO2400892
- **Lung Cancer in Women: The Past, Present, and Future.** *Clinical lung cancer*
  Florez, N., Kiel, L., Riano, I., Patel, S., DeCarli, K., Dhawan, N., Franco, I., Odai-Afotey, A., Meza, K., Swami, N., Patel, J., Sequist, L. V.
  2023
- **Small Cell Lung Cancer: Emerging Targets and Strategies for Precision Therapy.** *Cancers*
  Patel, S. R., Das, M.
  2023; 15 (16)
- **Adjuvant osimertinib for resected EGFR-mutated non-small cell lung cancer: a game-changer?** *Translational lung cancer research*
  Patel, S. R., Neal, J. W.
  2023; 12 (7): 1631-1635
- **Enhancing Patient Retention in Clinical Trials-Strategies for Success.** *JAMA oncology*
  Idossa, D., Patel, S., Florez, N.
  2023
- **Adjuvant osimertinib for resected EGFR-mutated non-small cell lung cancer: a game-changer?** *TRANSLATIONAL LUNG CANCER RESEARCH*
  Patel, S. R., Neal, J. W.
  2023
- **What is your preferred language? Evaluating equal access to oncology clinical studies for non-English-speaking participants**
  Idossa, D., Manana, A., Horiguchi, M., Suero-Abreu, G., Franco, I., Borrero, M., Patel, S., Dhawan, N., Florez, N.
  LIPPINCOTT WILLIAMS & WILKINS.2023
- **What is your preferred language? Evaluating equal access to oncology clinical studies for non-English-speaking participants.**
  Idossa, D., Velazquez Manana, A. I., Horiguchi, M., Suero-Abreu, G., Franco, I., Borrero, M., Patel, S., Dhawan, N., Florez, N.
  LIPPINCOTT WILLIAMS & WILKINS.2023
- **Race/Ethnicity and Gender Representation in Hematology and Oncology Editorial Boards: What is the State of Diversity?** *The oncologist*
  Patel, S. R., Riano, I., Abuali, I., Ai, A., Geiger, G., Pimienta, J., Ramirez Roggio, A., Dhawan, N., Dizman, N., Lizette Salinas, A., Pomares-Millan, H., Florez, N.
  2023
- **Disparities in cancer care-A call to action.** *Cancer cell*
  Abuali, I., Patel, S., Kiel, L., Meza, K., Florez, N.
  2023; 41 (1): 1-4
- **Inequity in care delivery in cardio-oncology: dissecting disparities in underrepresented populations.** *Frontiers in oncology*
  Patel, S. R., Suero-Abreu, G. A., Ai, A., Ramachandran, M. K., Meza, K., Florez, N.
  2023; 13: 1124447
- **Optimal timing and interval of imaging for metastatic breast cancer.**
  Patel, S., Itakura, H., Sledge, G. W.
  LIPPINCOTT WILLIAMS & WILKINS.2022
- **Clinicopathological characteristics and prognostic significance of HDAC11 protein expression in non-small cell lung cancer: a retrospective study.** *Translational lung cancer research*
  Lu, D., Ma, Z., Huang, D., Zhang, J., Li, J., Zhi, P., Zhang, L., Feng, Y., Ge, X., Zhai, J., Jiang, M., Zhou, X., Simone, et al
  2022; 11 (6): 1119-1131

- **Disparities in Cardio-Oncology Care in the Hispanic/Latinx Population.** *JCO oncology practice*
  Suero-Abreu, G. A., Patel, S., Duma, N.
  2022; 18 (5): 404-409

- **N-Terminal Pro Brain Natriuretic Peptide, sST2, and Galectin-3 Levels in Breast Cancer Survivors.** *Journal of clinical medicine*
  Patel, S. R., Herrmann, J., Vierkant, R. A., Olson, J. E., Couch, F. J., Hazim, A., Sloan, J. A., Loprinzi, C. L., Ruddy, K. J.
  2021; 10 (15)

- **The Matilda Effect: Underrecognition of Women in Hematology and Oncology Awards** *ONCOLOGIST*
  Patel, S. R., St. Pierre, F., Velazquez, A. I., Ananth, S., Durani, U., Anampa-Guzman, A., Castillo, K., Dhawan, N., Oxentenko, A. S., Duma, N.
  2021

- **Evidence to Date: Evaluating Pembrolizumab in the Treatment of Extensive-Stage Small-Cell Lung Cancer.** *Clinics and practice*
  Riano, I., Patel, S. R., Liu, S. V., Duma, N.
  2021; 11 (3): 441-454

- **Stress, Resilience, and Coping of Healthcare Workers during the COVID-19 Pandemic.** *Journal of primary care & community health*
  Croghan, I. T., Chesak, S. S., Adusumalli, J., Fischer, K. M., Beck, E. W., Patel, S. R., Ghosh, K., Schroeder, D. R., Bhagra, A.
  2021; 12: 21501327211008448

- **Metastatic Colon Cancer Presenting With Immune-mediated Necrotizing Myopathy.** *Clinical colorectal cancer*
  Patel, S. R., Saliba, A. N., Steel, S., Liewluck, T., Mahipal, A.
  2021; 20 (1): e71-e73

- **57-Year-Old Woman With Weakness and Word-Finding Difficulties.** *Mayo Clinic proceedings*
  Patel, S., Sanborn, D., Issa, M.
  2021; 96 (2): 473-477

- **Cardiovascular Health during and after Cancer Therapy.** *Cancers*
  Ruddy, K. J., Patel, S. R., Higgins, A. S., Armenian, S. H., Herrmann, J.
  2020; 12 (12)

- **An integrated and intergenerational community response to promote holistic wellbeing during the COVID-19 pandemic.** *Explore (New York, N.Y.)*
  Bhagra, O., Patel, S. R., Chon, T. Y.
  2020; 16 (5): 283-285

- **The Matilda effect: Under-representation of women in hematology and oncology awards.**
  Patel, S. R., St-Pierre, F., Manana, A., Ananth, S., Durani, U., Anampa-Guzman, A., Castillo, K., Dhawan, N., Ruddy, K., Oxentenko, A. S., Duma, N.
  LIPPINCOTT WILLIAMS & WILKINS.2020

- **Peripheral endothelial function changes during HER2-directed therapy differ based on whether or not a patient receives anthracycline.**
  Hazim, A., Nhola, L. F., Villarraga, H. R., Patel, S. R., Sandhu, N., Lerman, A., Loprinzi, C. L., Ruddy, K., Herrmann, J.
  LIPPINCOTT WILLIAMS & WILKINS.2020

- **Osimertinib-Induced Cardiomyopathy.** *JACC. Case reports*
  Patel, S. R., Brown, S. N., Kubusek, J. E., Mansfield, A. S., Duma, N.
  2020; 2 (4): 641-645

- **Onset, duration, and clinical impact of immune-related adverse events in Hodgkin lymphoma**
  Higgins, A., Richter, M. D., Patel, S., McCullough, K., Habermann, T., Ansell, S. M., Thompson, C. A., Bennani, N., Thanarajasingam, U., Thanarajasingam, G.
  AMER SOC CLINICAL ONCOLOGY.2020

- **Novel Prognostic Factors in Resected Small Bowel Adenocarcinoma.** *Clinical colorectal cancer*
  Huffman, B. M., Jin, Z., Yadav, S., Patel, S., Nagorney, D. M., Truty, M. J., McWilliams, R. R., Halfdanarson, T. R., Mahipal, A.
  2019; 18 (3): 218-225

- **Validation of lymphocyte to monocyte ratio in resected small bowel adenocarcinoma as a predictor of survival**
  Huffman, B. M., Jin, Z., Yadav, S., Patel, S., Mahipal, A., Halfdanarson, T.

AMER SOC CLINICAL ONCOLOGY.2019

- **Lymphocyte-to-monocyte ratio and neutrophil-to-lymphocyte ratio independently predict survival in resected small bowel adenocarcinoma.**
  Huffman, B. M., Patel, S., Yadav, S., Jin, Z., Mahipal, A.
  AMER SOC CLINICAL ONCOLOGY.2019