

Stanford



Katharine Edwards

Clinical Assistant Professor, Medicine - Cardiovascular Medicine

 Curriculum Vitae available Online

CLINICAL OFFICES

- **Women's Heart Health**

300 Pasteur Dr Rm H2103

MC 5218

Stanford, CA 94305

Tel (650) 723-4064 **Fax** (650) 724-1444

- **Stanford South Asian Translational Heart Initiative**

3260 Alpine Rd

Portola Valley, CA 94028

Tel (650) 498-5646 **Fax** (650) 498-2710

Bio

BIO

Dr. Edwards is a graduate of the University of Houston and Stanford University. She completed her clinical internship and postdoctoral fellowship at the Palo Alto VA Medical Center, specializing in Behavioral Medicine. She is a cognitive behavioral therapist with experience in mindfulness-based interventions (e.g. ACT, MBSR) and training in biofeedback.

CLINICAL FOCUS

- Behavioral Medicine
- Psychology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Cardiovascular Medicine
- Member, Cardiovascular Institute

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Medical Advisory Board, SCAD Alliance (2016 - present)
- Medical Advisory Board, Cardiac Therapy Foundation of the Midpeninsula (2013 - present)

PROFESSIONAL EDUCATION

- Board Certification: Biofeedback, Biofeedback Certification International Alliance
- Fellowship, VA Palo Alto Health Care System , Behavioral Medicine (2009)
- Internship, VA Palo Alto Health Care System , Behavioral Medicine (2008)

- Ph.D., University of Houston , Clinical Psychology (2008)

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Potential impact of brief behavioral interventions to improve adjustment, coping, medical adherence, and cardiovascular health among cardiac patients.

Psychosocial challenges of patients with spontaneous coronary artery dissection (SCAD).

Assessment and training in evidence-based psychological therapies.

CLINICAL TRIALS

- Angiographic and Psychosocial Evaluation of Peripartum vs. Non: SCAD, Recruiting

Publications

PUBLICATIONS

- **Heart Rate Variability Markers as Correlates of Survival in Recipients of Hematopoietic Cell Transplantation** *Oncology nursing forum*
Scheiber, C. n., Johnston, L. n., Packer, M. n., Gevirtz, R. n., Edwards, K. S., Palesh, O. n.
2018; 45 (2): 250–59
- **Group Telephone Consultation After Online Self-Administered Training: Acceptability and Feasibility** *TRAINING AND EDUCATION IN PROFESSIONAL PSYCHOLOGY*
Edwards, K. S., Rosen, R. C., Smith, L. D., Garvert, D. W., Graham, B. C., Hoyman, L. C., Humphrey, S., Ruzek, J. I.
2017; 11 (3): 198–206
- **Anxiety Sensitivity or Interoceptive Sensitivity An Analysis of Feared Bodily Sensations** *EUROPEAN JOURNAL OF PSYCHOLOGICAL ASSESSMENT*
Norton, P. J., Edwards, K.
2017; 33 (1): 30–37
- **Interdisciplinary psychosocial care for families with inherited cardiovascular diseases.** *Trends in cardiovascular medicine*
Caleshu, C., Kasparian, N. A., Edwards, K. S., Yeates, L., Semsarian, C., Perez, M., Ashley, E., Turner, C. J., Knowles, J. W., Ingles, J.
2016; 26 (7): 647-653
- **A Standardized Patient Methodology to Assess Cognitive-Behavioral Therapy (CBT) Skills Performance: Development and Testing in a Randomized Controlled Trial of Web-Based Training** *TRAINING AND EDUCATION IN PROFESSIONAL PSYCHOLOGY*
Edwards, K. S., Parish, S. J., Rosen, R. C., Garvert, D. W., Spangler, S. L., Ruzek, J. I.
2016; 10 (3): 149-156
- **Online Self-Administered Training of PTSD Treatment Providers in Cognitive-Behavioral Intervention Skills: Results of a Randomized Controlled Trial** *JOURNAL OF TRAUMATIC STRESS*
Ruzek, J. I., Rosen, R. C., Garvert, D. W., Smith, L. D., Sears, K. C., Marceau, L., Harty, B., Stoddard, A. M.
2014; 27 (6): 703-711