


## Katharine Sears Edwards

Clinical Assistant Professor, Medicine - Cardiovascular Medicine

 Curriculum Vitae available Online

### CLINICAL OFFICE (PRIMARY)

- **Consultative Cardiology and Womens Heart Health Clinic**

300 Pasteur Dr Rm A260

MC 5319

Stanford, CA 94305

**Tel** (650) 723-6459

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### Bio

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#### BIO

Dr. Edwards is a graduate of the University of Houston and Stanford University. She completed her clinical internship and postdoctoral fellowship at the Palo Alto VA Medical Center, specializing in Behavioral Medicine. She is a cognitive behavioral therapist with experience in mindfulness-based interventions (e.g. ACT, MBSR) and she is board certified in biofeedback.

#### CLINICAL FOCUS

- Behavioral Medicine
- Cardiology
- Clinical Psychology

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Cardiovascular Medicine
- Member, Cardiovascular Institute

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Board Member, American Heart Association Bay Area Board of Directors (2022 - present)
- Medical Advisory Board, SCAD Alliance (2016 - present)
- Medical Advisory Board, Cardiac Therapy Foundation of the Midpeninsula (2013 - present)

#### PROFESSIONAL EDUCATION

- Board Certification: Biofeedback, Biofeedback Certification International Alliance
- Fellowship, VA Palo Alto Health Care System , Behavioral Medicine (2009)
- Internship, VA Palo Alto Health Care System , Behavioral Medicine (2008)
- Ph.D., University of Houston , Clinical Psychology (2008)

## Research & Scholarship

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### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Potential impact of brief behavioral interventions to improve adjustment, coping, medical adherence, and cardiovascular health among cardiac patients.

Psychosocial challenges of patients with spontaneous coronary artery dissection (SCAD).

Assessment and training in evidence-based psychological therapies.

### CLINICAL TRIALS

- Angiographic and Psychosocial Evaluation of Peripartum vs. Non: SCAD, Recruiting

## Publications

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### PUBLICATIONS

- **Heart Rate Variability Markers as Correlates of Survival in Recipients of Hematopoietic Cell Transplantation** *Oncology nursing forum*  
Scheiber, C. n., Johnston, L. n., Packer, M. n., Gevirtz, R. n., Edwards, K. S., Palesh, O. n.  
2018; 45 (2): 250–59
- **Group Telephone Consultation After Online Self-Administered Training: Acceptability and Feasibility** *TRAINING AND EDUCATION IN PROFESSIONAL PSYCHOLOGY*  
Edwards, K. S., Rosen, R. C., Smith, L. D., Garvert, D. W., Graham, B. C., Hoyman, L. C., Humphrey, S., Ruzek, J. I.  
2017; 11 (3): 198–206
- **Anxiety Sensitivity or Interoceptive Sensitivity An Analysis of Feared Bodily Sensations** *EUROPEAN JOURNAL OF PSYCHOLOGICAL ASSESSMENT*  
Norton, P. J., Edwards, K.  
2017; 33 (1): 30–37
- **Interdisciplinary psychosocial care for families with inherited cardiovascular diseases.** *Trends in cardiovascular medicine*  
Caleshu, C., Kasparian, N. A., Edwards, K. S., Yeates, L., Semsarian, C., Perez, M., Ashley, E., Turner, C. J., Knowles, J. W., Ingles, J.  
2016; 26 (7): 647-653
- **A Standardized Patient Methodology to Assess Cognitive-Behavioral Therapy (CBT) Skills Performance: Development and Testing in a Randomized Controlled Trial of Web-Based Training** *TRAINING AND EDUCATION IN PROFESSIONAL PSYCHOLOGY*  
Edwards, K. S., Parish, S. J., Rosen, R. C., Garvert, D. W., Spangler, S. L., Ruzek, J. I.  
2016; 10 (3): 149-156
- **Online Self-Administered Training of PTSD Treatment Providers in Cognitive-Behavioral Intervention Skills: Results of a Randomized Controlled Trial** *JOURNAL OF TRAUMATIC STRESS*  
Ruzek, J. I., Rosen, R. C., Garvert, D. W., Smith, L. D., Sears, K. C., Marceau, L., Harty, B., Stoddard, A. M.  
2014; 27 (6): 703-711