



Cesar Raudel Padilla

Clinical Associate Professor, Anesthesiology, Perioperative and Pain Medicine

CLINICAL OFFICE (PRIMARY)

- **Anesthesia**

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Bio

BIO

Dr. Cesar Padilla is a first-generation Mexican American from Northern California. His parents emigrated from the Mexican state of Jalisco, settling in the East Bay Area (Union City) in the 1970s, where they worked in local factories. Cesar would spend every summer of his childhood in Mexico, where his passion and inspiration for becoming a doctor was ignited. After high school, he attended Ohlone Community College in Fremont where he heard about and attended Stanford University's Minority Medical Alliance conference at age 19, inspiring him to pursue medicine. Dr. Padilla is now double fellowship trained from Harvard Medical School in critical care medicine and obstetric anesthesiology, with additional training in critical care echocardiography. His research interests include critical care in obstetrics and addressing inequities in maternal/obstetric care. Dr. Padilla also serves as the Chief Medical Education Advisor for Alliance in Mentorship/MiMentor, a non-profit organization with a mission of mentoring underrepresented students interested in medicine and is the Co-Chair of the inaugural Council of Anesthesiology for the National Hispanic Medical Association. Dr. Padilla is currently a clinical assistant professor at Stanford and hopes to connect, teach, and inspire the next generation of students pursuing medicine.

CLINICAL FOCUS

- Obstetric Anesthesia
- Echocardiography
- Anesthesia

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Anesthesiology, Perioperative and Pain Medicine
- Member, Maternal & Child Health Research Institute (MCHRI)

HONORS AND AWARDS

- Distinguished Visiting Scholar, Pfeiffer Foundation (2022)
- Hispanic Center of Excellence (HCOE) Faculty Fellowship, US Department of Health and Human Services (2021)
- Anesthesiologist of the year, Department of Regional Anesthesiology, Cleveland Clinic (2020)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Co-Chair, Council of Anesthesiology, National Hispanic Medical Association (2021 - present)
- Chief Medical Education Advisor, Alliance in Mentorship/MiMentor (2020 - present)

PROFESSIONAL EDUCATION

- Board Certification: Critical Care Echocardiography, National Board of Echocardiography (2021)
- Fellowship: Brigham and Women's Hospital Anesthesiology Fellowships (2017) MA
- Board Certification: Anesthesia, American Board of Anesthesiology (2019)
- Board Certification: Critical Care Medicine, American Board of Anesthesiology (2019)
- Fellowship: Brigham and Women's Hospital Harvard Medical School (2018) MA
- Residency: Cedars Sinai Medical Center (2016) CA
- Medical Education: University of Rochester School of Medicine and Dentistry (2012) NY

COMMUNITY AND INTERNATIONAL WORK

- YouTube and Stanford Medicine Spanish medical education videos

LINKS

- Diversity in Medicine: <https://whyy.org/episodes/what-will-it-take-to-diversify-medicine/>
- Spanish Epidural Education Video: https://www.youtube.com/watch?v=JRfFRJwr_Qs&t=2s

Teaching

COURSES

2023-24

- Ethnicity and Medicine: ANES 121, ANES 221 (Aut)
- Medical Spanish: INDE 274 (Spr)

2022-23

- Medical Spanish: INDE 274 (Spr)

Publications

PUBLICATIONS

- **Critical Care in Placenta Accreta Spectrum Disorders-A Call to Action.** *American journal of perinatology*
Padilla, C. R., Shamshirsaz, A. A., Easter, S. R., Hess, P., Smith, C., El Sharawi, N., Sandlin, A. T.
2023; 40 (9): 988-995
- **Causes of health inequities.** *Current opinion in anaesthesiology*
Lee, A., Padilla, C.
2022; 35 (3): 278-284
- **Critical care in obstetrics.** *Best practice & research. Clinical anaesthesiology*
Padilla, C. R., Shamshirsaz, A.
2022; 36 (1): 209-225
- **Placenta Accreta Spectrum Disorders: Knowledge Gaps in Anesthesia Care.** *Anesthesia and analgesia*
Warrick, C. M., Markley, J. C., Farber, M. K., Balki, M., Katz, D., Hess, P. E., Padilla, C., Waters, J. H., Weiniger, C. F., Butwick, A. J.
1800

PRESENTATIONS

- From the Aztec Empire to Present Day: An Anthropologic View of Maternal Health in the Indigenous and Present- Day Hispanic Population - American Medical Student Association (October 2021)