



Maja Pedersen

Postdoctoral Scholar, SCRDP/ Heart Disease Prevention

Bio

BIO

Maja Pedersen, PhD, is a postdoctoral research fellow at the Stanford Prevention Research Center. Dr. Pedersen's research is focused on three inter-related themes; (1) utilizing community-based approaches to improve understanding of individual, social, and environmental determinants of and barriers to physical activity; (2) adapting and implementing lifestyle interventions with diverse older adults; and (3) exploring relationships between physical activity, outdoor spaces, and well-being. She is currently a National Cancer Institute K00 Fellow, using community-based approaches and implementation science to increase physical activity and address health equity among rural Native American older adults.

HONORS AND AWARDS

- NIH Loan Repayment Award (NCI Health Disparities Research), National Institutes of Health (2021-2023)
- Delta Omega Honorary Society in Public Health Inductee, University of Montana (2021)
- Walking College Fellow, AmericaWalks (2021)
- Bertha Morton Scholar, University of Montana (2020)
- PEO Scholar Award, P.E.O. International (2019)
- Summer School Fellow, International Behavioural Trials Network, University of Quebec, Montreal, Quebec (2018)
- Student Leaders in Public Health Award, Rocky Mountain Public Health Training Center (2017)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, The Gerontological Society of America (2019 - present)
- Member, Society of Behavioral Medicine (2016 - present)

STANFORD ADVISORS

- Abby King, Postdoctoral Research Mentor
- Abby King, Postdoctoral Faculty Sponsor

COMMUNITY AND INTERNATIONAL WORK

- U.S. Sports Diplomacy Delegate - Peru, Lima and Arequipa, Peru
- U.S. Fulbright Research Scholar Award, Trondheim, Norway

Publications

PUBLICATIONS

- **Physical Activity Intervention Adaptation: Recommendations from Rural American Indian Older Adults.** *Prevention science : the official journal of the Society for Prevention Research*
Pedersen, M., Harris, K. J., Brown, B., Grant, M., Kleinmeyer, C., Glass, A., Graham, N., King, D. K.
1800
- **Exploring Personal, Relational, and Collective Experiences and Mentorship Connections That Enhance or Inhibit Professional Development and Career Advancement of Native American Faculty in STEM Fields: A Qualitative Study** *JOURNAL OF DIVERSITY IN HIGHER EDUCATION*
Brown, B., Pedersen, M., Harrington, J., Belcourt, A., Windchief, S., Thomas, A., Kills, R., Conroy-Ben, O., Brodt, E., Chief, K., Hoagland, S., Johnson-Jennings, M., Lewis, et al
2022
- **Uplifting the voices of rural American Indian older adults to improve understanding of physical activity behavior.** *Translational behavioral medicine*
Pedersen, M., Harris, K. J., Lewis, J., Grant, M., Kleinmeyer, C., Glass, A., Graham, N., Brown, B., King, D.
2021
- **A Systematic Review of Interventions to Increase Physical Activity Among American Indian and Alaska Native Older Adults.** *The Gerontologist*
Pedersen, M., Harris, K. J., Brown, B., Anderson, K., Lewis, J. P.
2021
- **Building Capacity to Increase Health Promotion Funding to American Indian Communities: Recommendations From Community Members** *HEALTH PROMOTION PRACTICE*
Pedersen, M., Held, S., Brown, B.
2016; 17 (6): 907-914
- **Group Gardening in a Native American Community: A Collaborative Approach.** *Health promotion practice*
Brown, B., Dybdal, L., Noonan, C., Pedersen, M. G., Parker, M., Corcoran, M.
2020; 21 (4): 611-623
- **Community Readiness Model for Prevention Planning: Addressing Childhood Obesity in American Indian Reservation Communities** *JOURNAL OF RACIAL AND ETHNIC HEALTH DISPARITIES*
Harris, K., Brown, B., Shankle, L., Tryon, M., Pedersen, M., Panarella, S., Swaney, G.
2019; 6 (6): 1144-1156
- **The safety of tai chi: A meta-analysis of adverse events in randomized controlled trials** *CONTEMPORARY CLINICAL TRIALS*
Cui, H., Wang, Q., Pedersen, M., Wang, Q., Lv, S., James, D., Larkey, L.
2019; 82: 85-92
- **Rural Parent Support of Child Health Behavior in the Home Environment: A Qualitative Study on an American Indian Reservation.** *Global pediatric health*
Pedersen, M., Brown, B., Harris, K., France, S., Tryon, M., Cooksley, A.
2019; 6: 2333794X19847451
- **Qigong/Tai Chi Easy for fatigue in breast cancer survivors: Rationale and design of a randomized clinical trial** *CONTEMPORARY CLINICAL TRIALS*
Larkey, L., Huberty, J., Pedersen, M., Weihs, K.
2016; 50: 222-228