

Stanford



Rachel Ellen Chan Seay

Clinical Associate Professor, Obstetrics & Gynecology - General

CLINICAL OFFICES

- **Stanford Obstetrics and Gynecology**

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Bio

BIO

My clinical focus is the care of people across the age spectrum from adolescence to menopause. I attend to both Obstetric and benign Gynecologic needs in both ambulatory and hospital settings. I strive to provide a holistic approach to consultations for full-scope benign Gyn medical and surgical problems. In my practice of clinical medicine, I strongly value the role of education across all levels, including medical staff, students, resident physicians, patients and their families. I emphasize effective communication, professionalism, and inclusive patient-centered care.

I am actively involved in national and international programs that focus on teaching medical students, residents and faculty. Since completing my residency training, I have worked regularly in international low-resource settings. I have served as Visiting Clinical Faculty in Thomonde, Haiti; at Hospital Nacional Juan Jose Ortega in Coatepeque, Guatemala; and at Orotta School of Medicine in Asmara, Eritrea. I have completed emergency OBGYN field assignments as a clinical consultant for Médecins Sans Frontières/Doctors Without Borders (MSF) in Sierra Leone and South Sudan. I work as a consultant for an academic partnership with the University of Colorado School of Public Health to train local traditional birth attendants, and have developed a long-term partnership to augment the local OBGYN residency program in Coatepeque in the southwest Trifinio region of Guatemala. I was the 2015 Research Fellow in the History of American Ob/Gyn at the American College of Obstetricians and Gynecologists in Washington DC, where my research focused on the evolution of the management of postpartum hemorrhage in the US from 1903-1940.

My ongoing scholarly activity focuses on methods of incorporating the study of the history of medicine into strategies to decrease maternal mortality, and designing medical education curricula in global health for trainees from high-resources settings, and adapting and supporting medical education curricula for trainees in low-resource settings.

CLINICAL FOCUS

- Obstetrics and Gynecology
- Gynecologic Surgery
- Abnormal Uterine Bleeding

- Uterine Fibroids
- Primary/Preventative Care
- Cervical Cancer Prevention
- Obstetrical Care & Lactation Support
- Family Planning & Contraception
- Menstrual Migraine and Hormonally-triggered Headache Management

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Obstetrics & Gynecology - General

ADMINISTRATIVE APPOINTMENTS

- Clinical Associate Professor, Stanford University School of Medicine, (2020- present)
- Director, OBGYN Core Clerkship, Stanford University School of Medicine, (2020- present)
- OBGYN Specialty Advisor, Stanford University School of Medicine, (2020- present)

HONORS AND AWARDS

- Excellence in Teaching and Mentorship Award, OBGYN Residency Program, The Johns Hopkins University School of Medicine (2019)
- Excellence in Teaching Award, Association of Professors of Gynecology & Obstetrics (APGO) (2019)
- Gold-Level Healthcare Provider, Maryland Breastfeeding Coalition (2017)
- Outstanding Ambulatory Educator, Johns Hopkins University School of Medicine (2016)
- Osler Attending in OBGYN, Johns Hopkins University School of Medicine (2016)
- Invited Member, Gold Humanism Honor Society (2013)

PROFESSIONAL EDUCATION

- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2016)
- Research Fellow, American College of Obstetricians and Gynecologists, Washington DC , History of American OBGYN (2015)
- Residency: George Washington University Medical Ctr OB/Gyn Residency (2013) DC
- Medical Education: University of Colorado School of Medicine (2009) CO

COMMUNITY AND INTERNATIONAL WORK

- Global Outreach - Mobile Obstetrics Medical Simulation (GOMOMS), Guatemala
- Doctors Without Borders (MSF), Sierra Leone
- Doctors Without Borders (MSF), South Sudan
- Suzuki Association of the Americas
- Bay Area Montessori Association

PATENTS

- Rachel Chan Seay. "United States Patent WIPO International Patent WO/2020/081692 Treatment of Hemorrhage with a Reusable Device", Apr 23, 2020

Teaching

COURSES

2020-21

- Obstetrics and Gynecologic Skills Simulation: OBGYN 222 (Win)