

## Aaron Keith Salyapongse

Clinical Associate Professor, Orthopaedic Surgery

### CLINICAL OFFICES

- **Stanford Orthopedic Surgery at Pleasanton**

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### ACADEMIC CONTACT INFORMATION

- **Alternate Contact**

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### Bio

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#### BIO

Dr. Salyapongse is a board-certified, fellowship-trained orthopaedic surgeon. He is the medical director of Interventional Services, medical director of Joint Replacement, and chief of Orthopaedics for Stanford Health Care–ValleyCare. He is also a clinical associate professor at Stanford University School of Medicine.

Dr. Salyapongse performs the full range of orthopaedic surgery procedures to treat injuries and conditions related to the hip and knee. He has extensive training and experience in the diagnosis and use of advanced treatment techniques for disorders of the hip and knee, including meniscus tears, arthritis, avascular necrosis, and post-traumatic injuries.

Dr. Salyapongse does hundreds of knee and hip replacements annually. His goal with each patient is to help them recover quickly and safely, with durable, long-lasting joint replacements as a result. He specializes in tissuesparing techniques, including an anterior approach to hip replacement.

Dr. Salyapongse is a certified instructor of anterior hip replacement. He has performed more than 2,000 procedures and traveled nationwide to teach it to other surgeons. Anterior hip replacement offers the potential for faster recovery, as it involves a small incision that presents less of a disruption to the muscles. Dr. Salyapongse also specializes in techniques such as Anterior PATH, or percutaneous assisted total hip replacements.

For knee replacements, Dr. Salyapongse uses a variety of techniques, including robotic surgery. He also specializes in partial knee replacements for patients who may be experiencing arthritis in a localized area but who might not be ready for a full replacement. Partial replacements enable patients to have a faster recovery and a more natural feeling knee post-surgery.

Dr. Salyapongse welcomes referrals from specialists as well as primary care physicians. He sees patients at every stage of their care journey, but especially when their situation has progressed beyond interim interventions like physical therapy or injections. He views each of his patients as an individual with a unique set of goals and tailors each treatment plan to fit their specific needs. While Dr. Salyapongse will help patients first explore the alternatives, he may recommend surgery once activities of daily living (like sleep, work, or gait pattern) have been impacted.

In an effort to make outpatient care more accessible, Dr. Salyapongse has helped to pioneer the use of digital technology to prepare patients before, during, and after hip and knee surgery. His passion is to improve patient engagement and thus outcomes by letting patients know what they can expect at every stage of their care journey.

Dr. Salyapongse has co-authored articles on a variety of topics related to techniques, technologies, and outcomes in joint replacement surgery. His work has appeared in the American Journal of Orthopaedics, Journal of Arthroplasty, Current Sports Medicine Reports, and other publications.

He has made presentations on hip and knee replacement planning and surgery at meetings such as the American Association of Hip and Knee Surgeons, American Academy of Orthopaedic Surgeons, and Western Orthopaedic Association.

Dr. Salyapongse has won honors for his work, such as a Physician Champion Award for outstanding patient care. He is a member of the American Academy of Hip and Knee Surgeons and the American Academy of Orthopaedic Surgeons.

### **CLINICAL FOCUS**

- Orthopaedic Surgery

### **ACADEMIC APPOINTMENTS**

- Clinical Associate Professor, Orthopaedic Surgery

### **PROFESSIONAL EDUCATION**

- Board Certification: Orthopaedic Surgery, American Board of Orthopaedic Surgery (2011)
- Fellowship: New England Baptist Hospital Orthopaedic Surgery Training (2007) MA
- Residency: St Marys Medical Center Orthopedic Residency (2006) CA
- Medical Education: St Louis University School of Medicine (2001) MO