



## Shawna Follis

Postdoctoral Research Fellow, SCRDP/ Heart Disease Prevention

### Bio

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#### BIO

Shawna Follis, PhD, MS, is a postdoctoral research fellow at the Stanford Prevention Research Center. Dr. Follis is a social epidemiologist researching social determinants of health, race/ethnic health disparities, body composition, and aging.

#### HONORS AND AWARDS

- Aetna Award for Excellence in Research on Older Women and Public Health, American Public Health Association (October 2020)

#### PROFESSIONAL EDUCATION

- Doctor of Philosophy, University of Arizona (2020)
- Master of Science, Purdue University (2014)
- Bachelor of Arts, Indiana-Purdue University, Fort Wayne (2012)

### Publications

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#### PUBLICATIONS

- **The intersectional role of social stress in fracture risk: results from the Women's Health Initiative.** *Journal of epidemiology and community health*  
Follis, S., Klimentidis, Y. C., Bea, J., Hu, C., Garcia, D., Wactawski-Wende, J., Kohler, L., Shadyab, A. H., Flores, M., Tindle, H. A., Chen, Z.  
2021
- **Comparison of Wearable Sensor to Traditional Methods in Functional Outcome Measures: A Systematic Review.** *Journal of orthopaedic research : official publication of the Orthopaedic Research Society*  
Follis, S., Chen, Z., Mishra, S., Howe, C. L., Toosizadeh, N., Dohm, M.  
2020
- **Psychosocial stress and bone loss among postmenopausal women: results from the Women's Health Initiative** *JOURNAL OF EPIDEMIOLOGY AND COMMUNITY HEALTH*  
Follis, S. L., Bea, J., Klimentidis, Y., Hu, C., Crandall, C. J., Garcia, D. O., Shadyab, A. H., Nassir, R., Chen, Z.  
2019; 73 (9): 888–92
- **Reply to Effects of Hormone Replacement Therapy on Sarcopenia: Is It Real?** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*  
Follis, S., Bea, J. W., Cauley, J. A., Shadyab, A. H., Cook, A., Chen, Z.  
2019; 67 (6): 1298–99
- **Association Between Sarcopenic Obesity and Falls in a Multiethnic Cohort of Postmenopausal Women** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*  
Follis, S., Cook, A., Bea, J. W., Going, S. B., Laddu, D., Cauley, J. A., Shadyab, A. H., Stefanick, M. L., Chen, Z.  
2018; 66 (12): 2314–20

- **Association Between Sarcopenic Obesity and Falls in a Multiethnic Cohort of Postmenopausal Women.** *Journal of the American Geriatrics Society*  
Follis, S., Cook, A., Bea, J. W., Going, S. B., Laddu, D., Cauley, J. A., Shadyab, A. H., Stefanick, M. L., Chen, Z.  
2018