

# Stanford

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## Farzana Tabitha Saleem

Assistant Professor of Education  
Graduate School of Education

### CONTACT INFORMATION

- **Administrative Support**

Chris Cobb - Administrative Assistant

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### Bio

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#### BIO

Dr. Saleem is an Assistant Professor in the Graduate School of Education at Stanford University. She earned her PhD in Clinical-Community Psychology from the George Washington University and completed an APA accredited internship, with a specialization in trauma, at Children's Hospital Los Angeles. Dr. Saleem's research examines the influence of racial stressors and culturally relevant practices on the psychological health, academic success, and well-being of Black adolescents and other youth of color. Dr. Saleem uses a strengths-focused and community-based lens in her research to study contextual nuance in the process and benefits of ethnic-racial socialization. She also explores factors in the family, school, and community contexts that can help youth manage the consequences of racial stress and trauma. Her current studies examine the utilization and benefits of ethnic-racial socialization across the school ecology. Dr. Saleem uses her research in each of these areas to inform the development and adaptation of programs and school-based interventions focused on managing racial stressors, eradicating mental health and academic racial disparities, and promoting resilience among historically marginalized and racially diverse children and adolescents. Dr. Saleem is a visiting scholar to the American Psychological Association RESilience Initiative and serves in other positions focused on inclusion, equity and social justice. Prior to coming to Stanford, Dr. Saleem was a Ford Foundation Postdoctoral Fellow and a University of California Chancellor's Postdoctoral Fellow at the University of California Los Angeles in the Graduate School of Education and Information Studies and the Semel Institute for Neuroscience and Human Behavior, with affiliation in the Ralph J. Bunche Center for African American Studies.

#### ACADEMIC APPOINTMENTS

- Assistant Professor, Graduate School of Education

#### PROFESSIONAL EDUCATION

- PhD, George Washington University , Clinical-Community Psychology
- B.A., Georgia State University , Psychology

### Research & Scholarship

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#### RESEARCH INTERESTS

- Adolescence
- Child Development
- Diversity and Identity

- Equity in Education
- Parents and Family Issues
- Psychology
- Race and Ethnicity

## Teaching

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### COURSES

#### 2022-23

- African American Child and Adolescent Mental Health: An Ecological Approach: CSRE 372, EDUC 372, PSYCH 261 (Spr)
- Community Engaged Psychology and Education Field Experience: EDUC 461, PSYCH 161 (Win)

#### 2021-22

- African American Child and Adolescent Mental Health: An Ecological Approach: CSRE 372, EDUC 372, PSYCH 261 (Spr)
- Community Engaged Psychology and Education Field Experience: EDUC 461 (Spr)

#### 2020-21

- African American Child and Adolescent Mental Health: An Ecological Approach: EDUC 372 (Spr)

### STANFORD ADVISEES

#### Doctoral (Program)

Javier Omar

## Publications

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### PUBLICATIONS

- **Examining school ethnic-racial socialization in the link between race-related stress and academic well-being among African American and Latinx adolescents.** *Journal of school psychology*  
Saleem, F., Legette, K. B., Byrd, C. M.  
2022; 91: 97-111
- **Resilience and Family Socialization Processes in Ethnic Minority Youth: Illuminating the Achievement-Health Paradox.** *Clinical child and family psychology review*  
Doan, S. N., Yu, S. H., Wright, B., Fung, J., Saleem, F., Lau, A. S.  
2022
- **Ethnic-Racial Socialization as a Moderator of Associations Between Discrimination and Psychosocial Well-Being Among African American and Caribbean Black Adolescents** *CULTURAL DIVERSITY & ETHNIC MINORITY PSYCHOLOGY*  
Saleem, F., Lambert, S., Rose, T.  
2022
- **Unpacking school ethnic-racial socialization: A new conceptual model** *JOURNAL OF SOCIAL ISSUES*  
Saleem, F. T., Byrd, C. M.  
2021; 77 (4): 1106-1125
- **Understanding and addressing racial stress and trauma in schools: A pathway toward resistance and healing** *PSYCHOLOGY IN THE SCHOOLS*  
Saleem, F. T., Howard, T. C., Langley, A. K.  
2021
- **Interrupting the Pathway From Discrimination to Black Adolescents' Psychosocial Outcomes: The Contribution of Parental Racial Worries and Racial Socialization Competency.** *Child development*  
Anderson, R. E., Jones, S. C., Saleem, F. T., Metzger, I., Anyiwo, N., Nisbeth, K. S., Bess, K. D., Resnicow, K., Stevenson, H. C.  
2021