Stanford

Jade Shorter, MD, MSHP

Clinical Associate Professor, Obstetrics & Gynecology

CLINICAL OFFICE (PRIMARY)

- **Stanford Gynecology Clinic**
  900 Blake Wilbur Dr
  Garden Level
  Palo Alto, CA 94304
  Tel (650) 725-6079 **Fax** (650) 723-6046

Bio

BIO

Jade M. Shorter, MD, MSHP, is a Clinical Associate Professor of Obstetrics and Gynecology and Complex Family Planning at Stanford University School of Medicine. She serves as the Medical Director of Ambulatory Gynecology, Associate Division Director of Gynecology and Gynecologic Specialties, and Director of Stanford's Early Pregnancy Clinic. Dr. Shorter specializes in early pregnancy care, miscarriage management, pregnancy of unknown location, ectopic pregnancy, contraception, and office-based ultrasound. She is committed to providing compassionate, evidence-based care that supports patients through complex reproductive health decisions and periods of uncertainty.

An internationally recognized expert in early pregnancy care and pregnancy loss, Dr. Shorter co-chaired the Early Pregnancy Assessment Clinics Special Interest Group for the Society of Family Planning for five years and has mentored physicians and junior faculty across the United States in developing Early Pregnancy Assessment Clinics at their own institutions. Her scholarly work focuses on early pregnancy complications, reproductive health equity, and patient-centered approaches to care, and she has been invited to present her work at national and international conferences. Dr. Shorter's work is dedicated to improving and expanding access to high-quality early pregnancy care and advancing patient-centered models that improve outcomes and experiences for patients with early pregnancy complications.

CLINICAL FOCUS

- Early Pregnancy Loss
- Contraception
- Complex Family Planning

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Obstetrics & Gynecology
- Member, Maternal & Child Health Research Institute (MCHRI)

ADMINISTRATIVE APPOINTMENTS

- Director, Early Pregnancy Clinic, Stanford University, Department of Obstetrics and Gynecology, (2020- present)
- Associate Division Chief, Gynecology & Gynecologic Specialties, Stanford University, Department of Obstetrics and Gynecology, (2025- present)
- Medical Director, Ambulatory Gynecology, Stanford University, Department of Obstetrics and Gynecology, (2025- present)

HONORS AND AWARDS

- Nominated, Faculty Women's Forum Inspiring Early Academic Career Award, Office of Faculty Development, Diversity and Engagement, Stanford University School of Medicine (2023)
- Nominated, Henry J. Kaiser Family Foundation Award for Excellence in Clinical Teaching, Henry J. Kaiser Family Foundation (2022)
- Outstanding Stanford Faculty Professor, Department of Obstetrics and Gynecology, Stanford University School of Medicine (2024)
- Excellence in Teaching Award, Association of Professors of Gynecology and Obstetrics (2023)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Business of Medicine Committee, Society of Family Planning (2025 - present)
- Member, Society of Family Planning (2018 - present)
- Co-Chair, Early Pregnancy Assessment Clinic Special Interest Group, Society of Family Planning (2020 - 2025)
- Member, American College of Obstetrics and Gynecology (2018 - present)

PROFESSIONAL EDUCATION

- Board Certification: Complex Family Planning, American Board of Obstetrics and Gynecology (2023)
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2022)
- Fellowship: Penn Medicine Family Planning Fellowship (2020) PA
- MSHP, University of Pennsylvania , Master of Science in Health Policy (2020)
- Residency: Boston University Medical Ctr Obstetrics and Gynecology Residency (2018)
- Medical Education: University of California Davis School of Medicine (2014) CA

Publications

PUBLICATIONS

- **Cabergoline for Lactation Inhibition After Early Second-Trimester Abortion or Pregnancy Loss: A Randomized Controlled Trial.** *Obstetrics and gynecology*
  Henkel, A., Cahill, E. P., Chavez, S., Shorter, J. M., Amaya, S. I., Kaur, S., Soltani, A., Caron, J., Crowe, S., Williams, Z., Mastey, N., Lyell, D. J., Shaw, et al
  2026; 147 (2): 277-284

- **Assessment of pregnancy intentions in emergency department patients with pregnancy of unknown location.** *BMJ sexual & reproductive health*
  Doyle, A. A., Beshar, I., Henkel, A., Preiksaitis, C., Nief, C. A., Veliz Dominguez, L., Padron, E., Liu, S. M., Shorter, J. M.
  2026

- **The role of office-based ultrasound in family planning practice.** *Current opinion in obstetrics & gynecology*
  Caron, J., Shorter, J. M.
  2025

- **Transcutaneous electrical nerve stimulation (TENS) for pain control during first-trimester procedural abortion: a blinded randomized controlled trial.** *Contraception*
  Henkel, A., Cahill, E. P., Chavez, S., Shorter, J. M., Liu, S. M., Amaya, S. I., Kaur, S., Shaw, K. A.
  2025: 110955

- **Comparing Transcervical Balloon with Osmotic Dilators for Cervical Preparation Prior to Procedural Abortion: a Non-Inferiority Randomized Trial.** *Contraception*
  Liu, S. M., Henkel, A., Meza, P., Shorter, J. M., Cahill, E., Blumenthal, P. D., Shaw, K. A.
  2024: 110550
- **Risk Factors Associated With Being Lost to Follow-up Among Patients With Pregnancy of Unknown Location**
  Beshar, I., Doyle, A. A., Henkel, A., Padron, E., Liu, S., Shorter, J.
  LIPPINCOTT WILLIAMS & WILKINS.2024: 13S
- **Early Pregnancy Assessment Clinics: Expanding Patient-Centered and Equitable Early Pregnancy Care** *CURRENT OBSTETRICS AND GYNECOLOGY REPORTS*
  Amaya, S., Shorter, J.
  2023
- **Pregnancy options counseling.** *Current opinion in obstetrics & gynecology*
  Owens, S. N., Shorter, J. M.
  2022
- **The burden of the Risk Evaluation and Mitigation Strategy (REMS) on providers and patients experiencing early pregnancy loss: a commentary.** *Contraception*
  Flynn, A. N., Shorter, J. M., Roe, A. H., Sonalkar, S., Schreiber, C. A.
  2021
- **Early pregnancy care in North America: a proposal for high-value care that can level health disparities.** *Contraception*
  Shorter, J. M., Pymar, H. n., Prager, S. n., McAllister, A. n., Schreiber, C. A.
  2021
- **Racial Disparities in Mental Health Outcomes Among Women With Early Pregnancy Loss.** *Obstetrics and gynecology*
  Shorter, J. M., Koelper, N., Sonalkar, S., Oquendo, M. A., Sammel, M. D., Schreiber, C. A.
  2020
- **Opioid prescription for pain after osmotic dilator placement in abortion care: a randomized controlled trial.** *Contraception*
  Nagendra, D., Sonalkar, S., Schurr, D., McAllister, A., Roe, A. H., Shorter, J. M., Sammel, M. D., Schreiber, C. A.
  2020
- **Recent Advances in the Medical Management of Early Pregnancy Loss** *CURRENT OBSTETRICS AND GYNECOLOGY REPORTS*
  Shorter, J. M., Schreiber, C. A., Sonalkar, S.
  2020; 9 (2): 60–65
- **Gestational Trophoblastic Neoplasia After Human Chorionic Gonadotropin Normalization Following Molar Pregnancy: A Systematic Review and Meta-analysis.** *Obstetrics and gynecology*
  Albright, B. B., Shorter, J. M., Mastroyannis, S. A., Ko, E. M., Schreiber, C. A., Sonalkar, S. n.
  2020; 135 (1): 12–23
- **Prioritizing Desiredness in Pregnancy of Unknown Location: An Algorithm for Patient-Centered Care.** *Obstetrics and gynecology*
  Flynn, A. N., Schreiber, C. A., Roe, A. n., Shorter, J. M., Frarey, A. n., Barnhart, K. n., Sonalkar, S. n.
  2020
- **In Reply.** *Obstetrics and gynecology*
  Albright, B. B., Shorter, J. M., Mastroyannis, S. A., Ko, E. M., Schreiber, C. A., Sonalkar, S. n.
  2020; 135 (5): 1226–27
- **Management of early pregnancy loss, with a focus on patient centered care.** *Seminars in perinatology*
  Shorter, J. M., Atrio, J. M., Schreiber, C. A.
  2019; 43 (2): 84-94
- **Second-trimester surgical abortion practices in the United States.** *Contraception*
  White, K. O., Jones, H. E., Shorter, J., Norman, W. V., Guilbert, E., Lichtenberg, E. S., Paul, M.
  2018

- **Quality Improvement: Changing Patterns of Antibiotic Prophylaxis for Surgical Abortion.** *Journal for healthcare quality : official publication of the National Association for Healthcare Quality*
  Muramoto, O. T., Calfee, A. L., Shorter, J. M., Creinin, M. D., Hou, M. Y.
  2016; 39 (5): e79-e83