

Stanford



Kate Shaw

Clinical Associate Professor, Obstetrics & Gynecology

CLINICAL OFFICES

- **Gynecology Clinic**

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Palo Alto, CA 94304

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Bio

BIO

Dr. Shaw specializes in general gynecology, family planning, contraception and early pregnancy management. She is involved with medical education and serves as the Residency Program Director and Associate Chair of Education for Obstetrics and Gynecology. Her clinical research is aimed at improving patient experiences and access to comprehensive reproductive health care. Dr. Shaw is an advocate for her patients and women's health both locally and abroad and partners with each patient to best provide the individualized care that suits their life and goals.

CLINICAL FOCUS

- Family Planning
- Contraception
- Obstetrics and Gynecology
- Global Health
- LGBTQ
- Menopause

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Obstetrics & Gynecology
- Member, Maternal & Child Health Research Institute (MCHRI)

ADMINISTRATIVE APPOINTMENTS

- Associate Chair of Education, Stanford University, Department of Obstetrics and Gynecology, (2019- present)
- Residency Program Director, Stanford University, Department of Obstetrics and Gynecology, (2016- present)
- Associate Director, Division of Gynecology, Stanford University, Department of Obstetrics and Gynecology, (2017-2019)
- Associate Director, Division of Family Planning Services and Research, Stanford University Department of Obstetrics and Gynecology, (2013- present)
- Director for Ambulatory Care for Gynecology, Stanford University, Department of Obstetrics and Gynecology, (2015-2017)
- Associate Residency Director, Stanford University, Department of Obstetrics and Gynecology, (2013-2016)

- Assistant Director for Ambulatory Care for Gynecology, Stanford University, Department of Obstetrics and Gynecology, (2013-2015)

HONORS AND AWARDS

- Outstanding Stanford Faculty Professor in Ob|Gyn, Stanford University Department of Ob|Gyn, Awarded by Ob|Gyn Residents (2018)
- Outstanding Faculty Professor in Gynecology, Stanford University Department of Ob|Gyn, Awarded by Ob|Gyn Residents (2015)
- Excellence in Teaching by a Clinical Fellow, Stanford University Department of Ob|Gyn, Awarded by Ob|Gyn Residents (2013)
- Intern Teaching Award, OHSU Department of Ob|Gyn, Second year resident elected by intern class for excellence in teaching (2009)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Elected Member, Fellowship in Family Planning National Advisory Board (2018 - present)
- Invited Panel Member, Maternal Child Health Research Institute, Trainee Grant Review Panel (2018 - present)
- Full Fellow, Society of Family Planning (2016 - present)
- Fellow, American College of Obstetrics and Gynecology (2015 - present)
- Member, Arthur Gold Humanism Honor Society (2007)
- Member, Alpha Omega Alpha Honor Medical Society (2006)

PROFESSIONAL EDUCATION

- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2015)
- Fellowship: Stanford School of Medicine (2013) CA
- MS, Stanford School of Medicine , Epidemiology and Clinical Research (2013)
- Residency: Oregon Health Science University (2011) OR
- Medical Education: Albany Medical Center (2007) NY

COMMUNITY AND INTERNATIONAL WORK

- SPIRES

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My research interests include expanding access to and improving patient experience with contraception and abortion care both domestically and globally. I am also interested in medical education and resilience among physicians and trainees.

CLINICAL TRIALS

- Labor and Delivery Implant Insertion: A Randomized Controlled Trial, Not Recruiting

Publications

PUBLICATIONS

- **Improving contraceptive choice for military servicewomen: better provision serves both women and deployment planning** *BMJ SEXUAL & REPRODUCTIVE HEALTH*
Shaw, J. G., Shaw, K. A.
2019; 45 (2): 86–87
- **Self-Administered Vaginal Lidocaine Gel for Pain Management with Intrauterine Device Insertion: A Blinded, Randomized Controlled Trial.** *American journal of obstetrics and gynecology*
Conti, J. A., Lerma, K., Schneyer, R., Hastings, C. V., Blumenthal, P. D., Shaw, K. A.
2018

- **Advances in the management of early pregnancy loss.** *Current opinion in obstetrics & gynecology*
Henkel, A., Shaw, K. A.
2018
- **Long-Acting Reversible Contraceptive Placement Among Active-Duty U.S. Army Servicewomen.** *Obstetrics and gynecology*
Erickson, A. K., Nelson, D. A., Shaw, J. G., Loftus, P. D., Kurina, L. M., Shaw, K. A.
2017; 129 (5): 800-809
- **Update on second-trimester surgical abortion.** *Current opinion in obstetrics & gynecology*
Shaw, K. A., Lerma, K.
2016; 28 (6): 510-516
- **Self-Administered Lidocaine Gel for Pain Control With First-Trimester Surgical Abortion: A Randomized Controlled Trial.** *Obstetrics and gynecology*
Conti, J. A., Lerma, K., Shaw, K. A., Blumenthal, P. D.
2016; 128 (2): 297-303
- **Assessment of a simplified insertion technique for intrauterine devices** *INTERNATIONAL JOURNAL OF GYNECOLOGY & OBSTETRICS*
Christenson, K., Lerma, K., Shaw, K. A., Blumenthal, P. D.
2016; 134 (1): 29-32
- **Immediate postpartum provision of long-acting reversible contraception.** *Current opinion in obstetrics & gynecology*
Goldthwaite, L. M., Shaw, K. A.
2015; 27 (6): 460-464
- **Update on long-acting reversible methods.** *Current opinion in obstetrics & gynecology*
Conti, J., Shaw, K.
2015; 27 (6): 471-475
- **Adjunct mifepristone for cervical preparation prior to dilation and evacuation: a randomized trial** *CONTRACEPTION*
Shaw, K. A., Shaw, J. G., Hugin, M., Velasquez, G., Hopkins, F. W., Blumenthal, P. D.
2015; 91 (4): 313-319
- **In reply.** *Obstetrics and gynecology*
Shaw, J. G., Asch, S. M., Frayne, S. M., Phibbs, C. S., Kimerling, R., Shaw, K. A.
2015; 125 (4): 989-?
- **Posttraumatic Stress Disorder and Risk of Spontaneous Preterm Birth** *OBSTETRICS AND GYNECOLOGY*
Shaw, J. G., Asch, S. M., Kimerling, R., Frayne, S. M., Shaw, K. A., Phibbs, C. S.
2014; 124 (6): 1111-1119
- **Ensuring human rights in the provision of contraceptive information and services: Guidance and recommendations**
Shaw (Contributor), K.
World Health Organization.2014
- **Effect of a combined estrogen and progesterone oral contraceptive on circulating adipocytokines adiponectin, resistin and DLK-1 in normal and obese female rhesus monkeys.** *Contraception*
Shaw, K. A., Hennebold, J. D., Edelman, A. B.
2013; 88 (1): 177-182
- **Mifepristone-Misoprostol Dosing Interval and Effect on Induction Abortion Times A Systematic Review** *OBSTETRICS AND GYNECOLOGY*
Shaw, K. A., Topp, N. J., Shaw, J. G., Blumenthal, P. D.
2013; 121 (6): 1335-1347
- **Obesity and oral contraceptives: A clinician's guide** *BEST PRACTICE & RESEARCH CLINICAL ENDOCRINOLOGY & METABOLISM*
Shaw, K. A., Edelman, A. B.
2013; 27 (1): 55-65
- **The Unmet Need for Family Planning** *Around the Globe for Women's Health: A Practical Guide for the Health Care Provider*
Atrio, J. M., Shaw, K. A., Blumenthal, P. D.
Springer.2013; 2013th

- **Obesity Epidemic: How to Make a Difference in a Busy OB/GYN Practice** *OBSTETRICAL & GYNECOLOGICAL SURVEY*
Shaw, K. A., Caughey, A. B., Edelman, A. B.
2012; 67 (6): 365-373
- **Trends in Postpartum Uptake of Long-Acting Reversible Contraception Between 2012 and 2016**
Noon, B., Lerma, K., Kharsa, Z., Shaw, K.
LIPPINCOTT WILLIAMS & WILKINS.2019: 32S
- **Barriers to Completing Second-trimester Antenatal Screening: A Retrospective Cohort Study**
Beshar, I., Henkel, A., Cahill, E., Josh, Y., Shaw, K.
LIPPINCOTT WILLIAMS & WILKINS.2019: 25S
- **Self-administered lidocaine gel for local anesthesia prior to osmotic dilator placement: a randomized trial** *CONTRACEPTION*
Schivone, G. B., Lerma, K., Montgomery, C., Wright, P., Conti, J. A., Blumenthal, P. D., Shaw, K. A.
2019; 99 (3): 148–51
- **Improving contraceptive choice for military servicewomen: better provision serves both women and deployment planning.** *BMJ sexual & reproductive health*
Shaw, J. G., Shaw, K. A.
2019; 45 (2): 86–87
- **Self-administered lidocaine gel for local anesthesia prior to osmotic dilator placement: a randomized trial.** *Contraception*
Schivone, G. B., Lerma, K., Montgomery, C., Wright, P., Conti, J. A., Blumenthal, P. D., Shaw, K. A.
2018
- **Selection of Higher Risk Pregnancies into Veterans Health Administration Programs: Discoveries from Linked Department of Veterans Affairs and California Birth Data.** *Health services research*
Shaw, J. G., Joyce, V. R., Schmitt, S. K., Frayne, S. M., Shaw, K. A., Danielsen, B., Kimerling, R., Asch, S. M., Phibbs, C. S.
2018
- **Deployment and Preterm Birth Among United States Army Soldiers** *American Journal of Epidemiology*
Shaw, J. G., Nelson, D. A., Shaw, K. A., Woolaway-Bickel, K., Phibbs, C. S., Kurina, L. M.
2018: 687–95
- **Deployment and Preterm Birth Among US Army Soldiers.** *American journal of epidemiology*
Shaw, J. G., Nelson, D. A., Shaw, K. A., Woolaway-Bickel, K., Phibbs, C. S., Kurina, L. M.
2018; 187 (4): 687–95
- **Update on second trimester medical abortion** *CURRENT OPINION IN OBSTETRICS & GYNECOLOGY*
Lerma, K., Shaw, K. A.
2017; 29 (6): 413–18
- **Contraception in US servicewomen: emerging knowledge, considerations, and needs** *CURRENT OPINION IN OBSTETRICS & GYNECOLOGY*
Harrington, L. A., Shaw, K. A., Shaw, J. G.
2017; 29 (6): 431–36
- **Contraceptive counseling in reproductive-aged women treated for breast cancer at a tertiary care institution: a retrospective analysis** *CONTRACEPTION*
Johansen, S. L., Lerma, K., Shaw, K. A.
2017; 96 (4): 248–53
- **Post-traumatic Stress Disorder and Antepartum Complications: a Novel Risk Factor for Gestational Diabetes and Preeclampsia** *PAEDIATRIC AND PERINATAL EPIDEMIOLOGY*
Shaw, J. G., Asch, S. M., Katon, J. G., Shaw, K. A., Kimerling, R., Frayne, S. M., Phibbs, C. S.
2017; 31 (3): 185-194
- **Contraceptive Practices of Women With Complex Congenital Heart Disease.** *American journal of cardiology*
Miner, P. D., Canobbio, M. M., Pearson, D. D., Schlater, M., Balon, Y., Junge, K. J., Bhatt, A., Barber, D., Nickolaus, M. J., Kovacs, A. H., Moons, P., Shaw, K., Fernandes, et al
2017; 119 (6): 911-915

- **Posttraumatic stress disorder and risk of spontaneous preterm birth.** *Obstetrics and gynecology*
Shaw, J. G., Asch, S. M., Kimerling, R., Frayne, S. M., Shaw, K. A., Phibbs, C. S.
2014; 124 (6): 1111-1119