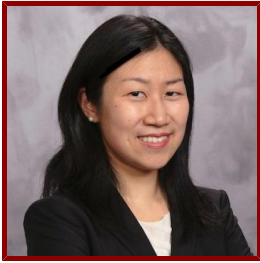


Stanford



Julia Chang

Clinical Assistant Professor, Medicine - Endocrinology, Gerontology, & Metabolism

Bio

BIO

Dr. Julia Chang is a clinical assistant professor in the Division of Endocrinology, Metabolism, and Gerontology at Stanford University. She completed her MD degree at Case Western Reserve University School of Medicine and completed her internal medicine residency and endocrinology fellowship at Stanford. During her residency, she created a resident task force to improve the LGBT health curricula for internal medicine residents and was recognized by her peers for outstanding clinical judgment as the recipient of the Clinical Decision-Making Award. As a fellow, she was elected as a house staff representative for the Stanford Graduate Medical Education Committee. Her clinical interests are in transgender medicine and pituitary disorders.

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Endocrinology, Gerontology, & Metabolism

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, World Professional Association for Transgender Health (2021 - present)
- Member, Endocrine Society (2019 - present)

PROFESSIONAL EDUCATION

- Fellowship, Stanford University School of Medicine , Endocrinology (2021)
- Residency, Stanford University School of Medicine , Internal Medicine (2019)
- MD, Case Western Reserve University School of Medicine (2016)
- BS, Yale University , Biology (2011)

Publications

PUBLICATIONS

- **A RETROSPECTIVE STUDY EXAMINING PHENTERMINE ON PRECONCEPTION WEIGHT LOSS AND PREGNANCY OUTCOMES.** *Endocrine practice : official journal of the American College of Endocrinology and the American Association of Clinical Endocrinologists*
Chang, J. J., Lathi, R. B., Kim, S. H.
2020
- **LIMITED CARBOHYDRATE REFEEDING INSTRUCTION FOR LONG-TERM WEIGHT MAINTENANCE FOLLOWING A KETOGENIC, VERY-LOW-CALORIE MEAL PLAN.** *Endocrine practice*
Chang, J. J., Bena, J., Kannan, S., Kim, J., Burguera, B., Kashyap, S. R.
2017
- **A Student-Led Introduction to Lesbian, Gay, Bisexual, and Transgender Health for First-Year Medical Students** *FAMILY MEDICINE*
Grosz, A. M., Gutierrez, D., Lui, A. A., Chang, J. J., Cole-Kelly, K., Ng, H.

2017; 49 (1): 52-56

- **The protein-sparing modified fast for obese patients with type 2 diabetes: what to expect.** *Cleveland Clinic journal of medicine*
Chang, J., Kashyap, S. R.
2014; 81 (9): 557-565