

## Robert Matano

Assistant Professor of Psychiatry and Behavioral Sciences at the Stanford University Medical Center, Emeritus

### Bio

---

#### ACADEMIC APPOINTMENTS

- Emeritus Faculty-Med Ctr Line, Psychiatry and Behavioral Sciences

### Publications

---

#### PUBLICATIONS

- **A pilot study of an interactive web site in the workplace for reducing alcohol consumption** *64th Annual Meeting of the American-Psychosomatic-Society*  
Matano, R. A., Koopman, C., Wanat, S. F., Winzelberg, A. J., Whitsell, S. D., Westrup, D., Futa, K., Clayton, J. B., Mussman, L., Taylor, C. B.  
PERGAMON-ELSEVIER SCIENCE LTD.2007: 71-80
- **Assessment of binge drinking of alcohol in highly educated employees** *ADDICTIVE BEHAVIORS*  
Matano, R. A., Koopman, C., Wanat, S. F., Whitsell, S. D., Borggreffe, A., Westrup, D.  
2003; 28 (7): 1299-1310
- **Relationships of alcohol use, stress, avoidance coping, and other factors with mental health in a highly educated workforce** *AMERICAN JOURNAL OF HEALTH PROMOTION*  
Koopman, C., Wanat, S. F., Whitsell, S., Westrup, D., Matano, R. A.  
2003; 17 (4): 259-268
- **Prevalence of alcohol and drug use in a highly educated workforce** *JOURNAL OF BEHAVIORAL HEALTH SERVICES & RESEARCH*  
Matano, R. A., Wanat, S. F., Westrup, D., Koopman, C., Whitsell, S. D.  
2002; 29 (1): 30-44
- **The Employee Stress and Alcohol Project: The development of a computer-based alcohol abuse prevention program for employees** *JOURNAL OF BEHAVIORAL HEALTH SERVICES & RESEARCH*  
Matano, R. A., Futa, K. T., Wanat, S. F., MUSSMAN, L. M., Leung, C. W.  
2000; 27 (2): 152-165
- **Addiction is a treatable disease, not a moral failing - Commentary** *WESTERN JOURNAL OF MEDICINE*  
Matano, R. A., Wanat, S. F.  
2000; 172 (1): 63-63
- **PERSONALITY-DISORDER SCALES AS PREDICTORS OF INTERPERSONAL PROBLEMS OF ALCOHOLICS** *JOURNAL OF PERSONALITY DISORDERS*  
Matano, R. A., Locke, K. D.  
1995; 9 (1): 62-67
- **Personality Disorder Scales as Predictors of Interpersonal Problems of Alcoholics** *Journal of Personality Disorders*  
Robert A. Matano, Kenneth D. Locke  
1995; 9 (1): 62-67
- **Personality Disorder Scales as Predictors of Interpersonal Problems of Alcoholics** *Journal of Personality Disorders*  
Robert A. Matano, Kenneth D. Locke  
1995; 9 (1): 62-67

- **MCCI PERSONALITY SUBTYPES FOR MALE AND FEMALE ALCOHOLICS** *JOURNAL OF PERSONALITY ASSESSMENT*  
Matano, R. A., Locke, K. D., Schwartz, K.  
1994; 63 (2): 250-264
- **APPROACHES TO CHEMICAL DEPENDENCY - CHEMICAL DEPENDENCY AND INTERACTIVE GROUP-THERAPY - A SYNTHESIS** *INTERNATIONAL JOURNAL OF GROUP PSYCHOTHERAPY*  
Matano, R. A., YALOM, I. D.  
1991; 41 (3): 269-293