

Stanford

Anahid Hekmat

Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Stanford Center for Sleep Sciences and Medicine

CLINICAL OFFICES

- **Sleep Disorders Clinic**

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Bio

CLINICAL FOCUS

- Sleep Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Stanford Center for Sleep Sciences and Medicine

PROFESSIONAL EDUCATION

- Board Certification: Sleep Medicine, American Board of Psychiatry and Neurology (2015)
- Fellowship: Stanford University Sleep Medicine Fellowship (2014) CA
- Board Certification: Clinical Neurophysiology, American Board of Psychiatry and Neurology (2013)
- Fellowship: Rush University Clinical Neurophysiology Fellowship (2012) IL
- Board Certification: Neurology, American Board of Psychiatry and Neurology (2011)
- Residency: Rush University Medical Center Neurology Residency (2011) IL
- Internship: University of Arkansas Internal Medicine (2009) AR
- Medical Education: Shahid Beheshti University of Medical Sciences (2003) Iran

Publications

PUBLICATIONS

- **Five-Minute Awake Snoring Test for Determining CPAP Pressures (Five-Minute CPAP Test): A Pilot Study** *Sleep Disorders*
Camacho, M., Ruoff, C. M., Kawai, M., Modi, R., Arbee, J., Hekmat, A., Robertson, M., Zaghi, S., Certal, V., Capasso, R., Kushida, C. A.
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