

Stanford



Anahid Hekmat

Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Sleep Medicine

CLINICAL OFFICES

- **Sleep Disorders Clinic**

450 Broadway Ave

Pavilion B 2nd Fl MC 5730

Redwood City, CA 94063

Tel (650) 723-6601 **Fax** (650) 320-9943

825 Pollard Rd Ste 100

Los Gatos, CA 95032

Tel (408) 866-3927 **Fax** (408) 866-3843

- **El Camino Hospital**

2490 Hospital Dr Ste 212

Mountain View, CA 94040

Tel (650) 962-4536 **Fax** (408) 866-3843

Bio

CLINICAL FOCUS

- Sleep Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Sleep Medicine

PROFESSIONAL EDUCATION

- Board Certification: Sleep Medicine, American Board of Psychiatry and Neurology (2015)
- Fellowship: Stanford University Sleep Medicine Fellowship (2014) CA
- Board Certification: Clinical Neurophysiology, American Board of Psychiatry and Neurology (2013)
- Fellowship: Rush University Clinical Neurophysiology Fellowship (2012) IL
- Board Certification: Neurology, American Board of Psychiatry and Neurology (2011)
- Residency: Rush University Medical Center Neurology Residency (2011) IL
- Internship: University of Arkansas Internal Medicine (2009) AR
- Medical Education: Shahid Beheshti University of Medical Sciences (2003) Iran

Publications

PUBLICATIONS

- **Ambulatory Detection of Isolated Rapid-Eye-Movement Sleep Behavior Disorder Combining Actigraphy and Questionnaire.** *Movement disorders : official journal of the Movement Disorder Society*
Brink-Kjaer, A., Gupta, N., Marin, E., Zitser, J., Sum-Ping, O., Hekmat, A., Bueno, F., Cahuas, A., Langston, J., Jennum, P., Sorensen, H. B., Mignot, E., During, et al
2022
- **SLEEP-RELATED HICCUPS: A CASE REPORT OF ANTIDEPRESSANT ASSOCIATED HYPNIC JERKS**
Mah, C., West, L., Hekmat, A.
OXFORD UNIV PRESS INC.2022: A350
- **AT-HOME DETECTION OF REM SLEEP BEHAVIOR DISORDER USING A MACHINE LEARNING APPROACH AND WRIST ACTIGRAPHY**
Brink-Kjaer, A., Gupta, N., Marin, E., Zitser, J., Sum-Ping, O., Hekmat, A., Bueno, F., Cahuas, A., Jennum, P., Sorensen, H., Mignot, E., During, E.
OXFORD UNIV PRESS INC.2022: A243-A244
- **Five-Minute Awake Snoring Test for Determining CPAP Pressures (Five-Minute CPAP Test): A Pilot Study** *Sleep Disorders*
Camacho, M., Ruoff, C. M., Kawai, M., Modi, R., Arbee, J., Hekmat, A., Robertson, M., Zaghi, S., Certal, V., Capasso, R., Kushida, C. A.
2016; 2016: 8