



## Meng Chen, MD

Clinical Assistant Professor, Medicine - Pulmonary, Allergy & Critical Care Medicine

### CLINICAL OFFICES

- **Atherton Allergy, Asthma, and Immunodeficiency Clinic**

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### Bio

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#### BIO

Dr. Chen is a board-certified, fellowship-trained specialist in allergy/immunology and internal medicine. She is a clinical assistant professor in the Department of Internal Medicine, Division of Pulmonary, Allergy, and Critical Care Medicine at Stanford University School of Medicine.

With training in pediatric and adult allergy/immunology, Dr. Chen provides expertise in food allergy, chronic urticaria, and angioedema. She excels at addressing the impact of allergies on quality of life and productivity among the general population.

Driven by a desire to help people and deliver exceptional care, Dr. Chen takes great pride in the effectiveness and efficiency of her services, her attention to detail, and the excellent patient satisfaction scores she earns. She has trained and worked in a broad range of clinical care settings, including private practice, the Veterans Administration, major health systems, and academic medical centers, like Stanford Health Care.

Dr. Chen has extensive research experience, from study start-up to manuscript preparation. She has conducted trials on immunotherapy following administration of omalizumab (Xolair®), the treatment of mast cell disorders, and the ability of milk and egg allergic patients to tolerate different preparations of these foods.

She was principal investigator of a clinical trial studying the efficacy and safety of oral desensitization immunotherapy. She was also the PI of the MAGIC study, researching the efficacy and safety of dupilumab and milk oral immunotherapy for patients with an allergy to cow's milk. In addition, Dr. Chen has served as an investigator on more than a dozen other trials studying new treatment regimens for peanut allergy, cow's milk allergy, and other conditions.

She has presented the findings of her research to the American Academy of Allergy, Asthma, and Immunology Annual Scientific Meeting and other conferences. Dr. Chen has authored numerous scholarly publications on topics including biologic therapy for food allergy, asthma and food allergy, prevention of peanut allergy, and treatment of mast cell disorders.

Her work has appeared in the journals *Pediatric Allergy; the Annals of Allergy, Asthma, and Immunology; JAMA*; and, elsewhere. Dr. Chen co-wrote the chapter on allergic and immunological diseases in the book *Basic Genetics and Epigenetics for the Immunologist and Allergist*. She also co-wrote the chapter on complement deficiencies in the book *Immunodeficiency Handbook*.

Dr. Chen has received honors and awards for her scholarship. She is a member of the American Academy of Allergy, Asthma, and Immunology; the American College of Allergy, Asthma, and Immunology; and, the Allergy, Asthma, and Immunology Foundation of Northern California. She has volunteered her clinical services at homeless shelters in the Bay Area.

## CLINICAL FOCUS

- Allergy and Immunology

## ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Pulmonary, Allergy & Critical Care Medicine

## PROFESSIONAL EDUCATION

- Board Certification: Allergy and Immunology, American Board of Allergy and Immunology (2018)
- Fellowship: UCSD Allergy and Immunology Fellowship (2018) CA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2016)
- Residency: UCLA Medical Center Internal Medicine (2016) CA
- Medical Education: University of California at San Francisco School of Medicine (2013) CA

## Publications

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### PUBLICATIONS

- **Oral immunotherapy for peanut allergy: The pro argument.** *The World Allergy Organization journal*  
Chinthrajah, R. S., Cao, S., Dunham, T., Sampath, V., Chandra, S., Chen, M., Sindher, S., Nadeau, K.  
2020; 13 (8): 100455
- **Radiation recall dermatitis triggered by prednisone.** *Cutis*  
Galant-Swofford, J., Chen, M., Christiansen, S. C.  
2020; 105 (6): E16–E18
- **Conflicting verdicts on peanut OIT from the ICER and FDA Advisory Committee; where do we go from here?** *The Journal of allergy and clinical immunology*  
Eiwegger, T., Anagnostou, K., Arasi, S., Begin, P., Ben-Shoshan, M., Beyer, K., Blumchen, K., Brough, H., Caubet, J., Chan, E. S., Chen, M., Chinthrajah, S., Davis, et al  
2019
- **Analysis of Allergen-Specific T Cell and IgE Reactivity to Different Preparations of Cow's Milk-Containing Food Extracts** *CELLS*  
Chen, M., Sutherland, A., Birrueta, G., Laubach, S., Leonard, S., Peters, B., Schulten, V.  
2019; 8 (7)
- **Acquired Donor Peanut Allergy From Lung Transplantation Resulting in Respiratory Failure: A Case Report** *TRANSPLANTATION PROCEEDINGS*  
Odish, M., Chen, M., Kim, A., Floreth, T.  
2018; 50 (10): 4085–86
- **Mast cell disorders Protean manifestations and treatment responses** *ANNALS OF ALLERGY ASTHMA & IMMUNOLOGY*  
Chen, M., Kim, A., Zuraw, B., Doherty, T. A., Christiansen, S.  
2018; 121 (1): 128–30
- **Marijuana and stoned fruit** *ANNALS OF ALLERGY ASTHMA & IMMUNOLOGY*  
Bhatia, P., Chen, M., Christiansen, S.

2018; 120 (5): 536–37

● **Preventing Peanut Allergy** *PEDIATRIC ALLERGY IMMUNOLOGY AND PULMONOLOGY*

Chen, M., Welch, M., Laubach, S.

2018; 31 (1): 2–8

● **Baked milk and baked egg oral immunotherapy** *IMMUNOTHERAPY*

Chen, M., Land, M.

2017; 9 (15): 1201–4

● **Emerging Therapies in Hereditary Angioedema** *IMMUNOLOGY AND ALLERGY CLINICS OF NORTH AMERICA*

Chen, M., Riedl, M. A.

2017; 37 (3): 585–+

● **The current state of food allergy therapeutics** *HUMAN VACCINES & IMMUNOTHERAPEUTICS*

Chen, M., Land, M.

2017; 13 (10): 2434–42

● **Elevated Lactate Levels in a Non-Critically Ill Patient** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*

Chen, M., Kim, T. Y., Pessegueiro, A. M.

2015; 313 (8): 849–50

● **Voriconazole Antifungal Prophylaxis After Lung Transplantation And Risk Of Squamous Cell Carcinoma Of The Skin**

Kolaitis, N. A., Zhang, A., Lo, M., Barba, D., Chen, M., Soriano, T., Hu, J., Nabili, V., Saggar, R., Ross, D., Belperio, J. A., Saggar, R., Weigt, et al  
AMER THORACIC SOC.2015