

Stanford



Cara Black, MD

- Affiliate, Dean's Office Operations - Dean Other
- Resident in Surgery - Plastic & Reconstructive Surgery

Bio

BIO

Dr. Black was raised in Bucks County, Pennsylvania and completed her undergraduate studies at Bard College where she majored in biology. After college, she joined Teach For America and taught for two years as a 12th grade physics teacher in the South Side of Chicago. Dr. Black then attended medical school at Georgetown University in Washington, DC, where she continued to advocate for kids' education and health on a national level as a White House intern in 2016. During the clinical years of medical school, Dr. Black realized her passion for surgery and was especially fascinated by free flap reconstruction. She therefore spent a dedicated year studying autologous breast reconstruction outcomes and lower extremity microsurgical techniques within the plastic surgery department at Georgetown. During her last year of medical school, Dr. Black did an away rotation at Stanford and was attracted to the welcoming community and dedication to research and international volunteering. In her free time, she enjoys cooking, Barre workouts, hiking, kayaking, traveling, art museums, improv comedy, tea, and relaxing with family and friends. Dr. Black is the oldest of four sisters, one of whom works in the wine industry in the nearby Napa Valley.

HONORS AND AWARDS

- Langer Scholarship, Georgetown University School of Medicine (2019-2020)
- Top Abstract Award, Abdominal Wall Reconstruction Conference 2019 (2019)
- Top 200 Tier 1 Abstract Award, American Society of Plastic Surgeons – The Meeting 2019 (2019)
- Women's Microsurgery Group ViOptix Travel Scholarship, American Society for Reconstructive Microsurgery (2019)
- Top 200 Tier 1 Abstract Award, American Society of Plastic Surgeons – The Meeting 2019 (2020)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Resident Member, American Society of Plastic Surgeons (2020 - present)
- Member, Gold Humanism Honor Society (2018 - present)

PROFESSIONAL EDUCATION

- MD, Georgetown University School of Medicine (2020)

Publications

PUBLICATIONS

- **Plantar Foot Ulcer Recurrence in Neuropathic Patients Undergoing Percutaneous Tendo-Achilles Lengthening.** *The Journal of foot and ankle surgery* : official publication of the American College of Foot and Ankle Surgeons
Meshkin, D. H., Ragothaman, K. K., Arneson, J., Black, C. K., Episalla, N. C., Walters, E. T., Evans, K. K., Steinberg, J. S., Attinger, C. E., Kim, P. J.
2020
- **Critical evaluation of factors contributing to time to mastectomy within a single health care system** *BREAST JOURNAL*

Bekeny, J. C., Luvisa, K., Wirth, P., Singh, T., Black, C. K., Greenwalt, I., Song, D. H., Giladi, A. M., Tousimis, E. A., Fan, K. L.
2020

- **Free Tissue Transfer Using End-to-side Arterial Anastomosis for Limb Salvage in Patients With Lower Extremity Arterial Disease**
Rossi, M. J., Zolper, E. G., Bekeny, J. C., Black, C. K., Fan, K. L., Attinger, C. E., Akbari, C. M., Evans, K. K.
MOSBY-ELSEVIER.2020: E268
- **Free Anterolateral Thigh Versus Vastus Lateralis Muscle Flaps for Coverage of Lower Extremity Defects in Chronic Wounds.** *Annals of plastic surgery*
Black, C. K., Zolper, E. G., Ormiston, L. D., Schwitzer, J. A., Luvisa, K., Attinger, C. E., Fan, K. L., Evans, K. K.
2020; 85 (S1 Suppl 1): S54–S59
- **Who, What, Where: Demographics, Severity of Presentation, and Location of Treatment Drive Delivery of Diabetic Limb Reconstructive Services within the National Inpatient Sample** *PLASTIC AND RECONSTRUCTIVE SURGERY*
Fan, K. L., DeLia, D., Black, C. K., Zolper, E., Singh, T., Wirth, P., Luvisa, K., Song, D. H., Attinger, C. E., Evans, K. K.
2020; 145 (6): 1516–27
- **Limb Salvage Rates and Functional Outcomes Using a Longitudinal Slit Arteriotomy End-to-Side Anastomosis for Limb-Threatening Defects in a High-Risk Patient Population**
Black, C., Fan, K. L., Defazio, M. V., Luvisa, K., Reynolds, K., Kotha, V. S., Attinger, C. E., Evans, K. K.
LIPPINCOTT WILLIAMS & WILKINS.2020: 1302–12
- **Simultaneous Ventral Hernia Repair and Panniculectomy: A Systematic Review and Meta-Analysis of Outcomes** *PLASTIC AND RECONSTRUCTIVE SURGERY*
Sosin, M., Termanini, K. M., Black, C. K., Thanik, V., Saadeh, P. B., Levine, J. P.
2020; 145 (4): 1059–67
- **Predicting Ischemic Complications in the Inframammary Approach to Nipple-Sparing Mastectomy: The Midclavicular-to-Inframammary Fold Measurement** *PLASTIC AND RECONSTRUCTIVE SURGERY*
Willey, S. C., Fan, K. L., Luvisa, K., Graziano, F. D., Lau, S. Y., Black, C. K., Song, D. H., Pittman, T.
2020; 145 (2): 251E–262E
- **Comparison of the Pedicled Latissimus Dorsi Flap with Immediate Fat Transfer versus Abdominally Based Free Tissue Transfer for Breast Reconstruction.** *Plastic and reconstructive surgery*
Black, C. K., Zolper, E. G., Economides, J. M., Abadeer, A., Fan, K. L., Song, D. H.
2020; 146 (2): 137e–146e
- **Comparison of the Pedicled Latissimus Dorsi flap with Immediate Fat (LIFT) Transfer versus Abdominally-Based Free Tissue Transfer for Breast Reconstruction.** *Plastic and reconstructive surgery*
Black, C. K., Zolper, E. G., Economides, J. M., Abadeer, A. n., Fan, K. L., Song, D. H.
2020
- **Bridging the Knowledge Gap: An Examination of the Ideal Postoperative Autologous Breast Reconstruction Educational Material with A/B Testing** *PLASTIC AND RECONSTRUCTIVE SURGERY*
Fan, K. L., Black, C. K., DeFazio, M. V., Luvisa, K., Camden, R., Song, D. H.
2020; 145 (1): 258–66
- **The Utility of Preoperative Venous Testing for Lower Extremity Flap Planning in Patients with Lower Extremity Wounds** *PLASTIC AND RECONSTRUCTIVE SURGERY*
Janhofer, D. E., Lakhiani, C., Kim, P. J., Naz, I., Black, C. K., Tefera, E. A., Akbari, C., Hashmi, A., Attinger, C. E., Evans, K.
2020; 145 (1): 164E–171E
- **Analysis of Chest Masculinization Surgery Results in Female-to-Male Transgender Patients: Demonstrating High Satisfaction beyond Aesthetic Outcomes Using Advanced Linguistic Analyzer Technology and Social Media** *PLASTIC AND RECONSTRUCTIVE SURGERY-GLOBAL OPEN*
Black, C. K., Fan, K. L., Economides, J. M., Camden, R. C., Del Corral, G. A.
2020; 8 (1): e2356
- **Negative pressure wound therapy with intermittent instillation of rifampin for the treatment of an infected vascular bypass graft** *JOURNAL OF VASCULAR SURGERY CASES AND INNOVATIVE TECHNIQUES*
Lakhiani, C., Fleury, C. M., Black, C. K., Janhofer, D. E., Akbari, C., Evans, K.
2019; 5 (4): 435–37

- **Extensive Sinonasal and Oropharyngeal Necrosis as a Consequence of Adulterated Cocaine with Mimicry of ANCA-Positive Vasculitis.** *OTO open*
Hussaini, A. S., Black, C. K., Malekzadeh, S., Milmoie, G. J.
2019; 3 (4): 2473974X19894239
- **Coordination of the Fetal Medicine Institute and the Cleft and Craniofacial Center: Application to Early Management of Infants With Cleft Lip and Palate** *JOURNAL OF CRANIOFACIAL SURGERY*
Fan, K. L., Black, C. K., Mantilla-Rivas, E., Bulas, D. I., Rubio, E., Blask, A. R., Robinson, C., Oh, A. K.
2019; 30 (7): 2061–64
- **Discussion: A Simplified Cost-Utility Analysis of Inpatient Flap Monitoring after Microsurgical Breast Reconstruction and Implications for Hospital Length of Stay** *PLASTIC AND RECONSTRUCTIVE SURGERY*
Fan, K. L., Black, C. K., Song, D. H.
2019; 144 (4): 552E–553E
- **Amputations versus Salvage: Reconciling the Differences.** *Journal of reconstructive microsurgery*
Black, C. K., Ormiston, L. D., Fan, K. L., Kotha, V. S., Attinger, C., Evans, K. K.
2019
- **Utility of a modified components separation for abdominal wall reconstruction in the liver and kidney transplant population** *ARCHIVES OF PLASTIC SURGERY-APS*
Black, C. K., Zolper, E. G., Walters, E. T., Wang, J., Martinez, J., Tran, A., Naz, I., Kotha, V., Kim, P. J., Sher, S. R., Evans, K. K.
2019; 46 (5): 462–69
- **The "String of Pearls" technique for increased surface area and lymphedematous fluid drainage in right gastroepiploic-vascularized lymph node transfer: A report of two cases** *MICROSURGERY*
Fan, K. L., Black, C. K., Song, D. H., Del Corral, G. A.
2019; 39 (6): 548–52
- **Does surgeon handedness or experience predict immediate complications after mastectomy? A critical examination of outcomes in a single health system** *BREAST JOURNAL*
Luvisa, K., Fan, K. L., Black, C. K., Wirth, P., Lee, D., Del Corral, G., Willey, S. C., Song, D. H.
2020; 26 (3): 376–83
- **Venous thromboembolism in plastic surgery: the current state of evidence in risk assessment and chemoprophylactic options** *JOURNAL OF PLASTIC SURGERY AND HAND SURGERY*
Fan, K. L., Black, C. K., Abbate, O., Lu, K., Camden, R. C., Evans, K. K.
2019; 53 (6): 370–80
- **Gabapentin Decreases Narcotic Usage: Enhanced Recovery after Surgery Pathway in Free Autologous Breast Reconstruction** *PLASTIC AND RECONSTRUCTIVE SURGERY-GLOBAL OPEN*
Fan, K. L., Luvisa, K., Black, C. K., Wirth, P., Nigam, M., Camden, R., Lee, D., Myers, J., Song, D. H.
2019; 7 (8): e2350
- **The Spare Parts Anastomosis: Branch Point Spatulation Technique to Alleviate SIEA Mismatch** *PLASTIC AND RECONSTRUCTIVE SURGERY*
Fan, K. L., Economides, J. M., Black, C. K., Song, D. H.
2019; 144 (1): 152E–153E
- **Pedicled and Free Tissue Transfers** *CLINICS IN PODIATRIC MEDICINE AND SURGERY*
Black, C. K., Kotha, V. S., Fan, K. L., Ragothaman, K., Attinger, C. E., Evans, K.
2019; 36 (3): 441–+
- **The Hemirectus/Anterolateral Thigh Chimeric Flap: An Alternative in the Setting of Variable and Unfavorable Vascular Anatomy** *PLASTIC AND RECONSTRUCTIVE SURGERY-GLOBAL OPEN*
Economides, J. M., Fan, K. L., Black, C. K., Evans, K. K.
2019; 7 (5): e2238
- **Combining Abdominal Flaps and Implants in the Breast Reconstruction Patient: A Systematic and Retrospective Review of Complications and Outcomes** *PLASTIC AND RECONSTRUCTIVE SURGERY*
Black, C. K., Graziano, F. D., Fan, K. L., Defazio, M. V., Nahabedian, M. Y.
2019; 143 (3): 495E–503E

- **What Does the Public Think? Examining Plastic Surgery Perceptions through the Twitterverse** *PLASTIC AND RECONSTRUCTIVE SURGERY*
Fan, K. L., Black, C. K., Luvisa, K., Song, D. H.
2019; 143 (2): 450E–452E
- **The Public's Preferences on Plastic Surgery Social Media Engagement and Professionalism: Demystifying the Impact of Demographics** *PLASTIC AND RECONSTRUCTIVE SURGERY*
Fan, K. L., Graziano, F., Economides, J. M., Black, C. K., Song, D. H.
2019; 143 (2): 619–30
- **Solid organ transplantation in the 21st century** *ANNALS OF TRANSLATIONAL MEDICINE*
Black, C. K., Termanini, K. M., Aguirre, O., Hawksworth, J. S., Sosin, M.
2018; 6 (20): 409
- **The Photosynthetic Eukaryote *Nannochloris eukaryotum* as an Intracellular Machine To Control and Expand Functionality of Human Cells** *NANO LETTERS*
Black, C. K., Mihai, D. M., Washington, I.
2014; 14 (5): 2720–25