



Krishna Govinda Kary (they/them)

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

Bio

BIO

Dr. Krishna Kary (they/them) is a licensed psychologist who specializes in working with adolescents, adults, and couples within the LGBTQ+ community to address concerns related to depression, anxiety, sexuality, identity and interpersonal challenges. Dr. Kary received their PhD in Counseling Psychology from the Counseling, Clinical, and School Psychology program at the University of California, Santa Barbara. They received their MA and BS from Santa Clara University in Counseling and Psychology, respectively. Their clinical internship was completed at the University of California, Los Angeles Counseling and Psychological Services (CAPS) and their postdoctoral Gender and Sexual Identities fellowship at Stanford University CAPS. Dr. Kary serves patients through the THRIVE clinic at the Stanford School of Medicine and is emotion-focused, collaborative, and culturally-sensitive in their approach to psychotherapy. In addition to their interest in clinical care, they also enjoy supervision and training, teaching, and consultation related to gender inclusivity practices.

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

ADMINISTRATIVE APPOINTMENTS

- Adjunct Faculty, University of San Francisco, (2022- present)

PROFESSIONAL EDUCATION

- PhD, University of California, Santa Barbara , Counseling Psychology (2019)
- MA, Santa Clara University , Counseling (2011)
- BS, Santa Clara University , Psychology (2008)