

Stanford



Michael David Tseng

Clinical Assistant Professor, Orthopaedic Surgery

CLINICAL OFFICES

- **Stanford Orthopedic Surgery at Pleasanton**

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Bio

BIO

Michael D. Tseng, MD is an orthopedic spine surgeon who has served the East Bay, Tri-Valley and San Francisco Bay Area for over a decade. After years in private practice, he was recruited to join the Stanford University School of Medicine faculty. He is currently the Spine Section Chief at Stanford Health Care-ValleyCare.

Dr. Tseng completed his undergraduate training at the University of Michigan, where he earned a degree in Biochemistry with Honors. He then went on to receive his MD at Cornell University in New York, NY. He completed his internship and orthopedic surgery residency at William Beaumont Hospital in Royal Oak, Michigan. He then completed a spinal surgery fellowship at UCSF, where he worked with both orthopedic spine and neurosurgery faculty.

Dr. Tseng has been an investigator in basic science, biomechanical and clinical research projects. He has presented at national and international spine conferences and published work in peer reviewed spine journals. He is a reviewer for the Spine Journal.

As a fellowship-trained spine surgeon, Dr. Tseng treats a comprehensive range of injuries and conditions of the spine, including injuries to the neck and back.

He believes in a conservative approach to treatment and always considers using nonoperative methods before recommending surgery. When surgery is necessary, he uses a caring bedside manner to form a joint treatment plan with his patients. He believes that well-informed patients have the best outcomes. His mission is to empower you with tools for functionality and wellness.

He approaches surgery with a “minimalist” approach, doing the least surgery possible to achieve his patient’s objectives. When appropriate, he is skilled using the latest motion sparing surgical techniques such as microsurgical decompression, dynamic stabilization and artificial disc replacement. He has completed advanced training in cervical disc replacements.

Dr. Tseng is fortunate to work with Christopher Hydock, PA-C, an exceptional and experienced Physician Assistant.

When Dr. Tseng is not seeing patients, he stays active through personal fitness, running, and golf. He also enjoys cooking and music.

CLINICAL FOCUS

- Orthopaedic Surgery
- Orthopaedic Spine Surgery

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Orthopaedic Surgery

HONORS AND AWARDS

- Carl L. Nelson, M.D. Physician in Training Award, Mid-America Orthopedic Association (2009)

PROFESSIONAL EDUCATION

- Board Certification: Orthopaedic Surgery, American Board of Orthopaedic Surgery (2012)
- Fellowship: UCSF Spine Surgery Fellowship (2010) CA
- Residency: Beaumont Health System Dept of Orthopedic Surgery (2009) MI
- Medical Education: Weill Cornell Medical College (2004) NY