

Stanford

Garret K. Morris, MD

Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

CLINICAL OFFICES

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Bio

BIO

Dr. Morris is a board-certified, fellowship-trained anesthesiologist with a clinical focus on pain medicine. He is also a clinical assistant professor in the Division of Pain Medicine of the Department of Anesthesiology, Perioperative, and Pain Medicine at Stanford University School of Medicine. Dr. Morris has expertise in chronic pain management, inpatient pain management, spine care, and functional restoration.

He treats a wide range of pain conditions including musculoskeletal, neuropathic, visceral and mixed. With each patient in his care, Dr. Morris' objective is to alleviate suffering using the treatment approach that is most likely to maximize effectiveness and minimize risk. The focus is on using the least invasive interventions possible to improve each individual's function and quality of life.

To help achieve these goals, Dr. Morris takes a holistic approach encompassing six domains of pain management: pharmacological, interventional, behavioral/psychological, physical rehabilitative, alternative and complementary therapies, and self-management. Often this approach requires a multidisciplinary team of diverse professionals with Dr. Morris overseeing care planning, implementation, and follow-up. This is especially helpful for challenging cases, where a collaborative team-based approach affords greater potential for superior outcomes.

Dr. Morris communicates closely with referring physicians to devise holistic pain management that fits holistically into each patient's comprehensive care plan.

Dr. Morris has authored articles and reviews in publications including *Anesthesiology*, *Regional Anesthesia and Pain Medicine*, *American Society for Artificial Organs Journal*, *Cancer Detection and Prevention*, and the *Journal of Orthopedics & Sports Physical Therapy*. He also has contributed the chapter "Occipital Nerve Block" in

the textbook *Comprehensive Treatment of Chronic Pain by Medical, Interventional, and Behavioral Approaches* published by the American Academy of Pain Medicine. In addition, Dr. Morris has contributed online content on postoperative pain relief to the electronic forum, The Stanford Anesthesia Informatics and Media Lab (AIM).

He has made presentations at conferences including the American Society of Anesthesiology Annual Meeting and the Annual Rochester (New York) Regional Anesthesia Symposium. He also has delivered invited lectures, most recently on interventional techniques for the treatment of spinal disorders as part of the Excellus Blue Cross Blue Shield Project.

Dr. Morris' honors for clinical practice include awards from Advocate Illinois Masonic Medical Center. He has received recognition for his scholarship from the Dannemiller Memorial Education Foundation and Midwest Anesthesia Resident's.

CLINICAL FOCUS

- Pain Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

PROFESSIONAL EDUCATION

- Board Certification: Pain Medicine, American Board of Anesthesiology (2013)
- Board Certification: Anesthesia, American Board of Anesthesiology (2010)
- Fellowship: Stanford University Pain Management Fellowship (2010) CA
- Residency: Advocate Illinois Masonic Medical Center Anesthesiology Residency (2009) IL
- Internship: Rush University Medical Center General Surgery Residency (2005) IL
- Medical Education: University of California at Irvine School of Medicine Registrar (2004) CA