

# Stanford

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## Robert S. Millard, MD

Clinical Associate Professor, Orthopaedic Surgery

### CLINICAL OFFICES

555 Knowles Dr Ste 211

Los Gatos, CA 95032

**Tel** (408) 866-6651

**Fax** (408) 866-6681

### ACADEMIC CONTACT INFORMATION

#### • Alternate Contact

Elizabeth Medina - Administrative Associate

**Email** elizabethmedina@stanford.edu

**Tel** 650-721-1446

### Bio

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#### BIO

Dr. Robert Millard is board certified in Physical Medicine and Rehabilitation. He is fellowship trained in Interventional spine care and Sports Medicine. Prior to joining Stanford, he was in private practice for 27 years. Dr. Millard's medical practice involves the treatment of spine pain syndromes and Sports injuries. Interventional spine procedures performed by Dr. Millard include cervical/lumbar: transforaminal epidural injections; facet injections; medial branch blocks and radio frequency ablation (rhizotomies). He has served as team physician for the San Francisco 49ers (1992-2008) and the San Jose Sharks (2005-2015).

#### CLINICAL FOCUS

- Physical Medicine and Rehab
- Cervical/Lumbar disc herniations
- Cervical/lumbar radiculopathy
- Spinal Stenosis
- Sciatica
- Cervical/lumbar facet syndromes
- Cervical/lumbar discogenic pain
- Spondylolysis/Spondylolisthesis
- Interventional Spine procedures
- Electrodiagnostic testing (EMG/NCV)
- Sports Medicine

#### ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Orthopaedic Surgery

#### ADMINISTRATIVE APPOINTMENTS

- Team Physician, San Jose Sharks, (2005-2015)
- Team Physician, San Francisco 49ers, (1992-2008)

## **PROFESSIONAL EDUCATION**

- Fellowship, Sports Orthopedic and Rehabilitation Medicine Associates , Interventional Spine and Sports Medicine (1993)
- Board Certification, American Board of Physical Medicine and Rehabilitation , PM&R (2013)
- Residency: UC Irvine Physical Medicine and Rehabilitation Medicine (1992) CA
- Medical Education: Wayne State University School of Medicine (1988) MI

## **LINKS**

- Get a Second Opinion: <https://stanfordhealthcare.org/second-opinion/overview.html>