Stanford

Linda K. Ottoboni, PhD, CNS

Clinical Assistant Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICE (PRIMARY)

- **Cardiovascular Medicine**

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Bio

BIO

Linda K. Ottoboni, PhD, CNS is a member of the Stanford Arrhythmia and Electrophysiology Service and her present work is focused on the patient's response to

arrhythmias. Her research area and clinical expertise are focused on improving the experience of individuals who live with arrhythmias.

CLINICAL FOCUS

- Atrial Fibrillation - Comprehensive Approach to Management
- Cardiovascular Arrhythmias- Prevention and Symptom Management
- Clinical Nurse Specialist

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

HONORS AND AWARDS

- Fellow, Heart Rhythm Society (2010)

PROFESSIONAL EDUCATION

- PhD, University of California, San Francisco , School of Nursing (2017)
- Board Certification: Clinical Nurse Specialist, American Association of Critical Care Nurses (2015)
- Board Certification: Clinical Nurse Specialist, International Board of Heart Rhythm Examiners (2005)
- Masters, University of California San Francisco , Cardiovascular Clinical Nurse Specialist, Physiological Nursing (1987)

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My early qualitative work was to determine how individual's experience their lives with atrial fibrillation (AFib). It validated that managing the presence or absence

of their cardiac arrhythmia was inadequate and resources/strategies were needed to enable them to live life fully with their arrhythmia. This work provided the

foundation for the development of a conceptual model to advance the science of supporting individuals to achieve an optimal quality of life with AFib. I am working collaboratively with other AFib nurse scientists on the development of a conceptual model.

My continued interest in the clinical and psychological outcomes of individuals with Implantable Cardioverter Defibrillators (ICDs) prompted the design and implementation of a longitudinal data base for ICD patients at Stanford to examine associations between activity, cardiovascular status, and patient reported outcomes (Quality of Life, Anxiety, and Depression) in individuals with ICDs: ACPRO-ICD. The aims of the study are to learn more about the challenges of living with an ICD and identify those resources perceived as supportive that are provided or desired.

CLINICAL TRIALS

- Meditation and Education That is Nurse Delivered for Symptom Management in Paroxysmal Atrial Fibrillation (PAF), Recruiting

- Feasibility Study to Improve AF Outcomes Using a Digital Application for CV Risk Reduction, Not Recruiting

Publications

PUBLICATIONS

- **A Mindfulness Intervention for Paroxysmal Atrial Fibrillation Diminishes Illness Perception, Improves AF Knowledge and Reduces CV Risk**
  Ottoboni, L. K., Turakhia, M., Hecht, F. M., Cataldo, J., Howie-Esquivel, J.
  LIPPINCOTT WILLIAMS & WILKINS.2018

- **Experiences and Perceived Needs of Patients Living with Atrial Fibrillation**
  Ottoboni, L. K., Wang, P. J., Rehm, R.
  WILEY-BLACKWELL.2016: 654

- **Decisional Balance among Potential Implantable Cardioverter Defibrillator Recipients: Development of the ICD-Decision Analysis Scale (ICD-DAS)** *PACE-PACING AND CLINICAL ELECTROPHYSIOLOGY*
  Hazelton, A. G., Sears, S. F., Ford, J., Cahill, J., Nekkanti, R., DeAntonio, H., Ottoboni, L., Norton, L., Wang, P.
  2014; 37 (1): 63-72

- **PHLEBITIS IN AMIODARONE ADMINISTRATION: INCIDENCE, CONTRIBUTING FACTORS, AND CLINICAL IMPLICATIONS** *AMERICAN JOURNAL OF CRITICAL CARE*
  Norton, L., Ottoboni, L. K., Varady, A., Yang-Lu, C., Becker, N., Cotter, T., Pummer, E., Haynes, A., Forsey, L., Matsuda, K., Wang, P.
  2013; 22 (6): 498-505

- **Antiarrhythmic Drug Loading at Home Using Remote Monitoring: A Virtual Feasibility Study During COVID-19 Social Distancing** *European Heart Journal Digital Health*
  Shah, R. L., Kapoor, R., Bonnett, C., Ottoboni, L. K., Tacklind, C., Tsiperfal, A., Perez, M. V.
  2021