

# Stanford

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## Linda K. Ottoboni, PhD, CNS

Clinical Assistant Professor, Medicine - Primary Care and Population Health

### CLINICAL OFFICES

- **Cardiovascular Medicine**

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### Bio

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#### BIO

Linda K. Ottoboni, PhD, CNS is a member of the Stanford Arrhythmia and Electrophysiology Service and her present work is focused on the patient's response to arrhythmias. Her research area and clinical expertise are focused on improving the experience of individuals who live with arrhythmias.

#### CLINICAL FOCUS

- Atrial Fibrillation - Comprehensive Approach to Management
- Cardiovascular Arrhythmias- Prevention and Symptom Management
- Clinical Nurse Specialist

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

#### HONORS AND AWARDS

- Fellow, Heart Rhythm Society (2010)

#### PROFESSIONAL EDUCATION

- PhD, University of California, San Francisco , School of Nursing (2017)
- Board Certification: Clinical Nurse Specialist, American Association of Critical Care Nurses (2015)
- Board Certification: Clinical Nurse Specialist, International Board of Heart Rhythm Examiners (2005)
- Masters, University of California San Francisco , Cardiovascular Clinical Nurse Specialist, Physiological Nursing (1987)

### Research & Scholarship

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#### CLINICAL TRIALS

- Feasibility Study to Improve AF Outcomes Using a Digital Application for CV Risk Reduction, Recruiting
- Meditation and Education That is Nurse Delivered for Symptom Management in Paroxysmal Atrial Fibrillation (PAF), Recruiting

## Publications

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### PUBLICATIONS

- **A Mindfulness Intervention for Paroxysmal Atrial Fibrillation Diminishes Illness Perception, Improves AF Knowledge and Reduces CV Risk**  
Ottoboni, L. K., Turakhia, M., Hecht, F. M., Cataldo, J., Howie-Esquivel, J.  
LIPPINCOTT WILLIAMS & WILKINS.2018
- **Experiences and Perceived Needs of Patients Living with Atrial Fibrillation**  
Ottoboni, L. K., Wang, P. J., Rehm, R.  
WILEY-BLACKWELL.2016: 654
- **Decisional Balance among Potential Implantable Cardioverter Defibrillator Recipients: Development of the ICD-Decision Analysis Scale (ICD-DAS) *PACE-PACING AND CLINICAL ELECTROPHYSIOLOGY***  
Hazelton, A. G., Sears, S. F., Ford, J., Cahill, J., Nekkanti, R., DeAntonio, H., Ottoboni, L., Norton, L., Wang, P.  
2014; 37 (1): 63-72
- **PHLEBITIS IN AMIODARONE ADMINISTRATION: INCIDENCE, CONTRIBUTING FACTORS, AND CLINICAL IMPLICATIONS *AMERICAN JOURNAL OF CRITICAL CARE***  
Norton, L., Ottoboni, L. K., Varady, A., Yang-Lu, C., Becker, N., Cotter, T., Pummer, E., Haynes, A., Forsey, L., Matsuda, K., Wang, P.  
2013; 22 (6): 498-505