



## Seth Lawrence Sherman, MD

Associate Professor of Orthopaedic Surgery

### CLINICAL OFFICE (PRIMARY)

- **Stanford Sports Medicine Clinic**

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### ACADEMIC CONTACT INFORMATION

- **Alternate Contact**

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### Bio

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#### BIO

Dr. Seth L. Sherman is a third-generation team physician and surgeon. He is board certified and fellowship trained in Sports Medicine. Dr. Sherman is proud to serve as Orthopedic Surgeon for Stanford Cardinal Football and as the Sports Medicine fellowship director.

Dr. Sherman specializes in arthroscopic and minimally invasive surgical interventions for the knee and shoulder. He has subspecialty and research interests in knee joint preservation/cartilage restoration and the patellofemoral joint. As a tertiary care provider, Dr. Sherman offers non-surgical and salvage surgical solutions for active patients with complex problems and in cases where other surgeries have failed.

Dr. Sherman completed his residency training at the Hospital for Special Surgery in New York City and was trained by the team physicians for the NY Giants, Mets, and Knicks. During his sports medicine fellowship in Chicago, he served as assistant team physician for the Chicago Bulls and White Sox. Prior to joining the team at Stanford University in July 2019, he served as team physician for the Mizzou Tigers in the NCAA SEC conference.

Dr. Sherman is co-author on more than 100 peer reviewed articles/chapters and actively presents his research at national and international meetings. He is Chairman of the AAOS Sports Medicine/Arthroscopy committee and holds leadership positions in several other organizations (AOSSM, AANA, ISAKOS, ICRS). He is a member of the prestigious international ACL and Patellofemoral Study Groups.

He enjoys spending time with wife Sylvia and daughter Evie. He is an avid fresh and saltwater fly fisherman.

#### CLINICAL FOCUS

- Knee Ligament Repair/Reconstruction (ACL, PCL, Posteromedial, Posterolateral, Anterolateral complex, Medial Patellofemoral Ligament)
- Knee Meniscus Repair/Replacement (all-inside repair, inside-out repair, outside-in repair, root repair, meniscus allograft transplantation)
- Knee Cartilage Restoration (osteochondral allograft, MACI procedure, DeNovo NT, OAT autograft, microfracture plus etc.)
- Knee Osteotomy (Tibial Tubercle Osteotomy/Fulkerson, High Tibial Osteotomy, Distal Femoral Osteotomy)

- Surgical Management of the Patellofemoral Joint
- Shoulder arthroscopy (rotator cuff tendonitis, rotator cuff tear, SLAP/biceps complex, AC arthritis/separation, subacromial bursitis, labral tear, shoulder instability)
- Open shoulder surgery (TSA, reverse TSA, open Latarjet, open distal tibial allograft)
- Surgical tendinopathy/tear (distal biceps, distal triceps, patella tendon, quad tendon, Achilles tendon, proximal hamstring, tennis elbow, golfer's elbow)
- Orthopaedic Sports Medicine

## ACADEMIC APPOINTMENTS

- Associate Professor - University Medical Line, Orthopaedic Surgery
- Member, Wu Tsai Human Performance Alliance

## PROFESSIONAL EDUCATION

- Board Certification: Orthopaedic Sports Medicine, American Board of Orthopaedic Surgery (2015)
- Fellowship: Rush University Medical Center (2011) IL
- Board Certification: Orthopaedic Surgery, American Board of Orthopaedic Surgery (2013)
- Residency: Hospital for Special Surgery Orthopaedic Surgery Residency (2010) NY
- Medical Education: Weill Cornell Medical College (2005) NY

## LINKS

- Get a Second Opinion: <https://stanfordhealthcare.org/second-opinion/overview.html>
- Clinical Website: [www.shermansportsmedicine.com](http://www.shermansportsmedicine.com)

## Research & Scholarship

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### CURRENT RESEARCH AND SCHOLARLY INTERESTS

My research focuses on ways to augment tissue healing, improve human performance, and prevent musculoskeletal injuries. Approaching these challenges through parallel basic science and clinical pathways, our team works from the “bedside to the bench and back to the bedside”, identifying areas of clinical need to deliver evidence-based solutions for patients.

We collaborate with orthopaedic surgeons, non-surgical physicians, and researchers within bioengineering, human performance, and musculoskeletal imaging across the Stanford campus. The team is developing novel methods to accurately record human movement (including wearable technology, phone-based systems), rapid MRI imaging protocols, and exploring the use of biomarkers to track injury and recovery. This research builds on my earlier work, which utilized portable, inexpensive software for Microsoft Kinect to detect knee injury risk in youth athletes performing a drop vertical jump test. The team’s multifaceted goal is: 1) develop innovative methods to screen for injury risk (i.e. youth athlete non-contact ACL), 2) create targeted intervention programs to reduce risk, 3) enhance athletic performance; and 4) improve accuracy of return to play testing following injury/surgery (i.e. clinical evaluation, biomarkers, functional tests, imaging analysis for healing).

In the laboratory, our team investigates cellular and molecular deficiencies in tissue types including tendon, ligament, articular cartilage, and meniscus. By understanding aberrant pathways leading to tissue injury, they can identify innovative therapeutic targets for intervention. In collaboration with the Genetic Engineering and Synthetic Biology laboratories, Dr. Sherman’s research has explored the role of orthobiologic agents such as platelet rich plasma (PRP) and bone marrow aspirate concentrate (BMAC) for tissue healing in patella tendinopathy (the breakdown of collagen in a tendon). Our lab is also investigating the use of CBD for musculoskeletal applications as an alternative to commonly used local anesthetics and cortisone derivatives. In my earlier work, we researched the cellular toxicity of such applications.

In addition to basic science research, I have helped to build a Sports Medicine clinical research team that includes several full-time clinical research coordinators, residents, fellows, and students. The team collects prospective outcomes on their patients using a novel data collection platform called Patient IQ. The group is part of the JUPITER study which is the largest, multicenter study ever assembled in patellofemoral instability. They are additionally planning to enroll in FDA-approved clinical studies investigating pioneering strategies for knee cartilage restoration, joint preservation, and orthobiologic injections for osteoarthritis. Recent clinical publications explore outcomes in meniscus preservation and transplantation, medial patellofemoral ligament reconstruction, osteochondral allograft and matrix-induced autologous chondrocyte implantation (MACI), and surgical augmentation using PRP/BMAC. The clinical research team actively reports results of non-surgical and surgical interventions to continue to introduce new knowledge to the field, with the goal of improved patient outcome.

## CLINICAL TRIALS

- Microfracture Versus Adipose Derived Stem Cells for the Treatment of Articular Cartilage Defects, Recruiting
- Subchondroplasty® Knee RCT, Recruiting
- The Effect of Adipose-Derived Stem Cells for Knee Osteoarthritis, Recruiting
- The Effect of Micro Fragmented Adipose Tissue (MFAT) on Knee Osteoarthritis, Not Recruiting

## Teaching

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### GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Sports Medicine (Fellowship Program)

## Publications

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### PUBLICATIONS

- **Author Reply to "Regarding 'No Difference in Complication Rates or Patient-Reported Outcomes Between Bone-Patellar Tendon-Bone and Quadriceps Tendon Autograft for Anterior Cruciate Ligament Reconstruction'".** *Arthroscopy: the journal of arthroscopic & related surgery: official publication of the Arthroscopy Association of North America and the International Arthroscopy Association*  
Hogan, D. W., Burch, M. B., Rund, J. M., Geeslin, D. W., Ma, R., Gray, A. F., Chu, C. R., Ray, T. E., Pullen, W. M., Sherman, S. L.  
2022; 38 (6): 1761-1763
- **Ulnar Collateral Ligament Reconstruction Does Not Decrease Spin Rate or Performance in Major League Pitchers.** *The American journal of sports medicine*  
Cinque, M. E., LaPrade, C. M., Abrams, G. D., Sherman, S. L., Safran, M. R., Freehill, M. T.  
2022: 3635465221097421
- **Many Radiographic and Magnetic Resonance Imaging Assessments for Surgical Decision Making in Pediatric Patellofemoral Instability Patients Demonstrate Poor Interrater Reliability.** *Arthroscopy: the journal of arthroscopic & related surgery: official publication of the Arthroscopy Association of North America and the International Arthroscopy Association*  
Fabricant, P. D., Heath, M. R., Mintz, D. N., Emery, K., Veerkamp, M., Gruber, S., Green, D. W., Strickland, S. M., Wall, E. J., JUPITER Study Group, Shubin Stein, B. E., Parikh, S. N., Brady, J. M., et al  
2022
- **Patient-Specific Risk Factors Exist for Hip Fractures After Arthroscopic Femoroacetabular Impingement Surgery, But Not for Dislocation-An Analysis of More Than 25,000 Hip Arthroscopies.** *Arthroscopy, sports medicine, and rehabilitation*  
Varshneya, K., Abrams, G. D., Sherman, S. L., Safran, M. R.  
2022; 4 (2): e519-e525
- **No Difference in Complication Rates or Patient-Reported Outcomes Between Bone-Patella Tendon-Bone and Quadriceps Tendon Autograft for Anterior Cruciate Ligament Reconstruction.** *Arthroscopy, sports medicine, and rehabilitation*  
Hogan, D. W., Burch, M. B., Rund, J. M., Geeslin, D. W., Ma, R., Gray, A. F., Chu, C. R., Ray, T. E., Pullen, W. M., Sherman, S. L.  
2022; 4 (2): e417-e424
- **Revision Ulnar Collateral Ligament Reconstruction in Major League Baseball Pitchers: Effects of Fastball Velocity and Usage.** *Journal of shoulder and elbow surgery*  
LaPrade, C. M., Cinque, M. E., Chona, D. V., Sciascia, A. D., Abrams, G. D., Sherman, S. L., Safran, M. R., Freehill, M. T.

2022

- **Innovation in Orthopaedics: Part 2-How to Translate Ideas and Research into Clinical Practice.** *Current reviews in musculoskeletal medicine*  
Fernandes, T. L., de Faria, R. R., Gonzales, M. A., Sherman, S. L., Goldchmit, S., Fleury, A.  
2022
- **Treatment Options for Patellofemoral Arthritis.** *Current reviews in musculoskeletal medicine*  
Kuwabara, A., Cinque, M., Ray, T., Sherman, S. L.  
1800
- **Postoperative Infection: Prevention, Diagnosis, and Treatment Guidelines for the Sports Surgeon.** *Sports medicine and arthroscopy review*  
Pullen, W. M., Money, A. J., Ray, T. E., Freehill, M. T., Sherman, S. L.  
2022; 30 (1): 17-23
- **Medial Patellofemoral Ligament Repair or Medial Advancement: Is There a Role?** *Clinics in sports medicine*  
Murray, I. R., LaPrade, C. M., Pullen, W. M., Sherman, S. L.  
2022; 41 (1): 157-169
- **Patients Who Return to Sport After Primary Anterior Cruciate Ligament Reconstruction Have Significantly Higher Psychological Readiness: A Systematic Review and Meta-analysis of 3744 Patients** *Am J Sports Med*  
Xiao, M., van Niekerk, M., Trivedi, N., Hwang, C., Sherman, S., Safran, M., Abrams, G.  
2022
- **Return-to-play and performance after operative treatment of Achilles tendon rupture in elite male athletes: a scoping review.** *British journal of sports medicine*  
LaPrade, C. M., Chona, D. V., Cinque, M. E., Freehill, M. T., McAdams, T. R., Abrams, G. D., Sherman, S. L., Safran, M. R.  
2022
- **An Injectable Containing Morphine, Ropivacaine, Epinephrine, and Ketorolac is Not Cytotoxic to Articular Cartilage Explants from Degenerative Knees.** *Arthroscopy : the journal of arthroscopic & related surgery : official publication of the Arthroscopy Association of North America and the International Arthroscopy Association*  
Baumann, J. R., Stoker, A. M., Bozynski, C. C., Sherman, S. L., Cook, J. L.  
1800
- **Biologic Augmentation for the Operative Treatment of Osteochondral Defects of the Knee: A Systematic Review** *ORTHOPAEDIC JOURNAL OF SPORTS MEDICINE*  
Chona, D., Kha, S. T., Minetos, P. D., LaPrade, C. M., Chu, C. R., Abrams, G. D., Safran, M. R., Sherman, S. L.  
2021; 9 (11)
- **Cement augmentation of suture anchors in the proximal humerus during rotator cuff repair improves pullout strength: a systematic review.** *Journal of ISAKOS : joint disorders & orthopaedic sports medicine*  
Kimball, J. S., Gowd, A. K., Waterman, B. R., Sherman, S. L., Chahla, J., Amin, N. H., Liu, J.  
2021; 6 (6): 349-355
- **Biologic Augmentation for the Operative Treatment of Osteochondral Defects of the Knee: A Systematic Review.** *Orthopaedic journal of sports medicine*  
Chona, D. V., Kha, S. T., Minetos, P. D., LaPrade, C. M., Chu, C. R., Abrams, G. D., Safran, M. R., Sherman, S. L.  
2021; 9 (11): 23259671211049756
- **Evaluation of Commercially Available Knee Cartilage Restoration Techniques Stratified by FDA Approval Pathway.** *The American journal of sports medicine*  
Gudeman, A. S., Hinckel, B. B., Oladeji, L., Ray, T. E., Gersoff, W., Farr, J., Sherman, S. L.  
2021: 3635465211037233
- **Risk of Severe Acute Localized Reactions for Different Intraarticular Hyaluronic Acid Knee Injections in a Real-World Setting.** *Cartilage*  
Ong, K. L., Farr, J., Gudeman, A. S., Murray, I. R., McIntyre, L. F., Hummer, C. D., Ngai, W., Lau, E., Altman, R. D., Sherman, S. L.  
2021: 19476035211025815
- **The Impact of COVID-19 on the Orthopaedic Sports Medicine Fellowship Application Process.** *Arthroscopy, sports medicine, and rehabilitation*  
Peebles, L. A., Kraeutler, M. J., Waterman, B. R., Sherman, S. L., Mulcahey, M. K.  
2021; 3 (4): e1237-e1241

- **Single-cell transcriptomic profiling reveals distinct mechanical responses between normal and diseased tendon progenitor cells.** *Cell reports. Medicine*  
Still, C. 2., Chang, W., Sherman, S. L., Sochacki, K. R., Drago, J. L., Qi, L. S.  
2021; 2 (7): 100343
- **ACL Study Group presents the global trends in ACL reconstruction: biennial survey of the ACL Study Group.** *Journal of ISAKOS : joint disorders & orthopaedic sports medicine*  
Sherman, S. L., Calcei, J., Ray, T., Magnussen, R. A., Musahl, V., Kaeding, C. C., Clatworthy, M., Bergfeld, J. A., Arnold, M. P.  
2021
- **Biologics in professional and Olympic sport: a scoping review.** *The bone & joint journal*  
Murray, I. R., Makaram, N. S., Rodeo, S. A., Safran, M. R., Sherman, S. L., McAdams, T. R., Murray, A. D., Haddad, F. S., Abrams, G. D.  
2021; 103-B (7): 1189-1196
- **Biologics in professional and Olympic sport: a scoping review** *BONE & JOINT JOURNAL*  
Murray, I. R., Makaram, N. S., Rodeo, S. A., Safran, M. R., Sherman, S. L., McAdams, T. R., Murray, A. D., Haddad, F. S., Abrams, G. D.  
2021; 103B (7): 1189-1196
- **Infographic: Biologics in professional and Olympic sport: a scoping review.** *The bone & joint journal*  
Murray, I. R., Makaram, N. S., Rodeo, S. A., Safran, M. R., Sherman, S. L., McAdams, T. R., Murray, A. D., Haddad, F. S., Abrams, G. D.  
2021; 103-B (7): 1187-1188
- **Return to sport following anterior cruciate ligament reconstruction: the argument for a multimodal approach to optimise decision-making: current concepts.** *Journal of ISAKOS : joint disorders & orthopaedic sports medicine*  
Chona, D., Eriksson, K., Young, S. W., Denti, M., Sancheti, P. K., Safran, M., Sherman, S.  
2021
- **Biologic Association Annual Summit: 2020 Report.** *Orthopaedic journal of sports medicine*  
Frank, R. M., Sherman, S. L., Chahla, J., Drago, J. L., Mandelbaum, B., Members of the Biologic Association, Anz, A. W., Bradley, J. P., Chu, C. R., Cole, B. J., Farr, J., Flanigan, D. C., Gomoll, A. H., et al  
2021; 9 (6): 23259671211015667
- **Concomitant Osteotomy Reduces Risk of Reoperation Following Cartilage Restoration Procedures of the Knee: A Matched Cohort Analysis.** *Cartilage*  
Calcei, J. G., Varshneya, K., Sochacki, K. R., Safran, M. R., Abrams, G. D., Sherman, S. L.  
2021: 19476035211011515
- **Return to sport after anterior cruciate ligament injury: Panther Symposium ACL Injury Return to Sport Consensus Group.** *Journal of ISAKOS : joint disorders & orthopaedic sports medicine*  
Meredith, S. J., Rauer, T., Chmielewski, T. L., Fink, C., Diermeier, T., Rothrauff, B. B., Svantesson, E., Hamrin Senorski, E., Hewett, T. E., Sherman, S. L., Lesniak, B. P., Symposium, P.  
2021; 6 (3): 138-146
- **High Specialization among Female Youth Soccer Players Is Associated with an Increased Likelihood of Serious Injury.** *Medicine and science in sports and exercise*  
Xiao, M., Lemos, J. L., Hwang, C. E., Sherman, S. L., Safran, M. R., Abrams, G. D.  
2021
- **Reliability of Radiologic Assessments of Clinically Relevant Growth Remaining in Knee MRI of Children and Adolescents With Patellofemoral Instability: Data From the JUPITER Cohort** *ORTHOPAEDIC JOURNAL OF SPORTS MEDICINE*  
Fabricant, P. D., Heath, M. R., Veerkamp, M., Gruber, S., Green, D. W., Strickland, S. M., Wall, E. J., Mintz, D. N., Emery, K. H., Shubin Stein, B. E., Parikh, S. N., Brady, J. M., Ellis, et al  
2021; 9 (4): 2325967121991110
- **Algorithm for Treatment of Focal Cartilage Defects of the Knee: Classic and New Procedures.** *Cartilage*  
Hinckel, B. B., Thomas, D., Vellios, E. E., Hancock, K. J., Calcei, J. G., Sherman, S. L., Eliasberg, C. D., Fernandes, T. L., Farr, J., Lattermann, C., Gomoll, A. H.  
2021: 1947603521993219
- **Non-operative Management of Anterior Knee Pain: Patient Education.** *Current reviews in musculoskeletal medicine*  
Bosshardt, L., Ray, T., Sherman, S.  
2021
- **Acute Patellofemoral Dislocation: Controversial Decision-Making.** *Current reviews in musculoskeletal medicine*

- Rund, J. M., Hinckel, B. B., Sherman, S. L.  
2021
- **ACL Study Group survey reveals the evolution of anterior cruciate ligament reconstruction graft choice over the past three decades.** *Knee surgery, sports traumatology, arthroscopy : official journal of the ESSKA*  
Arnold, M. P., Calcei, J. G., Vogel, N., Magnussen, R. A., Clatworthy, M., Spalding, T., Campbell, J. D., Bergfeld, J. A., Sherman, S. L., ACL Study Group  
2021
  - **Assessment and Trends of the Methodological Quality of the Top 50 Most Cited Articles on Patellar Instability.** *Orthopaedic journal of sports medicine*  
Agarwalla, A. n., Yao, K. n., Darden, C. n., Gowd, A. K., Sherman, S. L., Farr, J. n., Shubin Stein, B. E., Amin, N. H., Liu, J. N.  
2021; 9 (1): 2325967120972016
  - **Hip Dislocation and Subluxation in Athletes: A Systematic Review.** *The American journal of sports medicine*  
Chona, D. V., Minetos, P. D., LaPrade, C. M., Cinque, M. E., Abrams, G. D., Sherman, S. L., Safran, M. R.  
2021: 3635465211036104
  - **Clinical Outcomes of Meniscal Allograft Transplantation With Respect to the Minimal Clinically Important Difference.** *The American journal of sports medicine*  
Su, L., Garcia-Mansilla, I., Kelley, B., Arshi, A., Fabricant, P., Sherman, S. L., Jones, K. J.  
2021: 3635465211036116
  - **Force-Time Waveform Shape Reveals Countermovement Jump Strategies of Collegiate Athletes.** *Sports (Basel, Switzerland)*  
Guess, T. M., Gray, A. D., Willis, B. W., Guess, M. M., Sherman, S. L., Chapman, D. W., Mann, J. B.  
2020; 8 (12)
  - **Autologous Bone Grafting OPERATIVE TECHNIQUES IN SPORTS MEDICINE**  
Robinson, P. G., Abrams, G. D., Sherman, S. L., Safran, M. R., Murray, I. R.  
2020; 28 (4)
  - **Superior Capsular Reconstruction: A Systematic Review of Surgical Techniques and Clinical Outcomes.** *Arthroscopy : the journal of arthroscopic & related surgery : official publication of the Arthroscopy Association of North America and the International Arthroscopy Association*  
Gao, I., Sochacki, K. R., Freehill, M. T., Sherman, S. L., Abrams, G. D.  
2020
  - **The use of biologics in professional and Olympic sport: a scoping review protocol.** *Bone & joint open*  
Makaram, N. S., Murray, I. R., Rodeo, S. A., Sherman, S. L., Murray, A. D., Haddad, F. S., McAdams, T. R., Abrams, G. D.  
2020; 1 (11): 715–19
  - **Platelet-Rich Plasma Augmentation for Isolated Arthroscopic Meniscal Repairs Leads to Significantly Lower Failure Rates: A Systematic Review of Comparative Studies.** *Orthopaedic journal of sports medicine*  
Sochacki, K. R., Safran, M. R., Abrams, G. D., Donahue, J., Chu, C., Sherman, S. L.  
2020; 8 (11): 2325967120964534
  - **Comparison of Autologous Chondrocyte Implantation and Osteochondral Allograft Transplantation of the Knee in a Large Insurance Database: Reoperation Rate, Complications, and Cost Analysis.** *Cartilage*  
Sochacki, K. R., Varshneya, K., Calcei, J. G., Safran, M. R., Abrams, G. D., Donahue, J., Chu, C., Sherman, S. L.  
2020: 1947603520967065
  - **Evidence-based Risk Stratification for Sport Medicine Procedures During the COVID-19 Pandemic** *JOURNAL OF THE AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS GLOBAL RESEARCH AND REVIEWS*  
Hinckel, B. B., Baumann, C. A., Ejnisman, L., Cavinatto, L. M., Martusiewicz, A., Tanaka, M. J., Tompkins, M., Sherman, S. L., Chahla, J. A., Frank, R., Yamamoto, G. L., Bicos, J., Arendt, et al  
2020; 4 (10)
  - **Evidence-based Risk Stratification for Sport Medicine Procedures During the COVID-19 Pandemic.** *Journal of the American Academy of Orthopaedic Surgeons. Global research & reviews*  
Hinckel, B. B., Baumann, C. A., Ejnisman, L., Cavinatto, L. M., Martusiewicz, A., Tanaka, M. J., Tompkins, M., Sherman, S. L., Chahla, J. A., Frank, R., Yamamoto, G. L., Bicos, J., Arendt, et al  
2020; 4 (10): e20.00083
  - **Microfracture for the Treatment of Symptomatic Cartilage Lesions of the Knee: A Survey of International Cartilage Regeneration & Joint Preservation Society.** *Cartilage*

- Medina, J., Garcia-Mansilla, I., Fabricant, P. D., Kremen, T. J., Sherman, S. L., Jones, K.  
2020; 1947603520954503
- **Surgeon practice patterns for pre-soaking ACL tendon grafts in vancomycin: a survey of the ACL study group.** *Knee surgery, sports traumatology, arthroscopy : official journal of the ESSKA*  
Xiao, M., Sherman, S. L., Safran, M. R., Abrams, G. D.  
2020
  - **Rationale for the Use of Orthobiologics in Sports Medicine** *OPERATIVE TECHNIQUES IN SPORTS MEDICINE*  
Makaram, N. S., Safran, M. R., Abrams, G. D., Sherman, S. L., Murray, I. R.  
2020; 28 (3)
  - **Costs, Complications, and Reoperations Associated With Primary Arthroscopic Rotator Cuff Repair With or Without Acromioplasty and/or Biceps Tenodesis.** *Arthroscopy, sports medicine, and rehabilitation*  
Varshneya, K., Safran, M. R., Sherman, S. L., Abrams, G. D.  
2020; 2 (4): e369–e376
  - **Hop test does not correlate with neuromuscular control during drop vertical jump test: A prognostic comparative study utilizing healthy subjects** *CURRENT ORTHOPAEDIC PRACTICE*  
Gulbrandsen, T. R., Willis, B. W., Guess, T. M., Gray, A. D., Sherman, S. L.  
2020; 31 (4): 358–65
  - **Linked Double-Row Equivalent Arthroscopic Rotator Cuff Repair Leads to Significantly Improved Patient Outcomes.** *Orthopaedic journal of sports medicine*  
Endo, A., Hoogervorst, P., Safranek, C., Sochacki, K. R., Safran, M. R., Sherman, S. L., Donahue, J.  
2020; 8 (7): 2325967120938311
  - **Return to sport after anterior cruciate ligament injury: Panther Symposium ACL Injury Return to Sport Consensus Group.** *Knee surgery, sports traumatology, arthroscopy : official journal of the ESSKA*  
Meredith, S. J., Rauer, T., Chmielewski, T. L., Fink, C., Diermeier, T., Rothrauff, B. B., Svantesson, E., Hamrin Senorski, E., Hewett, T. E., Sherman, S. L., Lesniak, B. P., Panther Symposium ACL Injury Return to Sport Consensus Group  
2020
  - **Failures of Realignment Osteotomy** *OPERATIVE TECHNIQUES IN SPORTS MEDICINE*  
Schubert, M. F., Sidhu, R., Getgood, A. M., Sherman, S. L.  
2020; 28 (1)
  - **Patellofemoral Cartilage Restoration: A Systematic Review and Meta-analysis of Clinical Outcomes.** *The American journal of sports medicine*  
Hinckel, B. B., Pratte, E. L., Baumann, C. A., Gowd, A. K., Farr, J. n., Liu, J. N., Yanke, A. B., Chahla, J. n., Sherman, S. L.  
2020; 363546519886853
  - **Risk of Subsequent Knee Arthroplasty After Sports Medicine Procedures.** *Journal of the American Academy of Orthopaedic Surgeons. Global research & reviews*  
Enweze, L. C., Varshneya, K. n., Sherman, S. L., Safran, M. R., Abrams, G. D.  
2020; 4 (8): e2000125
  - **The effect of silicone ankle sleeves and lace-up ankle braces on neuromuscular control, joint torque, and cutting agility.** *Journal of orthopaedics*  
Cinque, M. E., Bodendorfer, B. M., Shu, H. T., Arnold, N. A., Gray, A. D., Summerhays, B. J., Guess, T. M., Sherman, S. L.  
2020; 20: 359–66
  - **Management of Large Focal Chondral and Osteochondral Defects in the Knee.** *The journal of knee surgery*  
Calcei, J. G., Ray, T. n., Sherman, S. L., Farr, J. n.  
2020; 33 (12): 1187–1200
  - **Relationship of the Medial Patellofemoral Ligament Origin on the Distal Femur to the Distal Femoral Physis: A Systematic Review.** *The American journal of sports medicine*  
Sochacki, K. R., Shea, K. G., Varshneya, K. n., Safran, M. R., Abrams, G. D., Donahue, J. n., Sherman, S. L.  
2020; 363546520904685
  - **Consensus on Rehabilitation Guidelines among Orthopedic Surgeons in the United States following Use of Third-Generation Articular Cartilage Repair (MACI) for Treatment of Knee Cartilage Lesions.** *Cartilage*

- Flanigan, D. C., Sherman, S. L., Chilelli, B. n., Gersoff, W. n., Jones, D. n., Lee, C. A., Toth, A. n., Cramer, C. n., Zaporozhan, V. n., Carey, J. n.  
2020: 1947603520968876
- **Soaking of Autologous Tendon Grafts in Vancomycin Before Implantation Does Not Lead to Tenocyte Cytotoxicity.** *The American journal of sports medicine*  
Xiao, M. n., Leonardi, E. A., Sharpe, O. n., Sherman, S. L., Safran, M. R., Robinson, W. H., Abrams, G. D.  
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