Stanford

Yan Jiang

Clinical Assistant Professor, Medicine - Gastroenterology & Hepatology

CLINICAL OFFICE (PRIMARY)

- **Stanford Digestive Health Clinic**
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ACADEMIC CONTACT INFORMATION

- **Alternate Contact**
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Bio

BIO

Dr. Yan Jiang is a gastroenterologist specializing in esophageal and motility disorders including gastroesophageal reflux disease (GERD), eosinophilic esophagitis, achalasia, etc. He obtained his medical degree at New York University before completing internal medicine residency and gastroenterology fellowship at Stanford. While at Stanford, Dr. Jiang also received a master's degree in clinical research and epidemiology. His main research interests are in esophageal disorders as well as dietary interventions and technological applications to GI practice.

CLINICAL FOCUS

- Gastroenterology
- Gastroesophageal Reflux
- Eosinophilic Esophagitis
- Achalasia
- Esophageal Motility Disorders
- Swallowing Disorders
- Gastrointestinal Motility

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Gastroenterology & Hepatology

ADMINISTRATIVE APPOINTMENTS

- Director, GI Motility Laboratory, Stanford Health Care, (2025- present)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Clinical Practice Committee, American Foregut Society (2023 - present)
- Educational Affairs Committee, American College of Gastroenterology (2019 - present)
- Member, American Gastroenterology Association (2017 - present)

PROFESSIONAL EDUCATION

- Medical Education: New York University School of Medicine (2015) NY
- Fellowship: Stanford University Division of Gastroenterology and Hepatology (2021) CA
- Residency: Stanford University Internal Medicine Residency CA
- MS, Stanford University , Epidemiology and Clinical Research
- Board Certification: Gastroenterology, American Board of Internal Medicine (2021)
- Gastroenterology Fellowship, Stanford University
- Internal Medicine Residency, Stanford University
- Board Certification: Internal Medicine, American Board of Internal Medicine (2018)
- MD, New York University School of Medicine
- BS, University of California, Los Angeles

Publications

PUBLICATIONS

- **The Impact of Intermittent Fasting on Patients With Suspected Gastroesophageal Reflux Disease.** *Journal of clinical gastroenterology*
  Jiang, Y., Sonu, I., Garcia, P., Fernandez-Becker, N. Q., Kamal, A. N., Zikos, T. A., Singh, S., Neshatian, L., Triadafilopoulos, G., Goodman, S. N., Clarke, J. O.
  2022

- **Development and Validation of an Artificial Intelligence System to Optimize Clinician Review of Patient Records.** *JAMA network open*
  Chi, E. A., Chi, G., Tsui, C. T., Jiang, Y., Jarr, K., Kulkarni, C. V., Zhang, M., Long, J., Ng, A. Y., Rajpurkar, P., Sinha, S. R.
  2021; 4 (7): e2117391

- **Therapeutic Implications of Diet in Inflammatory Bowel Disease and Related Immune-Mediated Inflammatory Diseases.** *Nutrients*
  Jiang, Y., Jarr, K., Layton, C., Gardner, C. D., Ashouri, J. F., Abreu, M. T., Sinha, S. R.
  2021; 13 (3)

- **New Developments in the Diagnosis and Management of Gastroesophageal Reflux.** *Current treatment options in gastroenterology*
  Jiang, Y., Clarke, J. O.
  2020

- **The high resource impact of reformatting requirements for scientific papers.** *PloS one*
  Jiang, Y. n., Lerrigo, R. n., Ullah, A. n., Alagappan, M. n., Asch, S. M., Goodman, S. N., Sinha, S. R.
  2019; 14 (10): e0223976

- **Distal contractile integral and other key predictors of mean nocturnal baseline impedance: The role of esophageal peristaltic vigor in mucosal permeability.** *Neurogastroenterology and motility*
  Fass, O. Z., Kamal, A. N., Jiang, Y., Clarke, J. O.
  2024: e14937

- **Functional lumen imaging probe use in a high-volume practice: Practical and technical implications.** *World journal of gastrointestinal endoscopy*
  Jiang, Y., Vazquez-Reyes, R., Kamal, A., Zikos, T., Triadafilopoulos, G., Clarke, J. O.
  2024; 16 (7): 396-405

- **Electroceuticals for Neurogastroenterology and Motility Disorders.** *Current gastroenterology reports*
  Jiang, Y., Soffer, E.
  2023

- **The Effects of Intermittent Fasting on Gastroesophageal Reflux Disease**
  Jiang, Y., Goodman, S., Sonu, I., Garcia, P., Fernandez-Becker, N., Kamal, A., Zikos, T., Singh, S., Neshatian, L., Triadafilopoulos, G., Clarke, J.
  LIPPINCOTT WILLIAMS & WILKINS.2021: S214

- **Efficacy of Dietary Supplements in Inflammatory Bowel Disease and Related Autoimmune Diseases.** *Nutrients*
  Jadhav, P., Jiang, Y., Jarr, K., Layton, C., Ashouri, J. F., Sinha, S. R.
  2020; 12 (7)

- **Use of Tumor Necrosis Factor Alpha Inhibitors for Inflammatory Bowel Disease Patients with Concurrent Heart Failure.** *Digestive diseases and sciences*
  Jiang, Y., Lin, O., Sinha, S. R.
  2017; 62 (6): 1597-1606

- **Long-term outcomes after biliopancreatic diversion with and without duodenal switch: 2-, 5-, and 10-year data** *SURGERY FOR OBESITY AND RELATED DISEASES*
  Sethi, M., Chau, E., Youn, A., Jiang, Y., Fielding, G., Ren-Fielding, C.
  2016; 12 (9): 1697–1705

- **Can aminotransferase-to-platelet ratio index and other non-invasive markers effectively reduce liver biopsies for renal transplant evaluation of hepatitis C virus-positive patients?** *NEPHROLOGY DIALYSIS TRANSPLANTATION*
  Jiang, Y., Huang, E., Mehrnia, A., Kamgar, M., Pham, P. T., Ogunorunyinka, O., Brown, I., Danovitch, G. M., Bunnapradist, S.
  2014; 29 (6): 1247–52

- **Risk factors for development of new-onset diabetes mellitus after transplant in adult lung transplant recipients** *CLINICAL TRANSPLANTATION*
  Ye, X., Kuo, H., Sampaio, M., Jiang, Y., Bunnapradist, S.
  2011; 25 (6): 885–91

- **Risk Factors for Development of New-Onset Diabetes Mellitus in Adult Heart Transplant Recipients** *TRANSPLANTATION*
  Ye, X., Kuo, H., Sampaio, M., Jiang, Y., Reddy, P., Bunnapradist, S.
  2010; 89 (12): 1526–32