



## Erin A. Vogel

📄 Curriculum Vitae available Online

### Bio

---

#### BIO

Erin Vogel, PhD, is a social psychologist and postdoctoral fellow. Dr. Vogel studies social influences on health behaviors and the use of digital tools, such as social media, to improve health. Funded by a postdoctoral fellowship award from the California Tobacco Related Diseases Research Program, her current lines of research involve adolescent e-cigarette use, smoking in the LGBTQ+ community, and co-occurring health risk behaviors.

#### INSTITUTE AFFILIATIONS

- Member, Maternal & Child Health Research Institute (MCHRI)

#### HONORS AND AWARDS

- Fellowship Award, Stanford Cancer Institute (2021)
- Postdoc Slam Finalist, UCSF (2018)
- Travel Award for Early Career Investigators, College on Problems of Drug Dependence (2018)
- Student Research Award (First Place), Rocky Mountain Psychological Association (2016)
- Second Place Oral Presentation, Midwest Graduate Research Symposium (2015)
- Top Woman in STEM, Midwest Graduate Research Symposium, Association of Women in Science (2015)
- Graduate Research Award, University of Toledo Graduate Student Association (2013)
- Alumni Scholarship, Illinois Wesleyan University (2008-2012)

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Advisory Board Member, Proudly Against Tobacco (2019 - present)
- Member, Society of Behavioral Medicine (2019 - present)
- Member, UCSF Tobacco Center of Regulatory Science (2018 - present)
- Member, Society for Research on Nicotine and Tobacco (2018 - present)
- Member, College on Problems of Drug Dependence (2018 - present)
- Member, Social, Personality, & Health Network (SPHN) (2012 - 2017)
- Member, Society for Personality and Social Psychology (SPSP) (2012 - 2017)
- Member, Midwestern Psychological Association (2012 - 2016)
- Member, Psi Chi (International Honor Society in Psychology) (2010 - present)

## PROFESSIONAL EDUCATION

- Postdoctoral Fellowship, University of California, San Francisco , Nicotine and tobacco research (2019)
- Ph.D., University of Toledo , Experimental (Social) Psychology (2017)
- M.A., University of Toledo , Psychology (2014)
- B.A., Illinois Wesleyan University , Psychology (2012)

## LINKS

- <https://erin-vogel.com/>: <https://erin-vogel.com/>

## Research & Scholarship

---

### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Adolescent e-cigarette use, smoking in the LGBTQ+ community, social media and well-being, multiple health risk behaviors, digital interventions for substance use

### PROJECTS

- The Influence of Social Media on Adolescents' E-Cigarette Use - UCSF, Stanford University (July 1, 2018 - June 30, 2021)

### LAB AFFILIATIONS

- Judith Prochaska (10/1/2019)

## Publications

---

### PUBLICATIONS

- **A randomized controlled trial of a therapeutic relational agent for reducing substance misuse during the COVID-19 pandemic.** *Drug and alcohol dependence*  
Prochaska, J. J., Vogel, E. A., Chieng, A., Baiocchi, M., Maglalang, D. D., Pajarito, S., Weingardt, K. R., Darcy, A., Robinson, A.  
2021; 227: 108986
- **Perceived Susceptibility to and Seriousness of COVID-19: Associations of Risk Perceptions with Changes in Smoking Behavior.** *International journal of environmental research and public health*  
Vogel, E. A., Henriksen, L., Schleicher, N. C., Prochaska, J. J.  
2021; 18 (14)
- **Correlates of the nicotine metabolite ratio in Alaska Native people who smoke cigarettes.** *Experimental and clinical psychopharmacology*  
Vogel, E. A., Benowitz, N. L., Skan, J., Schnellbaecher, M., Prochaska, J. J.  
2021
- **PHYSICAL ACTIVITY AS STRESS MANAGEMENT DURING COVID-19**  
Vogel, E. A., Zhang, J., Peng, K., Heaney, C. A., Lu, Y., Lounsbury, D. W., Hsing, A. W., Prochaska, J. J.  
OXFORD UNIV PRESS INC.2021: S357
- **FEASIBILITY, ACCEPTABILITY, AND PRELIMINARY EFFICACY OF AN AUTOMATED CONVERSATIONAL AGENT FOR REDUCING SUBSTANCE MISUSE**  
Prochaska, J. J., Vogel, E. A., Chieng, A., Kendra, M., Baoicchi, M., Pajarito, S., Robinson, A.  
OXFORD UNIV PRESS INC.2021: S231
- **Nicotine delivery and cigarette equivalents from vaping a JUULpod.** *Tobacco control*  
Prochaska, J. J., Vogel, E. A., Benowitz, N.  
2021
- **A Therapeutic Relational Agent for Reducing Problematic Substance Use (Woebot): Development and Usability Study.** *Journal of medical Internet research*  
Prochaska, J. J., Vogel, E. A., Chieng, A., Kendra, M., Baiocchi, M., Pajarito, S., Robinson, A.  
2021; 23 (3): e24850

- 
- **Addressing cigarette smoking cessation treatment challenges during the COVID-19 pandemic with social media.** *Journal of substance abuse treatment*  
Meacham, M. C., Vogel, E. A., Thrul, J., Ramo, D. E., Satre, D. D.  
2021; 129: 108379
  - **Physical activity and stress management during COVID-19: a longitudinal survey study.** *Psychology & health*  
Vogel, E. A., Zhang, J. S., Peng, K., Heaney, C. A., Lu, Y., Lounsbury, D., Hsing, A. W., Prochaska, J. J.  
2021: 1–11
  - **Problematic Social Media Use in Sexual and Gender Minority Young Adults: Observational Study.** *JMIR mental health*  
Vogel, E. A., Ramo, D. E., Prochaska, J. J., Meacham, M. C., Layton, J. F., Humfleet, G. L.  
2021; 8 (5): e23688
  - **Tobacco product use and susceptibility to use among sexual minority and heterosexual adolescents.** *Preventive medicine*  
Garcia, L. C., Vogel, E. A., Prochaska, J. J.  
2020: 106384
  - **Vaping-Related Mobile Apps Available in the Google Play Store After the Apple Ban: Content Review.** *Journal of medical Internet research*  
Meacham, M. C., Vogel, E. A., Thrul, J.  
2020; 22 (11): e20009
  - **Sponsorship Disclosures and Perceptions of E-cigarette Instagram Posts** *TOBACCO REGULATORY SCIENCE*  
Vogel, E. A., Guillory, J., Ling, P. M.  
2020; 6 (5): 355–68
  - **Sponsorship Disclosures and Perceptions of E-cigarette Instagram Posts.** *Tobacco regulatory science*  
Vogel, E. A., Guillory, J., Ling, P. M.  
2020; 6 (5): 355-368
  - **Occupying multiple stigmatized identities: Smoking and unemployment stigmas among the unemployed.** *SSM - population health*  
Fielding-Singh, P., Vogel, E. A., Prochaska, J. J.  
2020; 11: 100598
  - **Popularity of natural American Spirit cigarettes is greater in U.S. cities with lower smoking prevalence.** *Addictive behaviors*  
Vogel, E. A., Henriksen, L., Johnson, T. O., Schleicher, N. C., Prochaska, J. J.  
2020; 111: 106558
  - **Measuring e-cigarette addiction among adolescents** *TOBACCO CONTROL*  
Vogel, E. A., Prochaska, J. J., Rubinstein, M. L.  
2020; 29 (3): 258–62
  - **We're in this together: Promoting health equity, diversity, and inclusion in tobacco research for sexual and gender minority populations.** *Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco*  
Dermody, S. S., Heffner, J. L., Hinds, J. T., McQuoid, J., Quisenberry, A. J., Tan, A. S., Vogel, E. A.  
2020
  - **Effects of Social Media on Adolescents' Willingness and Intention to Use E-Cigarettes: An Experimental Investigation.** *Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco*  
Vogel, E. A., Ramo, D. E., Rubinstein, M. L., Delucchi, K. L., Darrow, S. n., Costello, C. n., Prochaska, J. J.  
2020
  - **Strategies to improve treatment utilization for substance use disorders: A systematic review of intervention studies.** *Drug and alcohol dependence*  
Vogel, E. A., Ly, K. n., Ramo, D. E., Satterfield, J. n.  
2020; 212: 108065
  - **Prevalence of Electronic Cigarette Dependence Among Youth and Its Association With Future Use.** *JAMA network open*  
Vogel, E. A., Cho, J. n., McConnell, R. S., Barrington-Trimis, J. L., Leventhal, A. M.  
2020; 3 (2): e1921513
  - **Sexual and gender minority young adults' smoking characteristics: Assessing differences by sexual orientation and gender identity** *ADDICTIVE BEHAVIORS*
-

- 
- Vogel, E. A., Humfleet, G. L., Meacham, M., Prochaska, J. J., Ramo, D. E.  
2019; 95: 98–102
- **Adolescents' E-Cigarette Use: Increases in Frequency, Dependence, and Nicotine Exposure Over 12Months.** *The Journal of adolescent health : official publication of the Society for Adolescent Medicine*  
Vogel, E. A., Prochaska, J. J., Ramo, D. E., Andres, J., Rubinstein, M. L.  
2019; 64 (6): 770–75
  - **Development and acceptability testing of a Facebook smoking cessation intervention for sexual and gender minority young adults.** *Internet interventions*  
Vogel, E. A., Belohlavek, A., Prochaska, J. J., Ramo, D. E.  
2019; 15: 87-92
  - **Comparing comparisons: Assimilation and contrast processes and outcomes following social and temporal comparison** *Self and Identity*  
Vogel, E. A., Rose, J. P., Aspiras, O. G., Edmonds, K. A., Gallinari, E. F.  
2019
  - **The Put It Out Project (POP) Facebook Intervention for Young Sexual and Gender Minority Smokers: Outcomes of a Pilot Randomized Controlled Trial.** *Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco*  
Vogel, E. A., Ramo, D. E., Meacham, M. C., Prochaska, J. J., Delucchi, K. L., Humfleet, G. L.  
2019
  - **Multiple Health Risk Behaviors in Young Adult Smokers: Stages of Change and Stability over Time.** *Annals of behavioral medicine : a publication of the Society of Behavioral Medicine*  
Ramo, D. E., Thrul, J. n., Vogel, E. A., Delucchi, K. n., Prochaska, J. J.  
2019
  - **Smoking Cessation Intervention Trial Outcomes for Sexual and Gender Minority Young Adults** *HEALTH PSYCHOLOGY*  
Vogel, E. A., Thrul, J., Humfleet, G. L., Delucchi, K. L., Ramo, D. E.  
2019; 38 (1): 12–20
  - **Associations between marijuana use and tobacco cessation outcomes in young adults** *JOURNAL OF SUBSTANCE ABUSE TREATMENT*  
Vogel, E. A., Rubinstein, M. L., Prochaska, J. J., Ramo, D. E.  
2018; 94: 69–73
  - **Prevalence and correlates of adolescents' e-cigarette use frequency and dependence** *DRUG AND ALCOHOL DEPENDENCE*  
Vogel, E. A., Ramo, D. E., Rubinstein, M. L.  
2018; 188: 109–12
  - **"Transformation Tuesday": Temporal context and post valence influence the provision of social support on social media** *JOURNAL OF SOCIAL PSYCHOLOGY*  
Vogel, E. A., Rose, J. P., Crane, C.  
2018; 158 (4): 446–59
  - **The Application of Persuasion Theory to Placebo Effects** *NEUROBIOLOGY OF THE PLACEBO EFFECT, PT I*  
Geers, A. L., Brinol, P., Vogel, E. A., Aspiras, O., Caplandies, F. C., Petty, R. E., Colloca, L.  
2018; 138: 113–36
  - **Experiencing is believing: prior experience moderates the impact of self-based and socially-based cues in the context of blood donation** *JOURNAL OF BEHAVIORAL MEDICINE*  
Roberts, L., Rose, J. P., Vogel, E. A.  
2017; 40 (6): 998–1010
  - **Comparative Optimism and Event Skewness** *JOURNAL OF BEHAVIORAL DECISION MAKING*  
Rose, J. P., Aspiras, O., Vogel, E., Haught, H., Roberts, L.  
2017; 30 (2): 236–55
  - **Perceptions of Perfection: The Influence of Social Media on Interpersonal Evaluations** *BASIC AND APPLIED SOCIAL PSYCHOLOGY*  
Vogel, E. A., Rose, J. P.  
2017; 39 (6): 317–25
  - **The Influence of Early Experiences and Adult Attachment on the Exhibition of the Sexual Double Standard** *SEXUALITY AND CULTURE*
-

Zaikman, Y., Vogel, E. A., Vicary, A. M., Marks, M. J.

2016; 20 (3): 425–45

- **Self-reflection and interpersonal connection: Making the most of self-presentation on social media** *Translational Issues in Psychological Science*

Vogel, E. A., Rose, J. P.

2016; 2 (3): 294–302

- **Who compares and despairs? The effect of social comparison orientation on social media use and its outcomes** *PERSONALITY AND INDIVIDUAL DIFFERENCES*

Vogel, E. A., Rose, J. P., Okdie, B. M., Eckles, K., Franz, B.

2015; 86: 249–56

- **Social Comparison, Social Media, and Self-Esteem** *PSYCHOLOGY OF POPULAR MEDIA CULTURE*

Vogel, E. A., Rose, J. P., Roberts, L. R., Eckles, K.

2014; 3 (4): 206–22