

# Stanford

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## Kate Corcoran, PhD

Clinical Associate Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICES

- **Psychiatry Clinic**

401 Quarry Rd

MC 5722

Stanford, CA 94305

**Tel** (650) 498-9111

**Fax** (650) 723-9807

### Bio

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#### BIO

Dr. Kate Corcoran specializes in cognitive-behavioral therapy (CBT) and mindfulness-based interventions for adults with mood and anxiety disorders. She has over ten years experience working as a psychologist. Dr. Corcoran is a Clinical Associate Professor in the Department of Psychiatry and Behavioral Sciences. She is actively involved in teaching psychotherapy to graduate students, psychiatry residents, and postdoctoral fellows and she is the Training Director for the Clinical Psychology Postdoctoral Fellowship program.

#### CLINICAL FOCUS

- Cognitive Behavior Therapy
- Mindfulness-Based Therapies
- Depression
- Anxiety Disorders
- Psychology

#### ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Psychiatry and Behavioral Sciences

#### ADMINISTRATIVE APPOINTMENTS

- Director of Training, Postdoctoral Fellowship in Adult Clinical Psychology, Stanford School of Medicine, (2011- present)

#### PROFESSIONAL EDUCATION

- University of British Columbia (2006) Canada
- Fellowship: Stanford University Medical Center (2007) CA
- Internship: VA Medical Center Palo Alto (2006) CA

## Teaching

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### STANFORD ADVISEES

#### Postdoctoral Research Mentor

Michael Buckle, Elise Gibbs, Jonathan Gooblar, H'Sien Hayward, Erin Heinemeyer, Anthony Lombardi, Jeffrey Taylor

### GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)

## Publications

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### PUBLICATIONS

- **CBT for dysthymia and chronic major depression** *Cognitive Behavioral Therapy: A Complete Reference Guide*, Arnow, B., Corcoran, K, Thase, M
- **Mindfulness Practice, Rumination and Clinical Outcome in Mindfulness-Based Treatment** *COGNITIVE THERAPY AND RESEARCH* Hawley, L. L., Schwartz, D., Bieling, P. J., Irving, J., Corcoran, K., Farb, N. A., Anderson, A. K., Segal, Z. V. 2014; 38 (1): 1-9
- **Treatment-Specific Changes in Decentering Following Mindfulness-Based Cognitive Therapy Versus Antidepressant Medication or Placebo for Prevention of Depressive Relapse** *JOURNAL OF CONSULTING AND CLINICAL PSYCHOLOGY* Bieling, P. J., Hawley, L. L., Bloch, R. T., Corcoran, K. M., Levitan, R. D., Young, L. T., MacQueen, G. M., Segal, Z. V. 2012; 80 (3): 365-372
- **Mindfulness and emotion regulation: Outcomes and possible mediating mechanisms.** *Emotion regulation and psychopathology: A transdiagnostic approach to etiology and treatment.* Corcoran KM, Farb N, Anderson A, Segal ZV 2010: 339-355
- **Effects of suppression and appraisals on thought frequency and distress** *BEHAVIOUR RESEARCH AND THERAPY* Corcoran, K. M., Woody, S. R. 2009; 47 (12): 1024-1031
- **Metacognition in depressive and anxiety disorders: Current directions.** *International Journal of Cognitive Therapy* Corcoran KM, Segal ZV 2008; 1 (1): 33-44
- **Appraisals of obsessional thoughts in normal samples** *BEHAVIOUR RESEARCH AND THERAPY* Corcoran, K. M., Woody, S. R. 2008; 46 (1): 71-83
- **Recognition of facial expressions in obsessive-compulsive disorder** *JOURNAL OF ANXIETY DISORDERS* Corcoran, K. M., Woody, S. R., Tolin, D. F. 2008; 22 (1): 56-66
- **Telephone-administered cognitive behavior therapy for obsessive-compulsive disorder.** *Cognitive behaviour therapy* Taylor, S., Thordarson, D. S., Spring, T., Yeh, A. H., Corcoran, K. M., Eugster, K., Tisshaw, C. 2003; 32 (1): 13-25
- **Efficacy of telephone-administered cognitive behaviour therapy for obsessive-compulsive spectrum disorders: case studies.** *Cognitive behaviour therapy* Yeh, A. H., Taylor, S., Thordarson, D. S., Corcoran, K. M. 2003; 32 (2): 75-81