

Stanford



Kate Corcoran, PhD

Clinical Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICES

- **Psychiatry Clinic**

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Bio

BIO

Dr. Corcoran is a Clinical Professor in the Department of Psychiatry and Behavioral Sciences. She is actively involved in teaching psychotherapy to graduate students, psychiatry residents, and postdoctoral fellows. She is the Training Director for the Clinical Psychology Postdoctoral Fellowship program and the Curriculum Director of CBT Training for the Psychiatry Residency program. In her clinical practice, Dr. Corcoran specializes in cognitive-behavioral therapy (CBT) and mindfulness-based interventions for adults experiencing anxiety, stress, and depression.

CLINICAL FOCUS

- Cognitive Behavior Therapy
- Mindfulness-Based Therapies
- Depression
- Anxiety Disorders
- Psychology

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

ADMINISTRATIVE APPOINTMENTS

- Director of Training, Postdoctoral Fellowship in Adult Clinical Psychology, Stanford School of Medicine, (2011- present)

PROFESSIONAL EDUCATION

- PhD Training: University of British Columbia (2006) Canada
- Fellowship: Stanford University Medical Center (2007) CA
- Internship: VA Medical Center Palo Alto (2006) CA

Teaching

STANFORD ADVISEES

Postdoctoral Faculty Sponsor

Emily Clark, Ling Jin, Jen Kao, Emily Livermore, Natalie Szykowny, Keara Valentine, Axel Valle Alerhand, Lisa Zhang

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)

Publications

PUBLICATIONS

- **DeGolia SG, Corcoran KM (eds). Supervision in Psychiatric Practice Practical Approaches Across Venues and Providers.**
DeGolia, S. G., Corcoran, K. M.
American Psychiatric Association Publishing..2019
- **CBT for dysthymia and chronic major depression** *Cognitive Behavioral Therapy: A Complete Reference Guide*,
Arnow, B., Corcoran, K, Thase, M
- **Mindfulness Practice, Rumination and Clinical Outcome in Mindfulness-Based Treatment** *COGNITIVE THERAPY AND RESEARCH*
Hawley, L. L., Schwartz, D., Bieling, P. J., Irving, J., Corcoran, K., Farb, N. A., Anderson, A. K., Segal, Z. V.
2014; 38 (1): 1-9
- **Treatment-Specific Changes in Decentering Following Mindfulness-Based Cognitive Therapy Versus Antidepressant Medication or Placebo for Prevention of Depressive Relapse** *JOURNAL OF CONSULTING AND CLINICAL PSYCHOLOGY*
Bieling, P. J., Hawley, L. L., Bloch, R. T., Corcoran, K. M., Levitan, R. D., Young, L. T., MacQueen, G. M., Segal, Z. V.
2012; 80 (3): 365-372
- **Mindfulness and emotion regulation: Outcomes and possible mediating mechanisms.** *Emotion regulation and psychopathology: A transdiagnostic approach to etiology and treatment.*
Corcoran KM, Farb N, Anderson A, Segal ZV
2010: 339-355
- **Effects of suppression and appraisals on thought frequency and distress** *BEHAVIOUR RESEARCH AND THERAPY*
Corcoran, K. M., Woody, S. R.
2009; 47 (12): 1024-1031
- **Metacognition in depressive and anxiety disorders: Current directions.** *International Journal of Cognitive Therapy*
Corcoran KM, Segal ZV
2008; 1 (1): 33-44
- **Psychotherapy Supervision by a Psychologist Benefits and Potential Challenges** *SUPERVISION IN PSYCHIATRIC PRACTICE: PRACTICAL APPROACHES ACROSS VENUES AND PROVIDERS*
Luce, K. H., Corcoran, K. M., DeGolia, S. G., Corcoran, K. M.
2019: 285-91
- **Supervision Formats** *SUPERVISION IN PSYCHIATRIC PRACTICE: PRACTICAL APPROACHES ACROSS VENUES AND PROVIDERS*
Gibbs, E., Corcoran, K. M., DeGolia, S. G., Corcoran, K. M.
2019: 37-44
- **Appraisals of obsessional thoughts in normal samples** *BEHAVIOUR RESEARCH AND THERAPY*
Corcoran, K. M., Woody, S. R.
2008; 46 (1): 71-83
- **Recognition of facial expressions in obsessive-compulsive disorder** *JOURNAL OF ANXIETY DISORDERS*
Corcoran, K. M., Woody, S. R., Tolin, D. F.

2008; 22 (1): 56-66

- **Telephone-administered cognitive behavior therapy for obsessive-compulsive disorder.** *Cognitive behaviour therapy*

Taylor, S., Thordarson, D. S., Spring, T., Yeh, A. H., Corcoran, K. M., Eugster, K., Tisshaw, C.

2003; 32 (1): 13-25

- **Efficacy of telephone-administered cognitive behaviour therapy for obsessive-compulsive spectrum disorders: case studies.** *Cognitive behaviour therapy*

Yeh, A. H., Taylor, S., Thordarson, D. S., Corcoran, K. M.

2003; 32 (2): 75-81