

Stanford



Vivian Shih

Clinical Associate Professor, Orthopaedic Surgery

CLINICAL OFFICES

555 Knowles Dr Ste 211

Los Gatos, CA 95032

Tel (408) 866-6651 **Fax** (408) 866-6681

- **Stanford Dept of Orthopaedic Surgery**

450 Broadway St

MC 6342

Redwood City, CA 94063

Tel (650) 723-5643 **Fax** (650) 497-0745

ACADEMIC CONTACT INFORMATION

- **Academic Administrative Contact**

Elizabeth Medina - Administrative Associate

Email emmedina@stanford.edu

Tel 6507211446

Bio

BIO

Dr. Vivian Shih received her Bachelor of Science with honors and Doctor of Medicine degree from the University of Miami. In 2002, she completed her postgraduate medical training in Physical Medicine and Rehabilitation at the Feinberg School of Medicine at Northwestern University and the Rehabilitation Institute of Chicago (Shirley Ryan Ability Lab). She is board certified in Physical Medicine and Rehabilitation (PM&R or Physiatry) and specializes in non-surgical management of musculoskeletal disorders, arthritis, gait and balance disorders. She also performs electrodiagnostic testing (EMG/NCS), ultrasound guided joint/soft tissue injections, and platelet rich plasma (PRP) injections. Dr. Shih previously practiced in the New Haven area from 2005 to 2018. She was an Attending Physician at Yale-New Haven Hospital and on faculty at the Yale School of Medicine. Prior to that, she had been practicing at Northwestern University Medical Center and the Rehabilitation Institute of Chicago. She has published in the Arthritis and Rheumatism journal, Academy of Physical Medicine & Rehabilitation (AAPM&R) online review, Archives of Physical Medicine and Rehabilitation journal, and Koopman's Arthritis and Allied Health textbook. She is a member of the AAPM&R, Association of Academic Physiatrists (AAP), and the American Association of Neuromuscular & Electrodiagnostic Medicine (AANEM).

CLINICAL FOCUS

- Physical Medicine and Rehab
- Musculoskeletal Regenerative Medicine
- Ultrasound guided injections
- EMG/NCS

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Orthopaedic Surgery

PROFESSIONAL EDUCATION

- Board Certification: Physical Medicine and Rehab, American Board of Physical Medicine and Rehab (2003)
- Residency: McGaw Medical Center of Northwestern University (2002) IL
- Medical Education: University of Miami Miller School of Medicine/Jackson Memorial Hospital (1998) FL

Research & Scholarship

PROJECTS

- Focused Review Course: Joint & Connective Tissue Disorders - American Academy of Physical Medicine & Rehabilitation (11/2019 - 11/29/2022)

Publications

PUBLICATIONS

- **Bilateral Forearm And Elbow Pain - Tennis**
Giacomazzi, C., Shih, V.
LIPPINCOTT WILLIAMS & WILKINS.2020: 863
- **2007 SAE-P: Industrial medicine and acute musculoskeletal rehabilitation** *ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION*
Phelan, A. H., Akuthota, V., Kelly, B. M., Nelson, V. S., Shih, V. C.
2007; 88 (3): S40–S44
- **Racial differences in activities of daily living limitation onset in older adults with arthritis: A national cohort study** *ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION*
Shih, V. C., Song, J., Chang, R. W., Dunlop, D. A.
2005; 86 (8): 1521–26
- **Risk factors for functional decline in older adults with arthritis** *ARTHRITIS AND RHEUMATISM*
Dunlop, D. D., Semanik, P., Song, J., Manheim, L. M., Shih, Chang, R. W.
2005; 52 (4): 1274–82
- **Rehabilitation of orthopedic and rheumatologic disorders. 3. Total hip arthroplasty rehabilitation** *ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION*
Bitar, A. A., Kaplan, R. J., Stitik, T. P., Shih, V. C., Vo, A. N., Kamen, L. B.
2005; 86 (3): S56–S60
- **Rehabilitation of orthopedic and rheumatologic disorders. 5. Lumbar spinal stenosis** *ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION*
Vo, A. N., Kamen, L. B., Shih, V. C., Bitar, A. A., Stitik, T. P., Kaplan, R. J.
2005; 86 (3): S69–S76
- **Rehabilitation of orthopedic and rheumatologic disorders. 2. Osteoarthritis assessment, treatment, and rehabilitation** *ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION*
Stitik, T. P., Kaplan, R. J., Kamen, L. B., Vo, A. N., Bitar, A. A., Shih, V. C.
2005; 86 (3): S48–S55

PRESENTATIONS

- Bilateral Forearm and Elbow Pain in Tennis: With a spin on It: A Case Report - American College of Sports Medicine