

Stanford



Matthew Mesias

Clinical Assistant Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICES

- **Stanford Senior Care**

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Bio

CLINICAL FOCUS

- Geriatric Medicine
- Geriatrics

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

ADMINISTRATIVE APPOINTMENTS

- Medical Director, Inpatient Geriatrics Consult Service, Stanford Health Care, (2020- present)

PROFESSIONAL EDUCATION

- Board Certification: Internal Medicine, American Board of Internal Medicine (2017)
- Board Certification: Geriatric Medicine, American Board of Internal Medicine (2018)
- Fellowship: University of Washington Geriatric Medicine Fellowship (2018) WA
- Residency: University of Washington Medical Center Dept of Medicine (2017) WA
- Medical Education: Johns Hopkins University School of Medicine (2014) MD

Teaching

COURSES

2023-24

- Being Mortal: Medicine, Mortality and Caring for Older Adults: MED 296 (Aut)

2022-23

- Walk With Me: A Patient and Family Centered Exploration of Health & The Health Care System: INDE 290A (Aut)
- Walk With Me: A Patient and Family Engaged Exploration of Health & The Health Care System: INDE 290B (Win)

- Walk With Me: A Patient and Family Engaged Exploration of Health & The Health Care System: INDE 290C (Spr)

2021-22

- Student Community Outreach and Physician Support (S-CORPS): INDE 280 (Aut, Win)
- Walk With Me: A Patient and Family Engaged Exploration of Health & The Health Care System: INDE 290C (Spr)

2020-21

- Student Community Outreach and Physician Support (S-CORPS): FAMMED 280 (Aut, Win, Spr, Sum)

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Geriatric Medicine (Fellowship Program)

Publications

PUBLICATIONS

- **Association Between Implementation of a Geriatric Trauma Clinical Pathway and Changes in Rates of Delirium in Older Adults With Traumatic Injury.** *JAMA surgery*
Park, C., Bharija, A., Mesias, M., Mitchell, A., Krishna, P., Storr-Street, N., Brown, A., Martin, M., Lu, A. C., Staudenmayer, K. L.
2022
- **Barriers to Telemedicine Video Visits for Older Adults in Independent Living Facilities: Mixed Methods Cross-sectional Needs Assessment.** *JMIR aging*
Mao, A., Tam, L., Xu, A., Osborn, K., Sheffrin, M., Gould, C., Schillinger, E., Martin, M., Mesias, M.
2022; 5 (2): e34326