



## Matthew Mesias

Clinical Assistant Professor, Medicine - Primary Care and Population Health

### CLINICAL OFFICE (PRIMARY)

- **Stanford Senior Care**

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Palo Alto, CA 94304

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### Bio

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### CLINICAL FOCUS

- Geriatrics
- Internal Medicine

### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

### ADMINISTRATIVE APPOINTMENTS

- Clinical Co-Chief (Interim), Stanford Section of Geriatrics, (2023-2024)
- Medical Director, Inpatient Geriatrics Consult Service, Stanford Health Care, (2020- present)

### HONORS AND AWARDS

- HRSA Geriatric Academic Career Award, Health Resources and Services Administration (2023)
- Geriatrics Faculty of the Year Award, Stanford Division of Primary Care and Population Health (2021)
- Educator of the Year Award, Stanford Division of Primary Care and Population Health (2021)

### PROFESSIONAL EDUCATION

- Board Certification: Internal Medicine, American Board of Internal Medicine (2017)
- Board Certification: Geriatric Medicine, American Board of Internal Medicine (2018)
- Fellowship: University of Washington Geriatric Medicine Fellowship (2018) WA
- Residency: University of Washington Medical Center Dept of Medicine (2017) WA
- Medical Education: Johns Hopkins University School of Medicine (2014) MD

## Teaching

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### COURSES

#### 2023-24

- Being Mortal: Medicine, Mortality and Caring for Older Adults: MED 296 (Aut, Spr)

#### 2022-23

- Walk With Me: A Patient and Family Centered Exploration of Health & The Health Care System: INDE 290A (Aut)
- Walk With Me: A Patient and Family Engaged Exploration of Health & The Health Care System: INDE 290B (Win)
- Walk With Me: A Patient and Family Engaged Exploration of Health & The Health Care System: INDE 290C (Spr)

#### 2021-22

- Student Community Outreach and Physician Support (S-CORPS): INDE 280 (Aut, Win)
- Walk With Me: A Patient and Family Engaged Exploration of Health & The Health Care System: INDE 290C (Spr)

#### 2020-21

- Student Community Outreach and Physician Support (S-CORPS): FAMMED 280 (Aut, Win, Spr, Sum)

### GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Geriatric Medicine (Fellowship Program)

## Publications

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### PUBLICATIONS

- **Association Between Implementation of a Geriatric Trauma Clinical Pathway and Changes in Rates of Delirium in Older Adults With Traumatic Injury.** *JAMA surgery*  
Park, C., Bharija, A., Mesias, M., Mitchell, A., Krishna, P., Storr-Street, N., Brown, A., Martin, M., Lu, A. C., Staudenmayer, K. L.  
2022
- **Barriers to Telemedicine Video Visits for Older Adults in Independent Living Facilities: Mixed Methods Cross-sectional Needs Assessment.** *JMIR aging*  
Mao, A., Tam, L., Xu, A., Osborn, K., Sheffrin, M., Gould, C., Schillinger, E., Martin, M., Mesias, M.  
2022; 5 (2): e34326
- **Transient ischemic attacks characterized by RNA profiles in blood.** *Neurology*  
Zhan, X., Jickling, G. C., Tian, Y., Stamova, B., Xu, H., Ander, B. P., Turner, R. J., Mesias, M., Verro, P., Bushnell, C., Johnston, S. C., Sharp, F. R.  
2011; 77 (19): 1718-24
- **Signatures of cardioembolic and large-vessel ischemic stroke.** *Annals of neurology*  
Jickling, G. C., Xu, H., Stamova, B., Ander, B. P., Zhan, X., Tian, Y., Liu, D., Turner, R. J., Mesias, M., Verro, P., Khoury, J., Jauch, E. C., Pancioli, et al  
2010; 68 (5): 681-92