



## Afrin N. Kamal

- Clinical Assistant Professor, Medicine - Gastroenterology & Hepatology
- Masters Student in Epidemiology and Clinical Research, admitted Autumn 2019

### CLINICAL OFFICES

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### Bio

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#### BIO

Afrin Kamal is a board-certified gastroenterologist, who trained at Washington University in internal medicine, Cleveland Clinic in gastroenterology/hepatology, and most recently Stanford University in esophageal and motility diseases. Afrin shares a clinical passion in esophageal motility diseases with an overlapping interest in health services and outcomes research.

#### CLINICAL FOCUS

- Gastroenterology
- Benign esophageal diseases
- Esophageal motility

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Gastroenterology & Hepatology

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Trainee Committee member, American College of Gastroenterology (2018 - present)

#### PROFESSIONAL EDUCATION

- Board Certification: Gastroenterology, American Board of Internal Medicine (2018)
- Residency: Washington University School Of Medicine Registrar (2014) MO
- Fellowship: Cleveland Clinic GME Training Verifications (2018) OH
- Board Certification, Gastroenterology , American Board of Internal Medicine (2018)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2014)
- Medical Education: University of Missouri (2011) MO

## Research & Scholarship

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### CLINICAL TRIALS

- Applying Nutrient Drink Test in Understanding Pathophysiology of CVS, Recruiting

### Publications

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#### PUBLICATIONS

- **Gastric per-oral endoscopic myotomy: Current status and future directions** *WORLD JOURNAL OF GASTROENTEROLOGY*  
Podboy, A., Hwang, J., Nguyen, L. A., Garcia, P., Zikos, T. A., Kamal, A., Triadafilopoulos, G., Clarke, J. O.  
2019; 25 (21): 2581–90
- **PER-ORAL ENDOSCOPIC MYOTOMY HAS SIMILAR EFFICACY COMPARED TO LAPAROSCOPIC HELLER MYOTOMY AFTER 4 YEARS: A SINGLE CENTER EXPERIENCE**  
Podboy, A. J., Hwang, J., Rivas, H., Azagury, D., Hawn, M. T., Kamal, A., Triadafilopoulos, G., Zikos, T., Clarke, J. O.  
MOSBY-ELSEVIER.2019: AB201–AB202
- **Under Pressure: Do Volume-Based Measurements Define Rectal Hyposensitivity in Clinical Practice?** *DIGESTIVE DISEASES AND SCIENCES*  
Kamal, A. N., Garcia, P., Clarke, J. O.  
2019; 64 (5): 1062–63
- **Under Pressure: Do Volume-Based Measurements Define Rectal Hyposensitivity in Clinical Practice?** *Digestive diseases and sciences*  
Kamal, A. N., Garcia, P., Clarke, J. O.  
2019
- **High Prevalence of Slow Transit Constipation in Patients With Gastroparesis** *JOURNAL OF NEUROGASTROENTEROLOGY AND MOTILITY*  
Zikos, T. A., Kamal, A. N., Neshatian, L., Triadafilopoulos, G., Clarke, J. O., Nandwani, M., Nguyen, L. A.  
2019; 25 (2): 267–75
- **High Prevalence of Slow Transit Constipation in Patients With Gastroparesis.** *Journal of neurogastroenterology and motility*  
Zikos, T. A., Kamal, A. N., Neshatian, L., Triadafilopoulos, G., Clarke, J. O., Nandwani, M., Nguyen, L. A.  
2019
- **Gastric per-oral endoscopic myotomy: Current status and future directions.** *World journal of gastroenterology*  
Podboy, A., Hwang, J. H., Nguyen, L. A., Garcia, P., Zikos, T. A., Kamal, A., Triadafilopoulos, G., Clarke, J. O.  
2019; 25 (21): 2581–90
- **Inflammatory Bowel Disease and Irritable Bowel Syndrome: What to Do When There Is an Overlap** *INFLAMMATORY BOWEL DISEASES*  
Kamal, A., Padival, R., Lashner, B.  
2018; 24 (12): 2479–82