

Vanessa Gulla

Clinical Assistant Professor, Urology

CLINICAL OFFICE (PRIMARY)

- **Stanford Healthcare Urology**

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Bio

BIO

Dr. Gulla is a board-certified urologist with fellowship training in endourology. She is a clinical assistant professor in the Stanford University School of Medicine Department of Urology.

For each patient, she develops a comprehensive, compassionate care plan customized to individual needs. Her goal is to help each patient achieve the best possible health and quality of life.

Dr. Gulla performs the complete spectrum of diagnostic and treatment procedures for urological conditions. She treats disorders including benign prostatic hyperplasia (BPH), blood in urine, kidney stones, male and female voiding dysfunction, neurogenic bladder, prostate cancer, and over active bladder.

She excels at ureteroscopy and cystoscopy (examination of the bladder and urinary tract with a scope), endourology (minimally invasive treatment of kidney stones), laser therapy, ultrasound-guided diagnosis and treatment, urodynamic testing, and other techniques.

To help advance her field, Dr. Gulla has conducted research. Among the topics she has investigated are voiding cystourethrogram (VCUG) testing in children for bladder and urethral abnormalities and for conditions that can lead to kidney infections.

She has presented her research findings at the national meeting of the American Urologic Association. She also has published papers in the Journal of the American College of Surgeons and elsewhere.

She is a member of the American Urologic Association.

CLINICAL FOCUS

- Urology
- Benign Prostatic Hyperplasia
- Kidney Stones
- Male and Female Voiding Dysfunction
- Blood in Urine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Urology

PROFESSIONAL EDUCATION

- Board Certification: Urology, American Board of Urology (2013)
- Fellowship: Southmead Hospital Bristol (2011) United Kingdom
- Residency: Dartmouth Hitchcock Urology Residency (2010) NH
- Internship: Dartmouth Hitchcock General Surgery Residency (2006) NH
- Medical Education: University of Vermont College of Medicine (2004) VT

Publications

PUBLICATIONS

- **Birth Trends and Pregnancy Complications among Women Urologists** *JOURNAL OF THE AMERICAN COLLEGE OF SURGEONS*
Lerner, L. B., Stolzmann, K. L., Gulla, V. D.
2009; 208 (2): 293-297
- **Alterations in morning cortisol associated with PTSD in women with breast cancer** *JOURNAL OF PSYCHOSOMATIC RESEARCH*
Luecken, L. J., Dausch, B., Gulla, Hong, R., Compas, B. E.
2004; 56 (1): 13-15