

Stanford



Nicolas Cuttriss

Clinical Assistant Professor, Pediatrics - Endocrinology and Diabetes

CLINICAL OFFICES

- **Pediatric Endocrinology**

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Bio

BIO

Dr. Cuttriss serves as Director of Project ECHO Diabetes at Stanford University. Prior to joining Stanford, Dr. Cuttriss served as the first pediatric endocrinologist for the University of New Mexico Project ECHO Institute ENDO teleECHO (www.echo.unm.edu) to democratize specialty knowledge and expand patients' access to critical care and services in rural and underserved communities. Dr. Cuttriss co-founded and serves of chairman of the Board of AYUDA (www.ayudavolunteer.org), a global health volunteer organization that empowers youth to serve as agents of change for youth with diabetes. Dr. Cuttriss has supported diabetes outreach initiatives in over 10 countries, trained and placed over 700 students abroad. Dr. Cuttriss has special interest in telehealth, diabetes, and supporting vulnerable and underserved diabetes communities in the United States and globally.

CLINICAL FOCUS

- Pediatrics
- Diabetes
- Pediatric Endocrinology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Pediatrics - Endocrinology and Diabetes

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- co-Founder & Chairman of the Board, AYUDA (American Youth Understanding Diabetes Abroad) (1998 - present)

PROFESSIONAL EDUCATION

- Board Certification: Pediatrics, American Board of Pediatrics (2013)
- Board Certification: Pediatric Endocrinology, American Board of Pediatrics (2015)

- Fellowship: University of Miami Miller School of Medicine/Jackson Memorial Hospital (2014) FL
- Residency: Harbor UCLA Medical Center (2011) CA United States of America
- Medical Education: George Washington University School of Medicine and Health Sciences (2007) DC

COMMUNITY AND INTERNATIONAL WORK

- Project ECHO Diabetes in the Time of COVID-19 (<http://diabetescovid.stanford.edu>)
- Project ECHO Diabetes
- Project ECHO T1D Ecuador, Ecuador
- AYUDA (www.ayudavolunteer.org), Dominican Republic

Research & Scholarship

PROJECTS

- Project ECHO Diabetes in the Time of COVID-19 - Stanford University
- Project ECHO Diabetes - Stanford University

Publications

PUBLICATIONS

- **The Neighborhood Deprivation Index and Provider Geocoding Identify Critical Catchment Areas for Diabetes Outreach.** *The Journal of clinical endocrinology and metabolism*
Walker, A. F., Hu, H., Cuttriss, N., Anez-Zabala, C., Yabut, K., Haller, M. J., Maahs, D. M.
2020
- **Tele-rounds and Case-Based Training: Project ECHO Telementoring Model Applied to Complex Diabetes Care.** *Pediatric clinics of North America*
Cuttriss, N. n., Bouchonville, M. F., Maahs, D. M., Walker, A. F.
2020; 67 (4): 759–72
- **Primary Care Providers in California and Florida Report Low Confidence in Providing Type 1 Diabetes Care.** *Clinical diabetes : a publication of the American Diabetes Association*
Lal, R. A., Cuttriss, N. n., Haller, M. J., Yabut, K. n., Anez-Zabala, C. n., Hood, K. K., Sheehan, E. n., Basina, M. n., Bernier, A. n., Baer, L. G., Filipp, S. L., Wang, C. J., Town, et al
2020; 38 (2): 159–65