



Kristen K. Steenerson, MD

- Clinical Assistant Professor, Otolaryngology (Head and Neck Surgery)
- Clinical Assistant Professor, Neurology & Neurological Sciences

CLINICAL OFFICES

- **Stanford Ear Institute**

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ACADEMIC CONTACT INFORMATION

- **Administrative Contact**

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Bio

BIO

Kristen Steenerson is a board-certified neurologist with fellowship training in otoneurology. After graduating cum laude from Claremont McKenna College where she was honored as an All-American lacrosse defensive player, she continued on to medical school at the University of Utah in Salt Lake City, Utah. After four years of excellent training and annual ski passes, she proceeded to the Mayo Clinic in Arizona for neurology residency. There, she discovered the beauty of the Sonoran Desert as well as an unmet need in balance disorders and vertigo, motivating her to pursue a fellowship in otoneurology at Barrow Neurological Institute. She joins Stanford with positions in both Otolaryngology--Head and Neck Surgery and Neurology with the goal of jointly addressing the junction of inner ear and brain disorders. Her specific interests include vestibular migraine, benign paroxysmal positional vertigo, Ménière's disease and international neurology.

CLINICAL FOCUS

- Vertigo
- Vestibular Migraine
- Benign Paroxysmal Positional Vertigo
- Neurology
- Persistent Postural-Perceptual Dizziness
- Ménière's Disease
- Otoneurology
- Vestibular Disorders

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Otolaryngology (Head and Neck Surgery)
- Clinical Assistant Professor, Neurology & Neurological Sciences
- Member, Wu Tsai Human Performance Alliance
- Member, Wu Tsai Neurosciences Institute

PROFESSIONAL EDUCATION

- Board Certification: Neurology, American Board of Psychiatry and Neurology (2016)
- Fellowship: Barrow Neurological Institute St Josephs Hospital (2017) AZ
- Residency: Mayo Clinic - Scottsdale (2016) AZ
- Internship: Mayo Clinic - Scottsdale (2013) AZ
- Medical Education: University of Utah School of Medicine (2012) UT
- Bachelors, Claremont McKenna College , Human Biology (2008)

LINKS

- Get a Second Opinion: <https://stanfordhealthcare.org/second-opinion/overview.html>

Publications

PUBLICATIONS

- **Acute Vestibular Syndrome and ER Presentations of Dizziness.** *Otolaryngologic clinics of North America*
Baron, R., Steenerson, K. K., Alyono, J.
2021
- **A Broader View of Video Head Impulse Tests-Reframing Windows.** *JAMA otolaryngology-- head & neck surgery*
Wong, E. C., Pasquesi, L., Steenerson, K. K., Sharon, J. D.
2020
- **Case series: Hearing loss in neuromyelitis optica spectrum disorders.** *Multiple sclerosis and related disorders*
Tugizova, M., Feng, H., Tomczak, A., Steenerson, K., Han, M.
2020; 41: 102032
- **Superior Semicircular Canal Dehiscence Syndrome.** *Seminars in neurology*
Steenerson, K. K., Crane, B. T., Minor, L. B.
2020
- **Vestibular Lab Testing: Interpreting the Results in the Headache Patient with Dizziness.** *Current neurology and neuroscience reports*
Chan, T. L., Hale, T. D., Steenerson, K. K.
2020; 20 (6): 16
- **Bilateral vestibular dysfunction associated with chronic exposure to military jet propellant type-eight jet fuel** *Frontiers of Neurology*
Fife, T. D., Robb, M., Steenerson, K., Saha, K.
2018: 351
- **Benign paroxysmal positional vertigo and migraine-associated vertigo.** *Understanding Benign Paroxysmal Positional Vertigo.*
Fife, T. D., Steenerson, K. K.
2017
- **VM-PATHI Correlates With Cognitive Function Improvement After Successful Treatment in Patients With Vestibular Migraine.** *Otology & neurotology : official publication of the American Otological Society, American Neurotology Society [and] European Academy of Otolology and Neurotology*
Patel, E. J., Hum, M., Gardi, A., Steenerson, K. K., Rizk, H. G., Sharon, J. D.
2023
- **Abnormal Subjective and Audiometric Auditory Function in Migraine** *OTOLARYNGOLOGY-HEAD AND NECK SURGERY*
Wang, A. R., Steenerson, K. K., Alyono, J. C.
2023
- **Abnormal Subjective and Audiometric Auditory Function in Migraine.** *Otolaryngology--head and neck surgery : official journal of American Academy of Otolaryngology-Head and Neck Surgery*
Wang, A. R., Steenerson, K. K., Alyono, J. C.
2023

- **Generalized vestibular hyporeflexia and chronic upbeat nystagmus due to thiamine deficiency.** *Journal of neurology*
Zhu, W., Steenerson, K. K., Kattah, J. C.
2022
- **Visually induced dizziness.** *Current opinion in neurology*
Steenerson, K. K., Hoskin, J., Fife, T. D.
1800; 35 (1): 113-117
- **Editorial: Making the invisible visible: updates on vestibular neurology.** *Current opinion in neurology*
Steenerson, K. K., Fife, T. D.
1800; 35 (1): 62-63
- **Vestibular Test Results in Patients With Horizontal Canal Benign Paroxysmal Positional Vertigo.** *Cureus*
Kim, E. K., Pasquesi, L., Steenerson, K. K., Otero-Millan, J., Sharon, J. D.
2022; 14 (1): e21460
- **Nonvestibular Dizziness.** *Otolaryngologic clinics of North America*
Jiam, N. T., Murphy, O. C., Gold, D. R., Isanhart, E., Sinn, D., Steenerson, K. K., Sharon, J. D.
2021; 54 (5): 999-1013
- **Understanding Dizzy Patients a Cross-Sectional Analysis of Attitudes toward Diagnosis, Providers, and Treatment.** *The Annals of otology, rhinology, and laryngology*
Chiao, W., Krauter, R., Kirk, L., Steenerson, K., Pasquesi, L., Sharon, J.
2021: 34894211022095
- **Ocular Vestibular-Evoked Myogenic Potential Amplitudes Elicited at 4 kHz Optimize Detection of Superior Semicircular Canal Dehiscence.** *Frontiers in neurology*
Tran, E. D., Swanson, A. n., Sharon, J. D., Vaisbuch, Y. n., Blevins, N. H., Fitzgerald, M. B., Steenerson, K. K.
2020; 11: 879
- **Post-transplant primary central nervous system lymphoma after Epstein-Barr virus cerebellitis.** *Journal of neurovirology*
Valencia-Sanchez, C., Steenerson, K. K., Kelemen, K., Orenstein, R., Kusne, S., Grill, M. F.
2019
- **Bilateral Vestibular Dysfunction Associated With Chronic Exposure to Military Jet Propellant Type-Eight Jet Fuel.** *Frontiers in neurology*
Fife, T. D., Robb, M. J., Steenerson, K. K., Saha, K. C.
2018; 9: 351
- **Examining the Spectrum of Reversibles: Cerebral ischemia in PRES and RCVS**
Pena, A., O'Carroll, C., Steenerson, K., Starling, A.
LIPPINCOTT WILLIAMS & WILKINS.2018
- **Erlotinib-Induced Dandy's Syndrome: Case Report**
Steenerson, K., Fife, T.
LIPPINCOTT WILLIAMS & WILKINS.2018
- **A Practical Approach to the Diagnosis of Spontaneous Intracranial Hypotension** *CURRENT PAIN AND HEADACHE REPORTS*
Steenerson, K., Halker, R.
2015; 19 (8)
- **Persistent Neuropsychosis From Untreated Headache in Susac Syndrome**
Davis, M. L., Steenerson, K. K., Capampangan, D. J.
AMER PSYCHIATRIC PUBLISHING, INC.2015: E194–E194