



## Filza Hussain

Clinical Associate Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry

### CLINICAL OFFICE (PRIMARY)

- **Psychiatry Clinic**

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### Bio

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#### BIO

Dr. Hussain completed her medical education in Karachi, Pakistan, at the Aga Khan University in 2005 and travelled to the US to pursue her interest in Psychiatry.

During residency at the Mayo Clinic, Minnesota she was awarded the Mayo clinic M.J Martin award for excellence in CL psychiatry. It was at Mayo that she solidified her interest and identity as a Consultation Liaison Psychiatrist. Eliminating Mind body dualism while educating others and addressing stigma against psychiatry seemed like an effortless choice and so she pursued a CL fellowship at Columbia University in New York.

Visa obligations took her first to the UK where she utilized her experience in evaluating CL service performance in large teaching hospitals in the NHS. She subsequently moved back to the US to serve as the sole outpatient provider for eleven different counties in Northwest Wisconsin with a panel of over 1500 patients at a Mayo clinic satellite. During this time, she was an active board member of NAMI, taught psychopathology in Crisis Intervention Training for the Eau Claire, and Chippewa Police departments and avidly contributed to international health blogs and newspaper articles with an aim to decrease stigma against psychiatry.

In Pursuit of a stimulating academic environment and a return to her true passion, CL psychiatry, she joined Stanford as a Clinical Assistant Professor at Stanford University School of Medicine in 2017. As member of the Education Committee and as of 2022, the CLP Fellowship Associate Program Director, She has been active in helping to restructure the fellowship education experience, initiating several new seminars including the immersion series, the book seminar, and organizing the Chief of service rounds. Her clinical focus is transplant psychiatry, and she serves as the liaison to the Liver and Kidney transplant programs at Stanford. She continues to be engaged with the community and currently participates in the Liver Education and Awareness Program (LEAP), an endeavor educating patients about Fatty Liver disease. Other areas of clinical/research interests include Personality disorders, Suicidology, Cultural Psychiatry and medical pedagogy. She is also working with Dr. Maldonado in developing the SIPAT-D, a tool for evaluation of live organ donors.

#### CLINICAL FOCUS

- Transplantation
- Psychosomatic Medicine

#### ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry

## ADMINISTRATIVE APPOINTMENTS

- Associate Program Director- CLP fellowship, Stanford University, (2022- present)

## PROFESSIONAL EDUCATION

- Medical Education: Aga Khan University Medical College (2005) Pakistan
- Board Certification: Psychosomatic Medicine, American Board of Psychiatry and Neurology (2013)
- Fellowship: New York Presbyterian Hospital - Columbia University (2012) NY
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2011)
- Residency: Mayo Clinic School of Medicine (2011) MN

## Publications

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### PUBLICATIONS

- **ACLP Best Practice Guidance: Evaluation and Treatment of Depression in Solid Organ Transplant Recipients.** *Journal of the Academy of Consultation-Liaison Psychiatry*  
Zimbrea, P. C., Andrews, S. R., Hussain, F., Fireman, M., Kuntz, K., Niazi, S. K., Simpson, S. A., Soeprono, T., Winder, G. S., Jowsey-Gregoire, S. G.  
2023
- **OUTCOMES OF PATIENTS EVALUATED FOR LIVER TRANSPLANT WITH LESS THAN 6 MONTHS OF ABSTINENCE FROM ALCOHOL**  
Judge, G., Wu, W., Goel, A., Hussain, F., Daugherty, T., Kwong, A. J.  
WILEY.2022: S979-S980
- **Cannabinoids and solid organ transplantation: Psychiatric perspectives and recommendations.** *Transplantation reviews (Orlando, Fla.)*  
Winder, G. S., Andrews, S. R., Banerjee, A. G., Hussain, F., Ivkovic, A., Kuntz, K., Omary, L., Shenoy, A., Thant, T., VandenBerg, A., Zimbrea, P.  
2022; 36 (4): 100715
- **Substance use screening in transplant populations: Recommendations from a consensus workgroup.** *Transplantation reviews (Orlando, Fla.)*  
Jowsey-Gregoire, S., Jannetto, P. J., Jesse, M. T., Fleming, J., Winder, G. S., Balliet, W., Kuntz, K., Vasquez, A., Weinland, S., Hussain, F., Weinrieb, R., Fireman, M., Nickels, et al  
2022; 36 (2): 100694
- **PSYCHOSOCIAL PREDICTORS OF ALCOHOL RELAPSE AMONG LIVER TRANSPLANT CANDIDATES WITH ALCOHOL-RELATED LIVER DISEASE**  
Sedki, M., Kwo, P., Ahmed, A., Hussain, F., Kwong, A. J., Goel, A.  
WILEY.2021: 246A-247A
- **STANFORD INTEGRATED PSYCHOSOCIAL ASSESSMENT FOR TRANSPLANT (SIPAT) IS SUPERIOR TO SALT AND HRAR IN IDENTIFYING LT CANDIDATES WITH ALD AT LOW RISK OF RELAPSE**  
Sedki, M., Kwo, P., Ahmed, A., Hussain, F., Kwong, A. J., Goel, A.  
WILEY.2021: 253A-254A