

Stanford



Patricia Garcia

Clinical Associate Professor, Medicine - Gastroenterology & Hepatology

CLINICAL OFFICE (PRIMARY)

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ACADEMIC CONTACT INFORMATION

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Bio

BIO

Patricia Garcia, MD is a board certified gastroenterologist and clinical informaticist. She is fellowship trained in neurogastroenterology and specializes in treating disorders of gastrointestinal motility including trouble swallowing, heartburn, reflux, constipation, fecal incontinence and pelvic floor dysfunction. She is also passionate about using digital health technologies and artificial intelligence to improve clinician and care team burden and burnout.

CLINICAL FOCUS

- Gastroenterology
- Neurogastroenterology and Motility
- Medical Informatics

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Medicine - Gastroenterology & Hepatology

ADMINISTRATIVE APPOINTMENTS

- Associate Chief Medical Information Officer, Ambulatory Care, Stanford Health Care, (2022- present)
- Director, GI Motility Laboratory, Stanford Digestive Health Center, (2018- present)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, American Gastroenterology Association (2011 - present)
- Member, American College of Gastroenterology (2011 - present)
- Member, American Society for Gastrointestinal Endoscopy (2011 - present)
- Member, American Neurogastroenterology and Motility Society (2014 - present)
- Member, American Medical Informatics Association (2021 - present)

PROFESSIONAL EDUCATION

- Board Certification: Clinical Informatics, American Board of Preventive Medicine (2024)

- Board Certification, American Board of Preventive Medicine , Clinical Informatics (2024)
- Fellowship, Johns Hopkins University , Neurogastroenterology and Motility (2015)
- Board Certification: Gastroenterology, American Board of Internal Medicine (2014)
- Fellowship: New York Presbyterian Hospital of Columbia and Cornell Universities (2014) NY
- Board Certification: Internal Medicine, American Board of Internal Medicine (2011)
- Residency: University of Pennsylvania Health System (2011) PA
- Medical Education: University of Michigan Medical School (2008) MI

Publications

PUBLICATIONS

- **Use of a footstool improves rectal balloon expulsion in some patients with defecatory disorders.** *Neurogastroenterology and motility*
Ulsh, L., Halawi, H., Triadafilopoulos, G., Gurland, B., Nguyen, L., Garcia, P., Sonu, I., Fernandez-Becker, N., Becker, L., Sheth, V., Neshatian, L.
2024; e14781
- **Artificial Intelligence-Generated Draft Replies to Patient Inbox Messages.** *JAMA network open*
Garcia, P., Ma, S. P., Shah, S., Smith, M., Jeong, Y., Devon-Sand, A., Tai-Seale, M., Takazawa, K., Clutter, D., Vogt, K., Lugtu, C., Rojo, M., Lin, et al
2024; 7 (3): e243201
- **The association between vitamin-D deficiency and fecal incontinence.** *Neurogastroenterology and motility*
Neshatian, L., Grant, G., Fernandez-Becker, N., Yuan, Y., Garcia, P., Becker, L., Gurland, B., Triadafilopoulos, G.
2024; e14753
- **Ethical Implications of Artificial Intelligence in Gastroenterology.** *Clinical gastroenterology and hepatology : the official clinical practice journal of the American Gastroenterological Association*
Aggarwal, N., Singh, A., Garcia, P., Guha, S.
2024
- **Development and Validation of a Machine Learning System to Identify Reflux Events in Esophageal 24-hour pH/Impedance Studies.** *Clinical and translational gastroenterology*
Zhou, M. J., Zikos, T., Goel, K., Goel, K., Gu, A., Re, C., Rodriguez, D., Clarke, J. O., Garcia, P., Fernandez-Becker, N., Sonu, I., Kamal, A., Sinha, et al
2023
- **Differential Findings on Anorectal Manometry in Patients with Parkinson's Disease and Defecatory Dysfunction.** *Movement disorders clinical practice*
Zhou, W., Triadafilopoulos, G., Gurland, B., Halawi, H., Becker, L., Garcia, P., Nguyen, L., Miglis, M., Muppidi, S., Sinn, D. I., Jaradeh, S., Neshatian, L.
2023; 10 (7): 1074-1081
- **Differential Findings on Anorectal Manometry in Patients with Parkinson's Disease and Defecatory Dysfunction** *MOVEMENT DISORDERS CLINICAL PRACTICE*
Zhou, W., Triadafilopoulos, G., Gurland, B., Halawi, H., Becker, L., Garcia, P., Nguyen, L., Miglis, M., Muppidi, S., Sinn, D., Jaradeh, S., Neshatian, L.
2023
- **The Impact of Intermittent Fasting on Patients With Suspected Gastroesophageal Reflux Disease.** *Journal of clinical gastroenterology*
Jiang, Y., Sonu, I., Garcia, P., Fernandez-Becker, N. Q., Kamal, A. N., Zikos, T. A., Singh, S., Neshatian, L., Triadafilopoulos, G., Goodman, S. N., Clarke, J. O.
2022
- **Marijuana, Ondansetron, and Promethazine Are Perceived as Most Effective Treatments for Gastrointestinal Nausea.** *Digestive diseases and sciences*
Zikos, T. A., Nguyen, L., Kamal, A., Fernandez-Becker, N., Regalia, K., Nandwani, M., Sonu, I., Garcia, M., Okafor, P., Neshatian, L., Grewal, D., Garcia, P., Triadafilopoulos, et al
2020
- **Recurrent Small Bowel Obstruction with Intraluminal Structures.** *The journal of trauma and acute care surgery*
Sun, B. J., Kopecky, K. E., Garcia, P. n., Spain, D. A.
2020
- **Gastric per-oral endoscopic myotomy: Current status and future directions** *WORLD JOURNAL OF GASTROENTEROLOGY*

Podboy, A., Hwang, J., Nguyen, L. A., Garcia, P., Zikos, T. A., Kamal, A., Triadafilopoulos, G., Clarke, J. O.
2019; 25 (21): 2581–90

● **Under Pressure: Do Volume-Based Measurements Define Rectal Hyposensitivity in Clinical Practice?** *DIGESTIVE DISEASES AND SCIENCES*

Kamal, A. N., Garcia, P., Clarke, J. O.
2019; 64 (5): 1062–63

● **REFRACTORY GASTROPARESIS: GASTRIC PERORAL ENDOSCOPIC MYOTOMY (G-POEM) VS. INTRAPYLORIC BOTULINUM TOXIN INJECTION**

Parsa, N., Yang, J., Gutierrez, O., Moran, R., Sanaei, O., Fayad, L., Dbouk, M., Paiji, C., Kumbhari, V., Mullin, G., Stein, E. M., Abdi, T., Garcia, et al
MOSBY-ELSEVIER.2018: AB241–AB242