

Stanford



Sparkle Springfield

Postdoctoral Research Fellow, SCRDP/ Heart Disease Prevention

Bio

PROFESSIONAL EDUCATION

- Doctor of Philosophy, University of Illinois Chicago (2017)
- Bachelor of Arts and Science, Grambling State University (2011)

STANFORD ADVISORS

- Christopher Gardner, Postdoctoral Faculty Sponsor
- Marcia Stefanick, Postdoctoral Research Mentor

Teaching

COURSES

2019-20

- Social Determinants of Health: Achieving Health Equity: CHPR 232 (Spr)

Publications

PUBLICATIONS

- **Adherence to American Cancer Society and American Institute of Cancer Research dietary guidelines in overweight African American breast cancer survivors.** *Journal of cancer survivorship : research and practice*
Springfield, S., Odoms-Young, A., Tussing-Humphreys, L., Freels, S., Stolley, M.
2019
- **Adherence to American Cancer Society and American Institute of Cancer Research dietary guidelines in overweight African American breast cancer survivors** *JOURNAL OF CANCER SURVIVORSHIP*
Springfield, S., Odoms-Young, A., Tussing-Humphreys, L., Freels, S., Stolley, M.
2019; 13 (2): 257–68
- **A Step toward Understanding Diet Quality in Urban African-American Breast Cancer Survivors: A Cross-sectional Analysis of Baseline Data from the Moving Forward Study.** *Nutrition and cancer*
Springfield, S., Odoms-Young, A., Tussing-Humphreys, L. M., Freels, S., Stolley, M. R.
2019: 1–16
- **A Step toward Understanding Diet Quality in Urban African-American Breast Cancer Survivors: A Cross-sectional Analysis of Baseline Data from the Moving Forward Study** *NUTRITION AND CANCER-AN INTERNATIONAL JOURNAL*
Springfield, S., Odoms-Young, A., Tussing-Humphreys, L. M., Freels, S., Stolley, M. R.
2019; 71 (1): 61–76
- **Psychological Resilience and CVD-related Health Behaviors: a Cross-sectional Analysis of the Women's Health Initiative Extension Study**

Springfield, S.

LIPPINCOTT WILLIAMS & WILKINS.2019

- **Associations between fiber intake and Body Mass Index (BMI) among African-American women participating in a randomized weight loss and maintenance trial** *EATING BEHAVIORS*
Buscemi, J., Pugach, O., Springfield, S., Jang, J., Tussing-Humphreys, L., Schiffer, L., Stolley, M. R., Fitzgibbon, M. L.
2018; 29: 48–53
- **EXAMINING THE RELATIONSHIP BETWEEN AGE AND DIET QUALITY IN BLACK WOMEN: A CROSS-SECTIONAL ANALYSIS OF NHANES DATA 2007-2012**
Springfield, S. E., Singleton, C. R.
OXFORD UNIV PRESS INC.2018: S534
- **EXAMINING DISPARITIES IN DIET QUALITY BETWEEN SNAP PARTICIPANTS AND NON-PARTICIPANTS USING OAXACA-BLINDER DECOMPOSITION**
Singleton, C. R., Young, S., Kesseee, N., Springfield, S. E., Sen, B.
OXFORD UNIV PRESS INC.2018: S533