Stanford

Mariella Suleiman, MD

Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry

CLINICAL OFFICE (PRIMARY)

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Bio

BIO

Dr. Mariella Suleiman is a board-certified, fellowship-trained psychiatrist with Stanford Health Care. She is also a clinical assistant professor in the Department of Psychiatry and Behavioral Sciences, Division of Medical Psychiatry at Stanford University School of Medicine.

Dr. Suleiman has special training in treating women's reproductive mental health conditions across the lifespan, including but not limited to perinatal mood and anxiety disorders (PMADs), premenstrual dysphoric disorder (PMDD), and perimenopausal disorders. She also specializes in psychosomatic medicine, which focuses on appropriate psychological care for a range of reactions to illness. At Stanford Medicine, she works with the Consultation-Liaison Psychiatry Service, which provides treatment recommendations to manage psychiatric conditions while patients are hospitalized.

Dr. Suleiman's research interests span advocacy to improve regulation of medications to treat mania in bipolar disorder (valproate) in the childbearing years, clinical approaches to treating agitation during pregnancy, and evidence-based management of bipolar disorder during and after pregnancy. Dr. Suleiman has published her research in peer-reviewed journals such as The Journal of Clinical Psychiatry, Academic Psychiatry, The Primary Care Companion for CNS Disorders, and CNS Drugs. She has presented to her peers at international, national, and regional meetings, including those of the Academy of Consultation-Liaison Psychiatry (ACLP), the American Association for Directors of Psychiatric Residency Training (AADPRT), and the Royal Health Awareness Society (RHAS) of Jordan.

Dr. Suleiman is a member of the ACLP, the American Psychiatric Association (APA), the Jordan Medical Association (JMA), and the Northern California Psychiatric Society (NCPS).

CLINICAL FOCUS

- Psychosomatic Med/Consultation Liaison Psychiatry
- Women's Reproductive Psychiatry

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry

- Member, Maternal & Child Health Research Institute (MCHRI)

HONORS AND AWARDS

- Alexandra Symonds Award, Association of Women Psychiatrists (AWP)
- Diversity Leadership Fellowship, APA
- Poster Competition Winner, New York State Psychiatric Association (NYSPA)
- Research Poster Competition Winner, New York County Psychiatric Society (NYCPS)
- Resident Recognition Award, APA

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Co-President, Reproductive Psychiatry Trainee Interest Group (2023 - 2024)
- Fellowship Liaison and Member, Reproductive Psychiatry Trainee Interest Group Leadership Board (2022 - 2023)
- Member, ACLP (2022 - present)
- Member, ACLP Women's Mental Health Special Interest Group (2022 - present)
- Member, APA (2020 - present)
- Member, APA Council on Women's Mental Health – Education Subcommittee (2020 - present)
- Member, International Federation of Medical Students' Associations (IFMSA) (2016 - 2018)
- Member, JMA (2018 - present)
- Member, NCPS (2025 - present)
- Member, NYCPS (2020 - 2025)
- Member, NYSPA (2020 - 2025)
- Member, Psychiatry Student Interest Group Network (PsychSIGN) (2016 - 2018)

PROFESSIONAL EDUCATION

- Board Certification: Psychosomatic Med/Consultation Liaison Psychiatry, American Board of Psychiatry and Neurology (2025)
- Board Certification, American Board of Psychiatry and Neurology , Consulation-Liaison Psychiatry (2025)
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2024)
- Fellowship: Mount Sinai School of Medicine Psychiatry Fellowship (2025) NY
- Residency: Maimonides Medical Center Dept of Psychiatry (2024) NY
- Medical Education: Hashemite University Faculty of Medicine (2018) Jordan

Publications

PUBLICATIONS

- **The Time Is Now: Barriers and Solutions for an ACGME Requirement in Reproductive Psychiatry.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
  Cirino, N. H., De Faria, L., Hasser, C., Klarich, C., Koire, A., Payne, J. L., Suleiman, M., Zhuk, R., Silver, D.
  2026
- **Informed consent and contraception when prescribing valproate to individuals of childbearing potential: a quality improvement project** *ARCHIVES OF WOMENS MENTAL HEALTH*
  Suleiman, M., Jarahzadeh, N., Belikova, A., Jani, H., Bodic, M., Ginsburg, P., Jacob, T., Carlini, S. V.
  2026; 29 (1): 18
- **Correction: Management of Bipolar Disorder in Pregnancy and Postpartum: A Clinicians' Guide.** *CNS drugs*
  Bergink, V., Suleiman, M., Hennen, M. A., Robakis, T.

2025

- **Beyond the Boxed Warning: A Call for Regulation of Psychiatry's Most Teratogenic Drug.** *The Journal of clinical psychiatry*
  Suleiman, M., Silver, D. F., Forray, A., Goodsmith, N.
  2025; 86 (4)
- **Management of Agitation in Pregnancy: Collaborative Education to Improve Safety and Care.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
  Suleiman, M., Gandra, I., DeCaire, C., Tiwari, S., Carlini, S. V.
  2025
- **It Takes a Village: A Multidisciplinary Approach to Catatonia in Pregnancy.** *The primary care companion for CNS disorders*
  Mohammad, A. A., Suleiman, M., Klaine, P. P.
  2025; 27 (4)
- **Management of Bipolar Disorder in Pregnancy and Postpartum: A Clinicians' Guide.** *CNS drugs*
  Bergink, V., Suleiman, M., Hennen, M., Robakis, T.
  2025
- **Endorsement of and Support for Required Reproductive Psychiatry Training within Accredited Psychiatry Residencies: Influencing the Accreditation Council for Graduate Medical Education (ACGME)**
  Rodriguez-Cabezas , L., Silver , D., Suleiman , M., Koire , A., Mergler , R., Fonseca , F.
  American Psychiatric Association Action Paper .
  2025
- **Position Statement on Improving Reproductive Psychiatry Training Across Specialties**
  Silver , D., Mergler , R., Suleiman , M.
  American Psychiatric Association Position Statement.
  2025
- **Prevalence of Community Perinatal Psychiatrists in the US.** *JAMA network open*
  Koire, A., Suleiman, M., Teslyar, P., Liu, C. H.
  2024; 7 (8): e2426465
- **A Rose by Any Other Name: Gender-Affi rming Care and Severe Mental Illness** *PSYCHIATRIC ANNALS*
  Hayes, S., Suleiman, M., Slobod, E., Eschenbach, S. K.
  2023; 53 (5): 221-223
- **From Mushrooms to Myolysis: A Case of Rhabdo in Psilocybin-Induced Mood and Psychotic Disorder.** *The Journal of nervous and mental disease*
  Suleiman, M., Basu, A., Belal, S., Jacob, T.
  2022; 210 (8): 638-639